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www.AspireIndiana.org

# **Wraparound Services**

Indiana has several programs which allow families of youth with serious emotional problems to receive extra help in their homes while the youth continues to live in their community and work to avoid residential.

# **Serving Youth With Intense Needs**

Some families have difficulty accessing sufficient help because their insurance doesn't cover the high level of mental health services needed. Through a unique partnership between the Department of Child Services and the Division of Mental Health and Addiction, the



Children's Mental Health Initiative (CMHI) provides Wraparound support that supplements insurance, or provides support when there is no insurance.

For a family that has Medicaid and whose child qualifies, Wraparound is available through another program, the Children's Mental Health Wraparound (CMHW). A youth who qualifies for the CMHW program prior to their 18th birthday could receive services for a year, or through their 19th birthday.

# How Wraparound Can Help

Wraparound is designed to combine formal supports such as therapy, life skills, medication management, etc., with natural supports in the home and community. Natural supports may include extended family, friends, clergy, neighbors and others involved with the family.

A Wraparound Facilitator will provide intense care coordination with the family to develop a wraparound team and an individualized Plan of Care. The family and their team will also develop a crisis plan to make sure they have steps to take to prevent and respond to an emergency or crisis. As the team adjusts the plan, the Wraparound Facilitator will link the family with resources and monitor how things are working. Upon becoming eligible for wraparound, the wrap team will meet monthly in order to support the needs of the youth and family. The

team will take a strengths based approach to help meet underlying needs.

#### Who is Eligible?

The child/youth must be at least age six (6) and under age 18.

The child/youth must have a high level of need for intense services. This means the youth is experiencing significant emotional and/or functional impairments that impact his/her level of functioning at home or in the community.

The youth cannot have a primary diagnosis of ADHD, substance abuse, or Autism Spectrum. The child cannot be eligible for services through the Bureau of Developmental Disabilities Services.

### How to Access Wraparound

The State of Indiana has agreements with Child Advocates which serves as the state wide access site. The Access Site serves as a clearinghouse to determine eligibility for Wraparound as well as other intensive mental health services. Anyone can make a Wraparound referral. We often see referrals from community members, schools, judges, parents, prosecutors, The Department of Child Services, and Public Defenders, all of which contact the State Wide Access Site to refer.

The Access Site will contact the family and secure authorization to determine the youth's eligibility for one of the Wraparound programs. If the youth qualifies, the Access Site will make arrangements for a Wraparound Facilitator to assist the family going forward. If the youth does not qualify for a Wraparound program, the Access Site will assist by making connections with other community resources that might benefit the youth and family.

#### To Refer:

- You can call 211 from any phone
- You can use the Web Portal at www.inchmwportal.fssa.in.gov