

# Youth & Family Services

Aspire has a wide array of services for youth and family closely aligned with the goals of those we serve – to whenever possible keep children and families together in their homes and schools while obtaining the resources, assistance and interventions to function safely and adaptively with the challenges that arrive in their lives.

## These services include:

- Family or individual therapy/skills training
- Intake assessments
- Case Management
- Psychiatry Services
- Home and community-based services
- WRAP
- School-Based Services
- Primary medical care such as wellness appointments,
- Acute illness care, sports physicals, etc.
- Family Preservation



Whole Health for Your Whole Family

We collaborate with other entities that serve youth and families, including schools, law enforcement, judicial authorities, the Indiana Department of Child Services (DCS) and other governmental agencies. Working together, we have developed a comprehensive treatment platform to address the complex emotional, behavioral and mental health needs of families.

## Community-Based Services

In addition to the services offered at our offices, Aspire also has a powerful community-based program of services. These are provided to clients in their homes or community that are a blend of individual and family counseling, skill development training and case management.

*Aspire proudly accepts Medicaid, Medicare and most commercial insurance. We also offer a sliding fee scale for clients who are uninsured. No one will be refused services for the inability to pay.*

Community-based services are designed to assist families with a multitude of mental health needs and to strengthen their ability to effectively cope with their daily lives and responsibilities as contributing members of their community.

An assessment to determine eligibility is required for acceptance into this program. For more information and to make an appointment, please call (877) 574-1254, or make an online appointment through our Consumer Portal at [www.AspireIndiana.org](http://www.AspireIndiana.org).

## Core Values

Services will be child-centered and family-focused, with the needs of the youth and family as the most important factors in deciding what kind of help is needed.

Our services will be community-based, building on the strengths, natural supports and resources of the family.

We will respect and respond to the unique culture (racial, religious, ethnic, socioeconomic, gender identity) of each family.

The services will be designed to help families develop positive pathways to their own independence.

*For after hours non-urgent medical concerns call (877) 574-1254.*

## Appointments

(877) 574-1254

## 24/7 Crisis

(800) 560-4038

**If it is a medical emergency please call 911.**

## Where can I get care from Aspire?

Choose to see your primary care provider in one of our Central Indiana clinics listed below or through Video in Person (ViP) appointments on your computer or mobile device.



*\*\*While ViP appointments cannot replace a physical examination, they can often be used for basic medical concerns or as a first step to see if an in-person exam is needed. \*\**



**LEBANON:**  
1600 W. Main St.,  
Lebanon, IN



**NOBLESVILLE:**  
17840 Cumberland Rd.,  
Noblesville, IN



**CARMEL:**  
697 Pro-Med Ln.,  
Carmel, IN



**HOAK:**  
2009 Brown St.,  
Anderson, IN



**ELWOOD:**  
10731 SR 13,  
Elwood, IN



**INDIANAPOLIS:**  
2506 Willowbrook Pkwy.,  
Indianapolis, IN



*Revised February 2024. iStock photos posed by models.*