## Same Day Access

Same Day Access (SDA) is now available for new behavioral health patients at Aspire health centers in: Elwood, Lebanon, Carmel, Indianapolis (including Deaf Services), DeHaven (Anderson) and Noblesville (Cumberland Road).

## SDA hours for all of the above locations are:

- Monday Thursday: 8:15 a.m. 3 p.m.
- Friday: 8:15 a.m. 1 p.m.

## What can I expect during my first appointment?

The initial or "intake" appointment will be with a clinician specially trained to assess the problems you are facing. Assessments typically last 60-120 minutes, so please plan accordingly. It is not recommended that parents bring children to their own intake. Children are required to attend intake appointments for their own services. You may experience wait times during our walk-in times.

After completing registration paperwork, you will receive a preliminary screening, which includes gathering basic information that will help us determine your primary needs. The information provided during this screening feeds into an evaluation, which will go deeper into your areas of concern and possible symptoms. This comprehensive evaluation allows us to provide a diagnosis and gather information to support treatment plan development.



ELWOOD HEALTH CENTER 10731 SR 13 Elwood, IN 46036



**LEBANON HEALTH CENTER**1600 West Main Street
Lebanon, IN 46052



CARMEL HEALTH CENTER 697 Pro-Med Lane Carmel, IN 46032



INDIANAPOLIS
HEALTH CENTER &
DEAF SERVICES
2506 Willowbrook Pky.
Indianapolis, IN 46205



**DEHAVEN HEALTH CENTER**2020 Brown Street
Anderson, IN 46016



NOBLESVILLE HEALTH CENTER 17840 Cumberland Rd. Noblesville, IN 46060