



Healthbeat



PRESENTS

ZOLTAN KASZAS!

SHARE SOME LAUGHS, HELP PROTECT KIDS



Christopher Lloyd, Senior Director of Branding and Communications
 Cheryl Berry, Marketing Multimedia Artist
 Ben Rose, Multimedia Content Producer
 Brandi Caplinger, Digital Marketing Coordinator
 Jaclyn Saunders, Marketing Associate

ARTICLES

Cover Story Article, Feature Article, Aspire News

Christopher Lloyd, Senior Director of Branding and Communications

IN EVERY ISSUE

Employee Spotlight, Recognition, Women's History Month

Jaclyn Saunders, Marketing Associate

Social Media Hits

Brandi Caplinger, Digital Marketing Coordinator

Welcome New Employees

Paula Earlywine, Talent Aquisition Specialist
 Brooke Fronterhouse, Recruiting Specialist

Way to Go!

Mary Sharpe, Project Associate

PHOTOGRAPHY / ILLUSTRATION

Photography/Videography

Ben Rose, Multimedia Content Producer

iStock by Getty Images: pages 11. All stock photography posed by models.

Aspire Indiana Health Magazine | February 2024, Issue 155

© Aspire Indiana Health 2024, All rights reserved.

Contents

4 Share some laughs, help protect kids

6 Employee Spotlight: William Patrick

8 Social Media Hits

10 Recognition

11 Way to Go, Women's History Month

12 Aspire News

15 Welcome New Employees

16 Quality team growing in size and scope





Share some laughs, help protect kids

by Christopher Lloyd



Stand Up for Kids is just around the corner, and this year's moved to a new date and venue!



TICKETS ON SALE!

standup2024.givesmart.com

Nationally touring comedian Zoltan Kaszas will be the headline act for the event taking place March 9 at Harrah's Hoosier Park Casino Racetrack. It promises to be an evening of food, fun and fellowship while raising a great cause for Kids Talk.

Kaszas is a [native of Hungary](#) who immigrated to the U.S. as a child, and his family-friendly style of comedy is known for its sharp observations of the cultural divide faced by newcomers. He has been featured on "Laughs on Fox," SiriusXM comedy channels, Netflix is a Joke radio and many other platforms.

Stand Up for Kids is the annual fundraiser to help support Kids Talk, a program of Aspire Indiana Health that assists children and adults in Madison County who have experienced or witnessed abuse and neglect. It's very serious, important work "working with people who have experienced terrible crises. That's

why it's important to have one night a year where Kids Talk and its many community partners



Front row L-R Denise Valdez, Jailyynn Figueroa, Becky Oldham
Back row - Khloe Cortrecht, Julie Coon, Amy Bounds

can share some laughs while supporting a great cause.

Kids Talk is funded through grants and donations, and Stand Up for Kids is a vital part of generating revenue. Kids Talk is a nationally accredited child-friendly place where children ages 3-17 as well as adults with developmental disabilities can speak with a specially trained forensic interviewer regarding allegations of abuse and neglect.

Kids Talk brings the system to the child by providing a single interview for the investigative needs of law enforcement, Indiana Department of Child Services and prosecution.

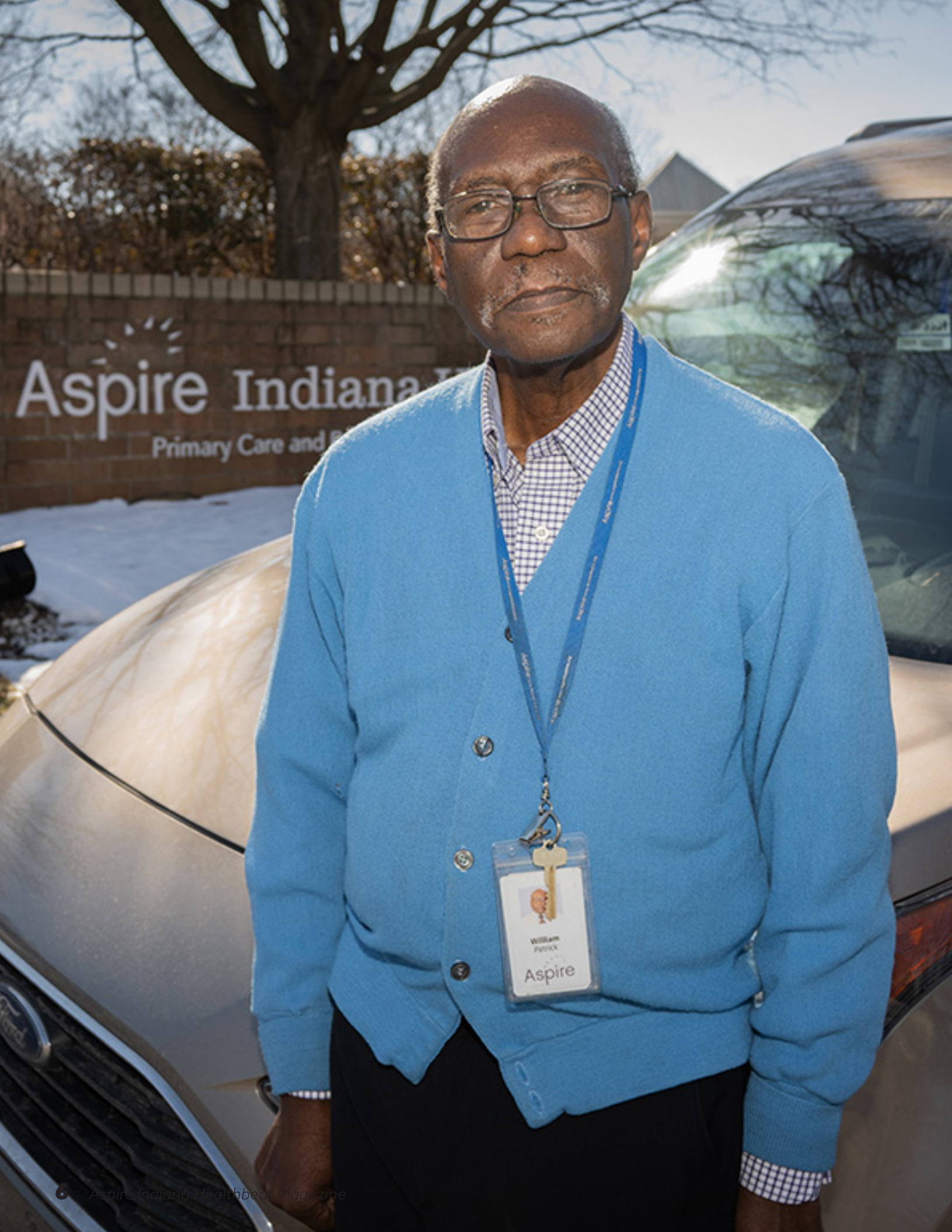
Victim advocacy is provided for the child and non-offending caregivers to connect the family with therapeutic, medical and social service needs and to advocate for the victim within the criminal justice and child welfare systems. Kids Talk also presents sexual abuse prevention

programs to more than 12,000 students each year in Madison and Hancock counties.

Tickets are available for \$25 for the comedy show and \$50 for VIP tickets that include food and beverage, silent auction and premium seating. [Click here](#) to buy your ticket now or make a donation if unable to attend. Cash bar is available. ■

Thanks to our Sponsors!





Employee Spotlight: William Patrick



by Jaclyn Saunders, photo by Ben Rose

From the ballpark to the classroom, to Aspire Indiana Health — with a few short detours to the theatre — William Patrick has spent his life traveling.

As the Transportation Supervisor — Patient Scheduling, William now assists Aspire patients traveling to and from their appointments.

Once an aspiring baseball player, William’s career playing 2nd base and shortstop for a minor league baseball team was unfortunately cut short. Thankfully, William has no shortage of passions. Graduating from Jackson State University with a degree in English and Drama, he went back to the classroom, teaching high school English and speech. William recounts his days on the field and in the classroom blissfully.

After dedicating 10 years to the classroom, William decided it was time for a career shift.

He took his teaching skill set and applied it to training drivers with Greyhound for several years. Working with the iconic bus company, William continued to develop his teaching and training skills and developed new skills and knowledge within the world of transportation.

While retired from his earlier vocations, his cumulative years of experience in teaching, training, and the intricacies of the transportation industry brought William to the role of Director of Safety for Indiana’s Department of Motor Vehicles.



Click the image to watch the video.

William has enjoyed his long career of public service. When the opportunity for Aspire arose, William knew he could continue to serve people and utilize his unique skill set.

In his current role, William serves the Indianapolis community by transporting Aspire patients, overseeing the Aspire motor vehicle fleet team and the maintenance of fleet vehicles.

Passionate for drama and acting, William has spent years on stage as well. His eyes gleam with joy as he recounts his time on stage in one of Tyler Perry’s iconic plays, A Good Man is Hard to Find. He’s dedicated years of his life to the stage, acting in at least seven plays, including spending time in New Orleans for a show.

While his stage days may be behind him, William still enjoys performing. In his spare time he sings for a gospel group and volunteers with his church as well, and when he isn’t doing that, he is spending time with his children and grandchildren.

While his dreams and playing position have changed over time, William’s pursuit of passion and happiness have never wavered. His dedication to joy is inspiring and infectious, and just a small fraction of the good he has brought to Aspire. ■



Social Media Hits

by Brandi Caplinger

Aspire Indiana Health
February 1 at 8:02 AM · 🌐

Black History Month is an annual celebration of achievements by African Americans and a time for recognizing their central role in U.S. history.
[#AspireIndianaHealth](#) [#ProgressHouse](#) [#MockingbirdHill](#) [#AspireKidsTalk](#) [#PEARL](#) [#BHM](#) [#History](#)



HISTORY.COM
Black History Month 2024: Facts, Origins & Quotes | HISTORY
February is dedicated as Black History Month, honoring the triumphs and struggles of African ...

Post

Aspire Indiana Health
@AspireIndiana

Employee Spotlight: Brian McCarthy
Take a glimpse into Brian McCarthy's day as he oversees maintenance of over 50 Aspire properties!
[#AspireIndianaHealth](#) [#EmployeeSpotlight](#)
aspireindiana.org/blog-post/empl...



8:02 AM · Feb 12, 2024 · 41 Views

PEARL by Aspire Indiana Health
February 1 at 10:00 AM · 🌐

February is Black History Month, celebrating the achievements by African American's and recognizing their role in U.S. history. Each week we will highlight someone who has made strides in Black History.



BLACK HISTORY MONTH

Why do we celebrate?
Despite an ongoing history of racism and oppression African Americans has hugely contributed to many successes and accomplishments throughout the history of the United States. Although it should be celebrated all year long, we celebrate Black History in February because there are two historic birthdays that are this month: Frederick Douglass & Abraham Lincoln. Douglass & Lincoln were both instrumental in the ending of slavery.
Every week we will highlight someone who has made strides in Black History.

FEBRUARY 2024



aspireindianahealth · Follow

aspireindianahealth How to Maintain Your Mental Health in Winter
[#AspireIndianaHealth](#) [#MentalHealth](#)

<https://www.lifespan.org/lifespan-living/how-maintain-your-mental-health-winter>
4w

January 29
Log in to like or comment.

Kids Talk
February 5 at 8:02 AM · 🌐

Tickets for Stand Up for Kids are now online! Don't miss out on this fun night, for a good cause with our comedy headliner, [#ZoltanKaszas](#). Proceeds benefit children served by Kids Talk Child Advocacy Center.
GET YOUR TICKETS TODAY!!!
Tickets can be purchased at www.standup2024.givesmart.com
[#StandUp4KidsTalk](#) [#AspireKidsTalk](#) [#StandUpForKids](#) [#ComedyNight](#)



Stand Up for Kids! PRESENTS
ZOLTAN KASZAS!
benefitting Kids Talk Child Advocacy Center
March 9, 2024
Doors open 6 p.m., program begins at 7 p.m. at
Harrah's Hoosier Park Casino Racetrack
1300 Dan Patch Circle, Anderson, IN 46013
[CLICK HERE FOR TICKETS!](#)

Aspire Indiana Health
February 2 at 7:01 PM · 🌐

We're thankful to legislators for listening to the Indiana council today and passing the Certified Community Mental Health Center to Certified Community Behavioral Health Clinic system alignment bill. Among those present were [#AspireIndianaHealth](#), Jim Skeel. Thank you to everyone who advocated and showed up today.

Monday, February 5 is our Indiana Council Legislative Day and our Governor Holcomb PAC event.





Recognition

by Jaclyn Saunders



We're proud of the people who work for Aspire. That's why we'd like to take a moment now and again to give recognition to them for their achievements – both inside and outside of the work they do with us serving Hoosiers.



Sydney Bebar, School-Based Therapist in Hamilton County, is an all-around fabulous team player and support! "She's an asset to Aspire and to her team. We are grateful to Sydney!"



Congratulations to **Ambia Dorsey** for obtaining her Licensed Mental Health Counselor licensure today. "We value her dedication and are so appreciative of the work that she does."



Yvette Moran, Certified Medical Assistant at the Indianapolis health center, is the true definition of a team lead. She gets the job done efficiently. Patients love her and she is always willing to help out when needed.



Cindy Jeske, Medical Assistant at the Noblesville health center, keeps the office very organized, making everyone's jobs so much easier. "Her preparation is unmatched!"



Zachari George, Addictions Therapist at the Indianapolis health center, brings a wealth of knowledge and experience. He helps out his team members often, especially over the holidays. "We all really appreciate him so much and are so happy he found his way to Aspire!"



Kevin Minnick, Addictions Therapist at the Indianapolis health center, has brought the outpatient substance use disorder team knowledge and experience that he has been able to share with the clients. He doesn't hesitate to help his team out as needed.



Elizabeth Steuer, Multi-Site Clinical Supervisor for Boone and Marion Counties. "She is always willing to step in when the other outpatient managers in need support! The team is so grateful for her and we are so happy she took on this new challenge!"



Valarie Anderson, Supervisor Home & Community Based, is

caring and attentive and creates a warm and pleasant environment to work in. Even if she is busy, she always takes the time out to help or answer any questions.



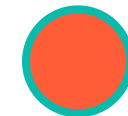
Sabrina Colbert (Breezie), Infectious Disease Case Manager, "is such a positive force on our team!" While taking her role very seriously, she also brings an element of humor to the team that is necessary in cultivating a positive environment. Every team needs a Breezie and we're super lucky to have ours!"



Michelle McDowell, Nurse Practitioner Primary care at the Elwood health center, is an asset to our team. Her patients love her and she is very well organized.



Lauri Mack, Community Mental Health in Anderson, works hard every day and goes above and beyond to assist the team by picking up extra shifts as needed. She is reliable and always willing to help.



Justin Roth, Director of Contact Center, has transitioned to the contact center supervisor position effortlessly. He is incredibly supportive and encouraging to the team.



Rachael Derrick, Manager Residential Addictions Services, has been a huge asset to the Progress House team. She is an incredibly supportive manager and we want to thank her so much for her work.



Stacy Gardner, Team Lead at Hoak health center in Anderson, has done a fantastic job with her team. She is supportive and shows tremendous dedication to her work.



Michelle Smith, Office Coordinator at Noblesville health center, has shown patience and compassion recently in a difficult situation. Her work is very much appreciated.



Sara Grady, Peer Specialist out of our Lebanon clinic, has been a great representation for Aspire in the community. "Sara all around has been amazing with providing support to her clients and her team. We are lucky to have her!"



Leora McAlister, Patient Access Specialist at the

Elwood clinic, is tremendous with her patients. "Her bright smile makes our office a better place."



Aspire Indiana Health's staff interpreters,



Haylie Will and **Sarah McWhorter**, have done wonderful jobs, as always, managing their heavy and changing tasks. The interpreting staff team has been quite helpful for Aspire and for its Deaf Services across the state, and we are appreciative of their dedication and support. ■



- Sydney Bebar
- Erick Chepkwony
- Jacqui Cook
- Shelley Eubank
- Adam Ison, FNP
- Danielle Jackson
- Sasha Janney
- Isaiah Thompson
- Josh Walker
- Karen Wilson



HAPPY WOMEN'S HISTORY MONTH!

by Jaclyn Saunders

Women's History Week was initially celebrated until 1987, when Congress passed legislation declaring March as Women's History Month. In 1849 Elizabeth Blackwell became the first woman to be granted a MD. She began her journey after a terminally ill friend speculated she'd have received better care from a woman doctor. Rebecca Lee Crumper was the first Black woman to be granted a MD in 1864. She spent her career treating impoverished women and children. [Discover](#) more powerful women in history by seeing how various spots in Indy are honoring women.



ZERO SUICIDE INITIATIVE HITS MILESTONE

Aspire Indiana Health's Zero Suicide Initiative aims to reduce the number of patients who take their own life. We serve some of the most vulnerable Hoosiers and suicidal ideation is a common challenge. Prior to our implementation of the Zero Suicide methodology, we lost about 15 people per year in treatment to suicide. Now Aspire serves almost 60% more people but sees very few deaths by suicide while people are in our care. After a review of data, Aspire calculates we have SAVED 140 lives since this work began in 2015. Thanks to the many caregivers at Aspire and our community partners for working together to achieve this incredible milestone!

TWO ASPIRE TEAM MEMBERS SERVE AMERICORPS



March 10-16 marks [AmeriCorps Week](#), which recognizes the commitment of millions of Americans who serve their country through AmeriCorps and AmeriCorps Seniors, and encourages others to follow in their footsteps of service. Aspire Indiana Health is proud to call two members of our team among the AmeriCorps volunteers: Non-Clinical Intern **Colleen Corrigan** and Infectious Disease Prevention Case Manager **Cailey Heyl**. Thanks for your dedication!



CCBHC BILL ADVANCES

Thanks to Jim Skeel (second from the right), Information Officer for Aspire Indiana Health, and other representatives of the Indiana Council of Community Mental Health Centers for their persuasive efforts with state legislators on the Certified Community Behavioral Health Clinic (CCBHC) Senate Bill. After being in danger of not even being heard, SB 233 passed by unanimous vote! Our system is stronger and better because of their efforts. CCBHC legislation is key to improving services for those with mental illness and substance use disorder.



Get your prescriptions filled at Aspire!

Did you know most Aspire Indiana Health clinics have onsite pharmacies operated by our partner Genoa Healthcare? And no matter where you receive healthcare services, our pharmacies can mail your prescriptions directly to your home?

You don't even have to pay for the postage!

****Genoa pharmacies accept Medicaid, Medicare and most traditional insurance.****

Getting your prescriptions through Aspire helps everyone through the 340B program, a federal prescriptions program that supports nonprofit health centers like us!



Whole Health for Your Whole Family

www.AspireIndiana.org

GET YOUR PRESCRIPTIONS FILLED AT ASPIRE!

Did you know most Aspire Indiana Health clinics have onsite pharmacies operated by our partner Genoa Healthcare? And that no matter where you receive healthcare services, our pharmacies can mail your prescriptions directly to your home? Getting your medication through Aspire helps

everyone through the 340B program, a federal prescriptions program that supports nonprofit health centers like us. [Click to learn more.](#)

G

Accent

on Compassion




Antony Sheehan
President & Executive Officer

JOINING THE JEEP WAVE CLUB

Back when I lived in Massachusetts I drove a Jeep. It was great! Although, if I'm honest, a little bit more difficult to get into than any other car I've driven before (probably why I had to let it go).

It'd been lifted, apparently? Someone told me that was the proper term for the big wheels it rode on. In my mind I looked young and cool when I drove it. I'm going to stick with that image and refrain from inviting other opinions, which I'm sure would reach quite the opposite conclusion.

There was one aspect of the Jeep experience no one prepared us for when we got the car. As I drove about, minding my own business and maintaining the pretense of cool, other Jeep drivers were making hand signals at me. Specifically, it looked like they were giving me the Winston Churchill peace sign – first and second finger of the right hand standing above the steering wheel. [READ MORE>>](#)

WATCH AND LEARN ABOUT ADDICTION THERAPISTS

Do you know what an Addictions Therapist does? Brittany Wheeler, Licensed Clinical Therapist – Residential Addictions at Progress House, talks



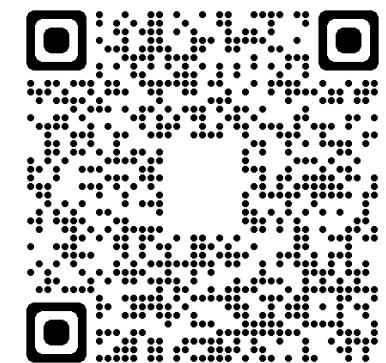
Click the image to watch the video.

about her role helping people in long-term recovery from substance use disorder. Video by Ben Rose.

CONSUMER ADVISORY COMMITTEE RECRUITING

Are you interested in joining Aspire's Consumer Advisory Committee? The CAC assists Aspire to promote consumer input into administrative decisions and clinical programming. The committee's primary focus is to review requests and recommendations from other committees, process improvement teams, clinical units and administrative departments. CAC members are individuals who identify as a person with lived experience and/or recovery from issues such as mental illness, substance use disorder, homelessness, chronic illness, etc. Members may bring items for discussion, review, and/or action.

If you are interested in learning more or completing an application, [click here](#).



ASPIRE IN THE COMMUNITY

The Lebanon Leprechaun's Professional Basketball team was at the Health Fair at Aspire.



Staff members from Aspire's Community Engagement Team, **Mary Giesel** and **Staphany Santana** (middle in photos), attended the Marion County System of Care Collaborative (MCSOCC) Heartbeats & Handshakes networking event.



Aspire also attended the One Zone event. L to R: **Kama Grund, JayVon Muhammad**, Vice President, FQHC Medical Services and **Mary Giesel**.



Welcome New Employees!

Damilola Adeagbo
NP Preceptee
Indianapolis

Mychaela Adkison
License Eligible Assessment
Clinician
Noblesville

Benjamin Bennett
Quality Improvement Data
Analyst
Administration

Joshua Bess
Residential Recovery Technician
Mockingbird Hill

Amanda Blair
Employment Specialist
Indianapolis

Austin Blevins
Front Desk Associate
Progress House

Kourtney Boak
Patient Access Specialist
Noblesville

Daniel Brodsky
Addictions Therapist
Noblesville

Jessy Brown
Patient Access Specialist
Noblesville

Starlina Brown
Crisis Response Technician
Administration

Alaina Combs
License Eligible School Based
Therapist
Elwood

Kasey Davis
Director of Philanthropy
Administration

Linda Delph
Crisis Response Provider
Carmel

Arthur Denton
Crisis Response Technician
Administration

Abimbola Ehimare
NP Preceptee
Indianapolis

Amy Eldridge
Patient Access Specialist
DeHaven

Kyle Fisher
Food Service Worker
Progress House

Kathryn Graham
Certified Medical Assistants
Hoak

Anthony Hammonds
Residential Recovery Technician
Mockingbird Hill

Cailey Heyl
Infectious Disease Prevention
Case Manager
Hoak

Danae Houchin
Care Coordinator/Life Skills
Instructor- Home & Community
Based
Indianapolis

Danielle Jackson
Patient Access Specialist
Noblesville

Brandy Kuhn
Patient Access Specialist
DeHaven

Olubayo Lanihun
Care Coordinator/Life Skills
Instructor- Home & Community
Based
Carmel

Holly Lewis
Licensed Assessment Clinician
Carmel

Nitin Mahajan
NP Preceptee
Carmel

Kimberly Marshal
Certified Medical Assistant
Hoak

Wendy Murekio
NP Preceptee
Hoak

Daniel Stach
Food Service Worker
Progress House

Shawn Stoll
Quality Improvement Data
Analyst
Administration

Takelieah Townsel
Care Coordinator
Noblesville

Megan Walker
Master's Level Clinical Intern
Indianapolis



Quality team growing in size and scope

by Christopher Lloyd

Aspire Indiana Health's Quality team is growing! This group is part of the company's initiative to expand our capabilities and oversight, focusing on patient feedback and ensuring Aspire is meeting its goals and governmental mandates. Let's introduce some key new members!



Shybrinn Williams recently moved from the Social Drivers of Health team to accept a new role as Project Manager for Quality. She will work as a collaborator to facilitate alignment across teams working together on projects, and also gather data, map processes and learn departmental contexts.

The goal with her role is to provide employees training on methodologies while avoiding one-size-fits-all directives that don't suit unique needs. Shybrinn will work to build trusting relationships between teams so we can understand each other's unique realities, and in doing so move initiatives forward methodically and empathetically, focusing on collective wins.



Spencer Johnson has joined Aspire as the Patient Experience Coordinator and will be the company's point person in managing patient satisfaction for clients at all locations. This includes tracking complaints received via various sources and reporting trends.

He will analyze that patient data and share it with leadership, and work with clients and colleagues to create satisfactory resolutions to challenging issues. He will also educate all of Aspire on and maintain the Consumer Grievance Procedure Policy.



Alex Beck has switched roles at Aspire from Safety Director to Director of Quality. In this new position he will collaborate and coordinate with all departments in the organization to provide needed analyses and research results. He will also conduct internal audits and collect and submit metric analyses to external stakeholders as appropriate.

Alex will work directly with Aspire departments in creating and forming sub-assessments and documents to improve data collection and quality assurance. He will also oversee Quality Improvement Analysts forming a central data hub to ensure optimal care delivery data is collected, analyzed and providing meaningful results to the agency.



As part of a central data hub for Aspire, Quality Improvement Data Analysts **Benjamin Bennet** and **Shawn Stoll** will gather and analyze collected data, ensuring the information is accurate and up to date. They will create necessary reports for internal and external stakeholders, ensuring visual representation of data is easy to read and understand. They will also collaborate with other departments to assist in improvement of the collection and overall quality of data. ■



Got a complaint? Or a compliment?

Aspire Indiana Health has created a new grievance policy that allows patients to provide direct feedback on their experience with our services. If you've got a complaint — or a compliment! — to pass along, you can be assured it will be seen by a live person who will review it and take action as needed. Contact us at patientexperience@aspireindiana.org or call us at (317) 606-3705