



Aspire  
Indiana Health

# Healthbeat







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ARTICLES

Feature Article

Christopher Lloyd, Senior Director of Branding and Communications

Employee Spotlight

Jaclyn Saunders, Marketing Associate

IN EVERY ISSUE

Recognition & Aspire News

Christopher Lloyd, Senior Director of Branding and Communications  
 Jaclyn Saunders, Marketing Associate

Social Media Hits

Brandi Caplinger, Digital Marketing Coordinator

Welcome New Employees

Paula Earleywine, Talent Aquisition Specialist  
 Brooke Fronterhouse, Recruiting Specialist

Way to Go!

Mary Sharpe, Project Associate

MEDIA

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# What an amazing year we had!

by Christopher Lloyd

It's hard to believe 2023 has already drawn to a close. The year saw a quick start and raced through eventful, if sometimes challenging, times.

Aspire Indiana Health saw our President & CEO, Barbara Scott, retire after spending her entire career — 37 years! — at Aspire. We also welcomed Antony Sheehan as our new leader, who is looking to carry on and build upon that legacy of service.

Aspire is proud to be well-positioned to continue the amazing growth we've seen over

the past few years. We've added nearly 200 net employees to our team since the start of 2022 through a combination of bolstering our recruiting efforts and reducing turnover to historic lows.

A strong board of directors continually pushes us to dream bigger and think of ways to make

them a reality. Our senior leadership is committed to innovating ways to better serve those who have historically experienced a lack of access to quality healthcare.

Let's take a look back on some of the most important and interesting events of the past year! ■







# Aspire News

by Christopher Lloyd



## SAME DAY ACCESS BEGINS ROLLOUT

Same Day Access (SDA) for new behavioral health clients begins this month! Our goal is to massively reduce the time frame for a new patient to have their intake and first therapy session. Here is the schedule for phased implementation:

**Phase 1:**  
Monday January 8, 2024  
Lebanon & Elwood

**Phase 2:**  
Monday January 22, 2024  
DeHaven & Willowbrook

**Phase 3:**  
Monday February 5, 2024  
Carmel & Noblesville

Under this system, new behavioral health patients can call **(877) 574-1254** to locate our closest health center or simply walk in and Aspire team members will be waiting to quickly complete their registration, establish their history and clinical baseline, make any necessary referrals within and outside Aspire, and most importantly connect them with their appropriate level of care pathway to begin treatment expediently.

SDA will not affect family medicine patients, who can call the main number for an appointment. Walk-ins are also welcome.



## FOLTZ PRESENTS TO INDIANA FSSA

Julie Foltz (middle), Director of Infectious Disease programs, recently presented to the Indiana Family and Social Services Administration on Aspire's application for Harm Reduction Street Outreach funding. The proposal includes a partnership with Step Up, with a goal to put a team of two out in the community reaching individuals who use drugs to provide them with overdose prevention/reversal tools (i.e. Narcan), education about how to use Narcan and where to find it, information about Aaron's Law and provide access to harm reduction supplies and wound care. ■

# Employee Spotlight: Mary McKinney



by Jaclyn Saunders, photo by Ben Rose

Mary McKinney has been working in the mental health field since 1998.



While she is a Utilization Management Representative with Aspire now, she began as a secretary at The Center for Mental Health in the addictions department. Soon after she began, she transferred to the medication clinic where she helped clients receive medication samples and medication from the manufacturer for a lower price.

Later she moved to the UM Department, working with commercial insurance to obtain authorizations for services. Upon the merger with Behavior Corp, when Aspire was formed, Mary

continued to assist clients in obtaining authorizations for services.

Mary continues to work with clients who come in for intake if they have commercial insurance. She will evaluate a report to determine if an authorization is required and if it is then she initiates the paperwork and works with the therapist and insurance to complete the paperwork to assist the client in receiving the services they need. Mary enjoys helping people and in her role she is able to do exactly that!

Outside of Aspire Mary enjoys working with Madison County 4H and volunteering at the local food pantry. She also enjoys spending time with her family, having been married for 36 years with six beautiful daughters. She enjoys volunteering at her eight grandchildren's school as well.

Mary's aspirations to help people have been the foundation of her career and continue to pave her way navigating her work and home life. ■





Progress House was selected for its 60+ year legacy of helping men on their sobriety journey, including many military veterans. The funding for the specialized training for Daisy came from the American Warrior Initiative, the philanthropic arm of Fairway Independent Mortgage Corporation. Welcome, Daisy!

## Progress House welcomes Daisy the service dog



by Christopher Lloyd, photos by Ben Rose

On Dec. 21, Progress House got a little bit furrer and a whole lot happier with the presentation of Daisy, the first-ever therapy dog assigned to a recovery residence by the American Warrior Initiative.







# Social Media Hits

by Brandi Caplinger

**PH** Progress House  
@PH46202



#ProgressHouse, Indiana's oldest and largest #recovery residence, has become the first such facility in the U.S. to be awarded a #ServiceDog through the #AmericanWarriorInitiative.

Pictured below L to R: Rock Planck, Eric Ebert, & Darrell Mitchell

[progresshouse.org/blog-post/prog...](https://progresshouse.org/blog-post/prog...)



Aspire  
@AspireIndiana

#health #mentalhealth #AspireIndianaHealth #behavioralhealth #PTSDAwarenessMonth #IndyPride #mentalwellness #indianhealthcare



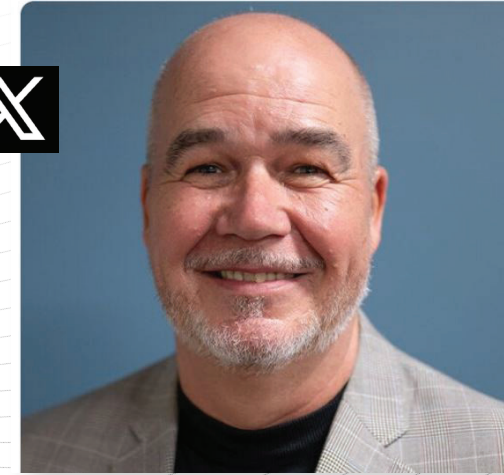
Aspire  
@AspireIndiana

Antony Sheehan Takes the Lead

Antony Sheehan has taken over the mantle of leadership at #AspireIndianaHealth, beginning his term as President & Executive Officer on Sept. 5.

#IndianaLeaders

[aspireindiana.org/blog-post/anto...](https://aspireindiana.org/blog-post/anto...)



Aspire  
3,300 followers  
4mo

SAVE THE DATE!

Thursday November 9th at Primo Banquet Hall, we are hosting Fight Night in conjunction with Indiana Golden Gloves! More event information to be shared in the coming months!

You can purchase tickets to the event here: <https://lnkd.in/gSh8kWGJ>

RSVP on facebook here: <https://lnkd.in/g57Hpkcu>

#AspireIndianaHealth #MentalHealth #BehavioralHealth #PrimaryCare #ProgressHouse #Recovery #FightNight



PEARL by Aspire Indiana Health  
July 13 · 🌐

Decorating one of the walls in the Hoak health center where Aspire Indiana Health's infectious disease team meets, there is a charming wreath that tells the stories of the people who have lost their lives to HIV.

#AspireIndianaHealth #MentalHealth #BehavioralHealth #HoakHealthCenter #HIV



ASPIREINDIANA.ORG

The Story of the HIV Wreath - Blog Post - Aspire Indiana Health

Aspire  
3,300 followers  
5mo

Aspire would like to wish Barbara well as she embarks on the next stage of her life in a well-earned retirement. She has tremendously impacted Aspire and all of Indiana as an advocate for bringing healthcare to the underserved for the past 36 years. She will be greatly missed.

#AspireIndianaHealth #MentalHealth #BehavioralHealth #Retirement #CEO

<https://lnkd.in/gHjysTDa>

Barbara Scott reflects on 36 years with Aspire



Barbara Scott reflects on 36 years with Aspire  
<https://www.youtube.com/>



Aspire  
June 10 · 🌐

Pride Parade getting ready to start.

#AspireIndianaHealth #indyprideparade #BehavioralHealth #Pride #pride2023 #mentalhealth



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aspireindianahealth No one should EVER struggle alone. Reaching out for help, even though it is scary, is the bravest thing you can do.

#AspireIndianaHealth #MentalHealth #Bipolar #Depression #Olympics #ToriBowie #HealthStruggles

Copy and Paste to read article on Tori Bowie.  
[https://apnews.com/article/tori-bowie-mental-health-autopsy-track-olympics-909e47d587501a42c6931096bb9425b67?user\\_email=d6999a51a66b4ce18721fc3dc247ce0d80e532af31b28c5641a2769034737a36&utm\\_medium=Afternoon\\_Wire&utm\\_source=Salthr&utm\\_campaign=AfternoonWire\\_Aug18\\_2023&utm\\_term=Afternoon%20Wire](https://apnews.com/article/tori-bowie-mental-health-autopsy-track-olympics-909e47d587501a42c6931096bb9425b67?user_email=d6999a51a66b4ce18721fc3dc247ce0d80e532af31b28c5641a2769034737a36&utm_medium=Afternoon_Wire&utm_source=Salthr&utm_campaign=AfternoonWire_Aug18_2023&utm_term=Afternoon%20Wire)

August 22

Log in to like or comment.

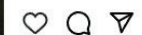


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aspireindianahealth Let's take a minute to celebrate these women for representing #AspireIndianaHealth at the #BooneCountyChamber of Commerce "WomenInBusiness" quarterly event, which was held on September 7th.

And a big Thanks to #ZionsvilleBakeShop for hosting the event.

(Pictured left to right: Adrianna



7 likes  
September 8

Log in to like or comment.



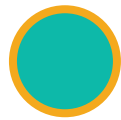




# Recognition

by Jaelyn Saunders

We're proud of the people who work for Aspire. That's why we'd like to take a moment now and again to give recognition to them for their achievements – both inside and outside of the work they do with us serving Hoosiers.



**Sara Davis**, Employment Specialists, is new to Aspire and has gone above and beyond to assist with training.



**Carla Orr**, Manager, Social Drivers of Health, has displayed immense support to her team. "She is not only communicative, but kind and understanding. She is going to continue being a great asset to the company!"



**Jason Jones**, Supervisor, Social Drivers of Health, has exceeded expectations and continues to support his team's development. He has an open door policy. "He has gone above and beyond to assist me with anything. Jason is awesome."



**Robyn King**, Employment Specialist, is a wonderful mentor to her coworkers and eager to answer their questions or assist them in shadowing. "She provides beneficial information and is very knowledgeable in her role at Aspire. She rocks!"



**Ashley Merrell**, License Eligible Therapist Outpatient - Elwood Office, is a team player that is always willing to take on additional tasks. "Her clients love her and you can see a huge difference in her clients each time they come in. You can really tell she loves what she does and that her clients are really getting the help they need when seeing her. She is a wonderful therapist."



**Marissa Carr**, Team Lead - Supervised and Group Living, is recognized for going above and beyond the call of duty



**Stephanie Antrim**, Patient Access Specialist - Willowbrook, is a great collaborator and communicator with the WB office. Her fellow PAS appreciate her extensively and feel that she has displayed hard work all December. "Thank you for your collaboration, service, and your hospitality from AIH, Stephanie, and congratulations!"



**Gregory Goff & Larry Hutton**, Maintenance Technicians, saved Thanksgiving! "Our oven went out the week of Thanksgiving. They came promptly, evaluated and ended up replacing the stove just in time for Thanksgiving preparations. Thank you so much!!"



**Destiny Lake**, Housing Coordinator, has excelled since joining the PSH team and has demonstrated remarkable resilience and dedication to her work. Destiny builds strong relationships effortlessly with her clients and has established positive relationships with the landlords as well. "Her unwavering commitment and positive attitude are truly commendable."



**Taylor Nikolov**, Clinical Training Specialist, "Taylor is such a joy during orientation. She approaches each new employee with so much joy and shares her passion for Aspire. As she is

teaching Mix, in clinical orientation, she has so much patience and is able to meet every staff member where they are at and help them to grow. Her kindness and compassion for every staff truly shows. Taylor is a gem!" "She is patient and kind while helping staff navigate new topics and technology. She approaches everyday with excitement and willingness to take on new challenges and help others to do the same. Thank you Taylor!"



**Jimmy Tolgaroglous** (Recovery Coach Addiction), **Evan Ware** (Care Coordinator Life Skills Instructor), **Bennie Williamson** (Recovery Coach Addiction) all stepped up to help out and cover for team members while out on vacation. "Teamwork makes the dream work!"



**Pamela Clow**, Insurance Credentialing Specialist, is the happiest person with a positive attitude and always friendly! She continuously goes above and beyond and offers to help on many projects. She is very detail oriented and always willing to ask questions. "She is very dependable and we are lucky to have her on our team."



**Amber Dale**, License Eligible Therapist Y&F Home and Community, Congratulations on passing your LSW Exam!



**Kara Bogue**, Team Lead Accounts Receivable, "She is an AWESOME lead and VERY patient when it comes to us newbies." She encourages her team to do their jobs the right way and is always kind. "she is AWESOME and she can do anything she puts her mind to...LITERALLY! Thank you"



**Cheryl Berry**, Marketing Multimedia Artist/ Specialist, helped develop the fundraiser, Point of Entry Store. Cheryl's contribution brought immense laughter, creativity, and passion that helped cultivate something that is truly amazing. "We laughed until we cried, many times, during the development of the store (often laughing at ourselves)! I am so thankful for having Cheryl be a part of this project!!"



**Adrianna Johnson**, Patient Access Specialist - Willowbrook, is a go to kind of person because she gets the job done every single time. Clients, providers, and coworkers all enjoy and appreciate everything she does. Staff from the community are always looking for her because she has such a bright energy. "Adrianna is one of the best PAS that Willowbrook has ever had. She is in fact the glue that keeps the front together and the flow going for everyone to do their job."



**Staci Johnson**, Recovery Coach Outpatient- Dehaven, is always willing to lend a hand and continuously goes above and beyond. She takes the time to listen intently to others and has a very caring attitude to her clients and colleagues.



**Stacia Garnder** (Team Lead; Certified Medical Assistant), **Victoria Sanders** (Team Lead; Certified Medical Assistant), work diligently together to ensure new staff are properly trained and comfortable with their positions. They go above and beyond to provide top-tier training and also assist when staffing is short, and care for the providers. "Stacy and Victoria are wonderful assets within our Aspire team!"



**Kelley Lowe**, Life Skills Instructor - Deaf Services, always ensures that all clients have their needs met and ensures that clients are satisfied with their care. "We are happy to have Kelly on our team!"



**Cassidy Douglas** (Infectious Disease Project Associate), **Mechelle Gilliland** (Infectious Disease Case Manager), **Brandy Baker** (Infectious Disease Case Manager), **Kristy Logan** (Infectious Disease Case Manager), "The "Fun Club"

*continued on next page*





members of the Infectious Disease Team” they like to keep things fun and competitive on the team. Members of the Infectious Disease Team have been challenged with donating non-perishable food and hygiene each quarter. “All of the food donated will be split between our Lafayette, Muncie, Anderson, and Richmond offices to then be donated to community food boxes or to other programs serving the communities! The innovation and enthusiasm for supporting our communities is really amazing! Kudos Fun Club!” ■



**Way To Go!**

Ryan Nennemann  
Lita (Estalita) Seaton

# Welcome New Employees!

## **Cynthia Austin**

Master’s Level Clinical Intern  
Mockingbird Hill

## **Reed Bettenhausen**

Payroll Coordinator  
Administration

## **Jessica Bowen**

Scheduler – Patient Access  
Carmel

## **Desirae Brown**

Certified Medical Assistant  
Carmel

## **Mia Clark**

Patient Access Specialist  
Carmel

## **Latisha Clark**

Community Health Worker  
Hoak

## **Kevin Ellis**

Front Desk Associate  
Progress House

## **Michelle Forehand**

Master’s Level Clinical Intern  
Noblesville

## **Andrea Griswold**

Medical Assistant  
Hoak

## **Eleanor Hernly**

Care Coordinator/Life Skills  
Instructor – Home & Community  
Based  
Indianapolis

## **Cailey Heyl**

Non-Clinical Intern  
Hoak

## **Jephte Kombo**

Life Skills Coach  
Questend

## **Katelynn Lee**

Infectious Disease Case Manager  
Lafayette

## **Jessica Martin**

Life Skills Coach  
Hartung

## **Carlos Mendez**

Donor Relations Associate  
Administration

## **Chantelle Orona-Okuhor**

Patient Access Specialist  
Carmel

## **Reba Pendleton**

Medical Assistant  
Carmel

## **Jaclyn Saunders**

Marketing Associate  
Administration

## **Brandon Turpin**

Certified Medical Assistant  
Carmel

## **Jennifer Rene Young**

BHA Intern  
DeHaven