

Healthbeat



ANTONY SHEEHAN TAKES THE LEAD



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ARTICLES

Feature Article

Christopher Lloyd, Senior Director of Branding and Communications

Employee Spotlight

Alyssa Seifert, Marketing Intern

IN EVERY ISSUE

Social Media Hits

Brandi Caplinger, Digital Marketing Coordinator

Aspire Events

Rudy Lyon, Special Events Associate

Recognition & Aspire News

Christopher Lloyd, Senior Director of Branding and Communications

Top 5 Hottest Jobs & Welcome New Employees

Hilary Davis-Reed, Team Lead, Talent Strategy

Brooke Fronterhouse, Recruiting Specialist

Way to Go!

Mary Sharpe, Project Associate

PHOTOGRAPHY / ILLUSTRATION

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Aspire Indiana Health Magazine | October 2023, Issue 150

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Contents

4 Antony Sheehan takes the lead

6 Aspire News

8 Employee Spotlight

9 Social Media Hits

10 Conner Prairie Team Event

14 Recognition

17 September is Recovery Month

18 Welcome New Employees!

19 Top 5 Hottest Jobs, Way to Go!

Aspire Events



by Rudy Lyon

FIGHT NIGHT - FIGHT FOR RECOVERY

Mark your calendars to join Progress House on Thursday November 9th at Primo Banquet Hall for [Fight Night](#), an evening of 10 sparring matches between 20 experienced Indiana Golden Gloves boxers in support of the cause for recovery in our community!

If you or someone you know would like to get involved as an event sponsor, please reach out to or pass others that may be interested along to Kevin Sheward at kevin.sheward@aspireindiana.org.





Antony Sheehan takes the lead



by Christopher Lloyd

Antony Sheehan has taken over the mantle of leadership at Aspire Indiana Health, beginning his term as President & Executive Officer on Sept. 5.

He brings a variety of experience from his work in Europe and the United States. He relocated to Indiana from Massachusetts where he was a CEO of a Community Behavioral Health System. But his career journey began even further afield in his native United Kingdom where he initially trained and practiced as a clinical nurse specializing in mental health and addiction.

In his early conversations at Aspire, Antony has frequently reflected how his clinical experience and values continue to inform his role as a leader. As well as clinical work, Antony also served as a senior civil servant in the Blair administration and as a health system CEO.

Antony initially came to America to undertake a year-long Fellowship at the Institute for Healthcare Improvement in Boston. Upon completing his studies, he served as president of a health center and community health programs advisor in Memphis, Tenn.

Sheehan is committed to spending his early weeks with Aspire on a listening tour,

scheduling meetings with every single department and team.

"Thank you for trusting me with this role. I am so proud to join Aspire Indiana Health as I see the important work we do as a natural continuation of my healthcare career," Sheehan says.

"I have been grateful to already meet so many of you, and pledge to take the next few weeks and months to connect with every team at Aspire. It's wonderful to be learning about all the amazing work you do!"

"You have my support and my appreciation for all your endeavors. I know that the years to come will mark an even greater impact on the health and wellbeing of Hoosiers by Aspire."

Antony takes over an integrated healthcare company in a strong strategic and financial position, having seen large scale expansion of programs, locations and capital improvements in recent years. Aspire's struggles are much the same in the healthcare industry as a whole, especially a nonprofit focusing primarily on underserved and challenged

populations: hiring and retaining talent, and serving all the patients referred to Aspire as an Indiana Community Mental Health Center in four counties.

Aspire is also in the early stages of transitioning to a Certified Community Behavioral Health Clinic (CCBHC) model, which includes federal support to help close some of the reimbursement gaps but also stringent standards.

Antony assumes the top leadership position after Barbara Scott's retirement this summer following nearly 37 years with Aspire and a long record of championing marginalized communities and bringing quality healthcare to those facing obstacles in accessing care.

Sheehan was named as Scott's replacement in June after a six-month search process conducted by the Aspire Board of Directors with the assistance of The Meyers Group. Michael Collette, chairman of the Aspire board of directors, called Sheehan "an exceptional, experienced candidate." ■

Aspire News

Aspire is celebrating Hispanic and Latin X Heritage Month!



MARCOS NEVARRO GARCIA
EMPLOYEE ENGAGEMENT & EXPERIENCE

ASPIRE 29TH LARGEST INDIANA NONPROFIT

Aspire Indiana Health is one of the largest nonprofits in the state of Indiana, ranking 29th in the latest annual review by the [Indianapolis Business Journal](#). The company reported just over 600 employees and \$59.6 million in revenues in last year's annual report.

Healthcare companies dominated the list, with 15 of the first 30 listings and all of the top five, led by hospital networks Indiana University Health, Ascension St. Vincent and Community Health Network, respectively.

ASPIRE WINS AWARD

The Aspire Indiana Health marketing and communications team has won the award for Best Annual Report from Graphic Design USA, the largest trade association for design.

Spearheaded by Marketing Multimedia Artist Cheryl Berry, the [annual report](#), "Laying Down New Roots," was recognized for its ambitious magazine style. This is the third year in a row Aspire has been honored by GD USA.



Welcome to our 150th newsletter!



Can you believe the Aspire Indiana Health newsletter has reached its 150th issue? Well you'd better, because you're looking at it right now!

Originally a bimonthly publication for Aspire employees, the newsletter later added an external community version. The internal newsletter went

to monthly publication in 2019, and was rebranded as Healthbeat Magazine last year. The community version also went to monthly publication this summer. We think it's bigger and better than ever.

Thanks to Marketing Multimedia Artist Cheryl Berry for her amazing, award-winning design work! ■



- Kara Bogue
- Bob Coykendall
- Merri Daniel
- Hannah Daniels
- Chandler Lawson
- Michael Lyons
- Sandy Mundy
- Kaitlin Sims
- Sammy (Samantha) Snyder
- Lynn Tolan

INDIANA AIDS WALK

[The Indiana AIDS Walk](#) raises more than \$175,000 to help Hoosiers living with HIV/AIDS pay for medication, transportation to and from doctor's appointments, dental bills, rent and utility bills, and even food and clothing in emergencies.

In the photo is Jayne Weir (Hepatitis C Care Coordinator), Julie Foltz (Director of Infectious Disease), and Raffi Fry (Social Work intern).





Employee Spotlight: Yvette Johnson

by Alyssa Seifert

Meet **Yvette Johnson**, a Care Coordinator/Life Skills Instructor who has been with Aspire Indiana Health for four years, working with clients at the Indianapolis health center. As a CC/LSI, Yvette works closely with clients through developing goals, monitoring their progress, teaching ongoing success to educate on the importance of being medication compliant, and providing trust, confidentiality and maintaining quality care.

Yvette has a bachelor's degree in Biblical studies and Christian counseling and a Masters in "Discipline of Divinity" with certificates in grief share counseling. With this educational background, she became an Outreach Ordained Pastor and worked assisting clients with intellectual and developmental disabilities to empower them to live their lives independently.

When looking forward to her job, Yvette says that she likes "being able to accommodate the clients and see potential growth and happiness, moving out of isolation back into the community where the lilies tend to bloom again for them." She particularly likes the success stories about her clients that work to be a part of the community.

Outside of work, Yvette spends her time involved with the Justice Center working with incarcerated women and people who are currently experiencing homelessness by providing food and clothing. She also works with the Zionsville Great Banquet Ministries and is currently teaching Illness Recovery Management at Aspire.



When she's not out in the community, Yvette loves to spend time with her family, which includes her two children and three grandchildren. She also spends time with the Word of God, taking walks, working out and meditating. She also enjoys sports including basketball, tennis, rugby, football and soccer. ■

Social Media Hits

by Brandi Caplinger





Employee fun day at Conner Prairie

photos by Ben Rose

We're pleased that so many Aspire Indiana health employees and their families came out to Conner Prairie Sept. 23 to help welcome new President & Executive Officer Antony Sheehan and receive appreciation for all the fantastic work they are doing. *You are all truly amazing!*



Employee fun day at Conner Prairie continued...

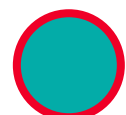



Recognition

We're proud of the people who work for Aspire. That's why we'd like to take a moment now and again to give recognition to them for their achievements – both inside and outside of the work they do with us serving Hoosiers.



 **Abby Lee**, a new Masters Level Therapist on the Hamilton Home and Community Based Services team, has passed her test to become a Licensed Clinical Social Worker (LCSW). Congrats!

 **Kaitlin Sims** (school-based therapist) and **Sammy Snyder** (CC/LSI) demonstrated amazing teamwork and collaboration when working with a client in crisis. Both of them were available and willing to go above and beyond to support this client and family.

 I would like to nominate **Yvette Moran**. She is doing a great job, team player. She travels to other offices without fuss, and is always willing to help. She also is helping out with the Colman process at Willowbrook. She always has a positive attitude which brightens everyone's day around her.

 I'd like to recognize my supervisor **Lou Ann Lemarie Pyle**. She is supportive and compassionate. She has great flexibility especially with our team's needs for time off. She is also tireless and seems to always be working even overnight. Finally she has so much knowledge and I've learned so much since starting this position.

     Wanted to recognize **Natalie Schneider, Jessica Gardner, Kristy Hadfield, Ambia Dorsey,** and **Bob Coykendall** for allowing a large amount of new staff to


shadow Intakes. These staff members took time out of their day to allow shadowing to show how an intake is completed as well as educating on processes and answering questions from new staff. This can be very time consuming for Clinicians and their hard work does not go unnoticed or appreciated!

I would like to give recognition to a couple people for the month of October. I would like to recognize my practice manager **Theresa Marsee-Hunt** for everything that she does for the Willowbrook office. I also would like to recognize

 **Monisha French** who goes above and beyond for each patient and staff as well. These two both brighten up everyone's day and I know everyone could count on both of them as well. Thank you for everything that you both do!!!

 **Sara Heiliger** is an outpatient SUDS therapist out of NOP. She goes above and beyond for her clients, ensuring that they are provided quality care. Sara will provide healthy snacks

during the group and meets the client where they are at. Sara has a lot of insight into the needs for SUDS clients.

 I nominate **Jennifer Ferry** of Willowbrook.

For the Elwood office we 100% are so grateful for our new practice manager **Amanda Shepherd**. She has been doing an amazing job and has been very attentive to any needs we have. She's so supportive and we can tell she really cares about the well-being of the employees here and our clients!

Since joining Aspire in February, **Ben Rose** has elevated not only the photography and videography of the marketing department, but the entire brand. His keen eye, bottomless reservoir of ideas and enthusiasm have been an incredible boon to Aspire.




Anthony Meineke, Sam Wesley, Sean Taflinger, DaMarcus Ballance, Jake O'Hair, Zach Rogers, Nick Jones, Rob Byrne. I would relate this Operations Team to the 1992 US Olympics Men's Basketball team. Truly, this group of men are The Dream Team. The culture, compassion, and experience they bring to the



table is what makes Progress House the GOAT. It is a pleasure to work alongside each and every one of them.

 I wanted to recognize **Valerie Anderson**, Supervisor, Home & Community Based Services, DeHaven. Val is consistently calm, professional, and knowledgeable. She does a great job advocating for clients and helping to coordinate services between therapists, CC/LSIs, DCS staff, and other providers.


 **Hannah Daniels**, the Certified Recovery Specialist at May House, works hard every day to serve the people here. She has gone above and beyond and developed an incredible set of materials to hand out to each of the clients she is working with. She is tirelessly dedicated to the Aspire mission and represents everything that a public servant should be.

 I want to shout out **Ariana Foster**. She's such a great supervisor and does really well at mentoring her colleagues. She's kind, a safe space to be authentic, and a great leader.

 I am nominating **Cindy Jenki**, she is always smiling and going above and beyond for the providers and patients.

 I vote for **Jake O'Hair**.
 I would like to nominate **Herbert Zinzombe**, PMHNP-C

to be recognized. He is always willing to consult with me regarding patient care despite having a busy schedule. Herbert works hard without complaining and always has a smile on his face. He is a fantastic provider and takes great care of patients.

 I'd like to nominate **Krystel Hesse** from Mockingbird hill. I have been in training this week under her and she has been beyond helpful and you can really see how much she cares for her job with Aspire.

 **Kristina Ritter** is an exemplary nurse who is very supportive to her team. She is very good with following procedures, filling in wherever needed with a pleasant attitude and really shines with data!! She is an amazing nurse

 **Kelly Stamper** has been an amazing and supportive part of my learning curve as I'm helping to onboard a new therapist. She is super knowledgeable and so patient and seems genuinely interested in providing the ongoing guidance and assistance. I really appreciate her!

Recognition continued on next page >>



continued >>



Sydney Bebar, School-Based Therapist for Youth & Family, recently received praise from a juvenile probation officer who heard from a parent about the great treatment, communication, and coordination from Sydney in working with her son.



Jeff Johnson for being so helpful and available to solve the most difficult problems.



Amber Gordon for being an amazing leader and giving her team all the resources to succeed to greatness.



Erick Chepkwony for being an amazing leader, thorough, and keeping us accountable. Thank you!



I'd like to recognize **Vivian Hinders** for her willingness and ability to work collaboratively and constructively with all teams and departments for the best

outcomes for clients and families.



I'd like to nominate **Tina Coffin** for recognition. Tina is the Athena Specialist for our Information Services EHR Team and has been an ongoing support figure for all users. She has continued to learn and grow with her abilities as a technical analyst, always meeting and exceeding expectations.



Wanted to recognize **Jessica Rose** at Mockingbird Hill. She works hard, does what needs to be done, and cares about the clients.



Melissa Walters, Multi-Site Recovery Coach and Peer Specialist Supervisor, who has been working so hard to make sure that there is consistency at every location when it comes to the services that the Recovery Coaches and Peer Recovery Specialists are providing to those seeking support in their recovery from substance use. She has been helping to cover gaps where she is short staffed and does it all as it is her passion to help people in recovery and the team that she works with. Melissa truly exemplifies what it means to work collaboratively with others!

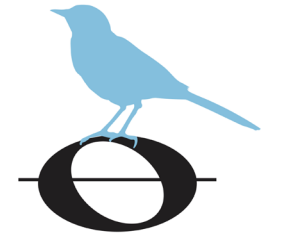


Maggi Simpson, Master's Level Clinical Intern, and **Michael**



Olan, Pre-Doctoral Intern, both at the Noblesville Outpatient Office, both jumped in quickly to help cover the EOP Skills Groups when the team was short staffed. They both immediately offered to help, quickly made sure they had time to learn what was needed, and seamlessly took over the group! They both wanted to help ensure that those seeking recovery services had the ability to continue the group without any disruption. The team, and clients, have appreciated their willingness to help support SUDS services at NOP! ■

October is Recovery Month



Mockingbird Hill
Recovery Center
an Aspire company

September was National Recovery Month, so we spoke with some of the recovery technicians and coaches at Mockingbird Hill to get their insight on what working in the addictions field is truly like.

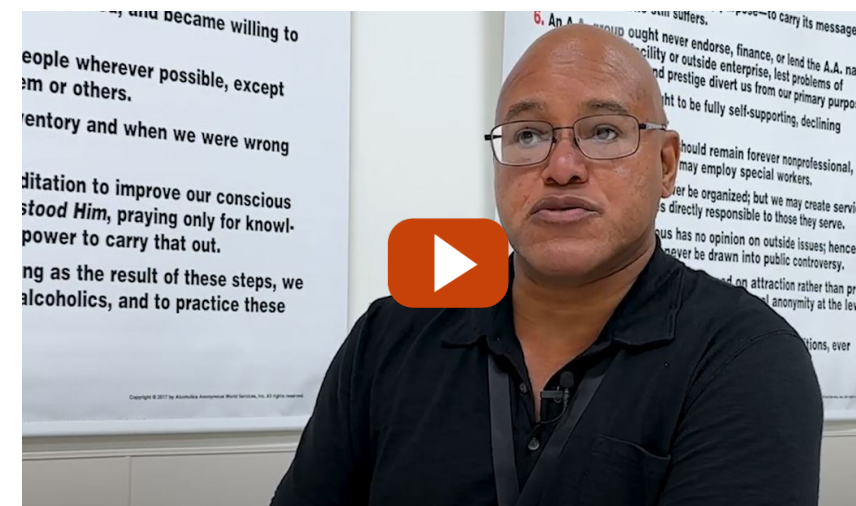
Click on the image to watch now!



Greg Underwood, Aspire Staff/Former Resident



Bobbi Shoemaker, Residential Recovery Coach



Joseph Dixon, Supervisor, Residential Recovery

Welcome New Employees!

Melissa Ayres
License Eligible Staff Therapist
Noblesville

Richard Barnes
Food Service Worker
Progress House

Ashlee Boruff
Benefits Coordinator
Administration

Jessica Burkett
Certified Medical Assistant
Noblesville

Janiya Burroughs
Patient Access Specialist
Carmel

Jillian Condon
Nurse Practitioner - Psychiatric
Indianapolis

Koby Cotton
Life Skills Coach
Questend

Robert Curtis
Employment Specialist
Carmel

Amber Dale
Youth & Family Home Based
Therapist - License Eligible
DeHaven

Jeffrey Donohoe
Care Coordinator/Life Skills
Instructor- Home & Community
Based

Indianapolis
Alyssa Doran
Bachelor's Level
Clinical Intern
DeHaven

Cassidy Douglas
Infectious Disease
Project Associate
Hoak

Sophia Eckstein
Residential Recovery Technician
Mockingbird Hill

Ethan Evans
Wraparound Facilitator
Indianapolis

Tony Fields
Residential Technician
Questend

Jennifer Flanery
Master's Level Clinical Intern
Chase

Justin Fritch
IT Support Technician
Administration

Freda Hamilton
Employment Specialist
Indianapolis

Jocelyn Haynes
Master's Level Clinical Intern
Noblesville

Betsy Hughes-Pearson
Housing Outreach Coordinator
Administration

Spencer Johnson
Patient Experience Coordinator
Administration

James Lamb
Staff Nurse
Lebanon

Timothy Maestas
Food Service Worker
Progress House

Trevon Mathews
Life Skills Coach/Direct Care
Professional
Hartung

Lauren Miller
Master's Level Clinical Intern
Carmel

Jaime Meeker
Master's Level Clinical Intern
DeHaven

Kyree Nelson
Master's Level Therapist -
Assessment
DeHaven

Sophie Page
Care Coordinator/Life Skills
Instructor-Y&F
Noblesville

Cullen Shade
Patient Access Specialist- Deaf
Services
Indianapolis

Antony Sheehan
President & Executive Officer
Administration

Jessica Sorrentino
Residential Recovery Technician
Mockingbird Hill

Joseph Soza
License Eligible Psychologist
Noblesville

Sean Taflinger
Front Desk Associate
Progress House

Sam Wesley
Residential Recovery Associate
Progress House

John Williams
Care Coordinator Life Skills
Instructor
Indianapolis

Karen Wilson
Master's Level Clinical Intern
Carmel

The Top 5 **Hottest** Jobs



- 1 [Property Manager](#)
- 2 [Mobile Crisis Team](#)
- 3 [Care Coordinator/Life Skills Instructor - Home and Community Based](#)
- 4 [Hepatitis C Care Coordinator](#)
- 5 [Recovery Coach - Outpatient Office](#)

