

Aspire

Indiana Health

WHOLE HEALTH FOR YOUR WHOLE FAMILY

Aspire Indiana Health provides a Whole Health Recovery Continuum of integrated treatment options and programs to address your multiple needs and goals. We don't just address your addiction — we take a holistic approach to your entire mental and physical wellbeing.



Substance use disorder is a treatable, chronic disease that affects the brain, central nervous system and other organs. Many risk factors, including biological and environmental factors, affect the risk of developing a substance use disorder. That's why you need treatment options that are multifaceted and include a broad, effective and evidence-based array of services to address your specific needs.

Help Where and How You Need It

Aspire takes a "no wrong door" approach to SUD treatment: no matter which door you enter, we'll find the right treatment option for you. Treatment can take place at our health centers staffed by a team of healthcare experts from varied disciplines. It may

include peer support groups, family therapy, medication, employment and housing support services and more. Addiction is often considered a family concern. Each client will receive individualized care that could include

individual, group and family services. Aspire also has community-based staff who can help people in the privacy of their homes and community.

If your disease has advanced to a critical phase, you also have the option of residential recovery centers, where people can have a safe place to live while receiving on-site comprehensive medical services.

Medication-Assisted Treatment

Aspire's medical staff utilizes FDA-approved medications to treat people with opioid use disorder and alcohol use disorder. These pharmacological interventions are most effective when used in conjunction with behavioral health therapy.

RESIDENTIAL RECOVERY

Aspire Indiana Health and Progress House consolidated to become the largest residential recovery services provider in Indiana with more than 200 beds. Our Whole Health Residential Recovery continuum allows men to receive comprehensive medical, behavioral health and recovery support services anywhere from 28 days to two plus years in one of our facilities.



Mockingbird Hill Recovery Center
(765) 641-8231
www.mockingbirdhill.org



Mockingbird Hill Recovery Center opened its doors in March 2021 with a capacity for 66 men. It is located on a lush 17-acre wooded property in Anderson, IN. The treatment center is designed for men who have been actively using drugs or alcohol and are looking to start their recovery journey by participating in individual and group therapy.



Progress House
(317) 637-9816
www.progresshouse.org



Progress House is the oldest and largest recovery residence in Indiana. Located near Downtown Indianapolis, it houses 136 men in one of our two facilities who are stabilized in their cessation of substance use and moving toward long-term recovery.

Progress House was the only Recovery Residence in the nation and the only organization in Indiana to be awarded SAMHSA's Recovery Innovation Award, recognizing it as one of the premier programs in the country.

Mockingbird Hill and Progress House are credentialed as a Federally Qualified Health Center (FQHC) and an Indiana Community Mental Health (CMHC) and are accredited by the Joint Commission with the Gold Seal of Approval, indicating they have met their rigorous performance standards in delivering safe, quality care.

Addiction is a disease you don't have to fight alone.

ASPIRE HEALTH CENTERS: Appointments: (877) 574-1254

- 1600 West Main Street, Lebanon, IN
- 17840 Cumberland Road, Noblesville, IN
- 697 Pro-Med Lane, Carmel, IN
- 2020 Brown Street, Anderson, IN
- 10731 State Road 13, Elwood, IN
- 2506 Willowbrook Parkway, Indianapolis, IN