

Healthbeat

OUR VALUES



INCLUSION

Every employee at Aspire and every person we serve feels recognized, respected and included in the organization and in the care they receive.



IMPACT

Aspire will have a profound positive impact on health outcomes and overall quality of life across our key constituencies: our employees, the people we serve, local/state stakeholders and the leaders in our fields of expertise.



INNOVATION

We will be creative thinkers/doers who steer the path forward in technology, in an engaged employee culture, in seamlessly integrating our services and in working with partners across Indiana to provide the best care possible to everyone we serve, directly or indirectly.

OUR VALUES, REIMAGINED



Christopher Lloyd, Senior Director of Branding and Communications
 Cheryl Berry, Marketing Multimedia Artist
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ARTICLES

Feature Article

Christopher Lloyd, Senior Director of Branding and Communications

Employee Spotlight

Alyssa Seifert, Marketing Intern

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Aspire Events

Maggie Spitznogle, Special Events Associate

Recognition & Aspire News

Christopher Lloyd, Senior Director of Branding and Communications

Top 5 Hottest Jobs & Welcome New Employees

Hilary Davis-Reed, Team Lead, Talent Strategy
 Brooke Elf, Recruiting Specialist

Way to Go!

Mary Sharpe, Project Associate

PHOTOGRAPHY / ILLUSTRATION

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Aspire Indiana Health Magazine | August 2023, Issue 148

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Our Top 5 Jobs

We have openings for all levels of experience and a wide range of healthcare job openings are available. Visit our website at www.AspireIndiana.org or click on one of the job links below.

1 [Practice Manager](#)

2 [CC/LSI - Adult HCBS](#)

3 [Addictions Therapist](#)

4 [Clinical Training Specialist](#)

5 [Certified Medical Assistant](#)





Our values, reimagined

By Christopher Lloyd

These new three core values will act as our guiding lights as we look to implement our new strategic plan.

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For many years Aspire Indiana Health has operated under what we call the "seven pillars" that defined our values as a nonprofit provider of comprehensive healthcare services to Central Indiana. You may have encountered the pillars in various presentations or newsletters.

Now, as we launch a new three-year strategic plan and prepare to welcome our new President & Executive Officer, Antony Sheehan, our officers and Board of Directors decided it was time

to reimagine those values as we transition into the mid-2020s... and beyond.

Our core mission isn't changing. For more than 60 years, Aspire and its legacy organizations have existed to provide high-quality healthcare to Hoosiers who need it most, especially those with complex challenges and/or relying on Medicaid and Medicare.

But we've evolved and distilled our seven pillars into three values

we think speak loudly to who we are, and where we have opportunities to grow:

INCLUSION

IMPACT

INNOVATION

These new three core values will act as our guiding lights as we look to implement our new strategic plan centered around creating health equity solutions for people with complex needs and those excluded from traditional care. Our priorities include increasing the number of people served and strengthening our corporate structure, administrative systems and clinical services.

We thank everyone who has been a part of the Aspire family, whether as a patient, employee or stakeholder, and hope we can continue to reflect the values we aspire to! ■

Employee Spotlight:



By Alyssa Seifert
Photo by Ben Rose

Denise McDonald
Practice Manager, 2 years with Aspire

Meet Denise McDonald, the practice manager who oversees Aspire Indiana Health's major substance use disorder facilities, Mockingbird Hill Recovery Center in Anderson and Progress House in downtown Indianapolis. Mockingbird Hill opened two years ago, while Progress House is the state's oldest and largest recovery residence, serving men with SUD since 1961.

With two years under her belt at Aspire, Denise has managed to make Aspire a home and help others feel the same way. She knew from her career experience prior to Aspire that her calling was with children and adult services. Coming to Aspire has given her the place to do what she loves for the people who need it.

"I love giving and helping people," McDonald says.

Not only does she help people through the work she does for the company, but Denise coaches girls' basketball in



special education after graduation. Subbing in schools, working in group homes and coaching basketball helped her to realize how much working with children means to her. She travels for basketball with her son Kase and loves to spend time with him outside of work as much as she can.

One particular moment that has stuck with Denise has been when she first met Barbara Scott, the outgoing President & Executive Officer at Aspire, at the Progress House golf fundraiser when Denise first started at Aspire. She was shocked to see the leader of a large

corporation be so involved with the company's mission - not only on a professional level, but a personal level.

Indianapolis at Pike High School. She played basketball all the way through high school and went to Murray State on a full ride athletic scholarship.


(Fun fact: She won the state championship in shot put for her school in 1997!) While at Murray State, she got her bachelor's degree in sports management and then went into


Denise says, "I felt welcomed by her and everyone else I've come in contact with working here at Aspire, and am amazed at how helpful everyone is." ■

Recognition

We're proud of the people who work for Aspire. That's why we'd like to take a moment now and again to give recognition to them for their achievements — both inside and outside of the work they do with us serving Hoosiers.



 **Nayeli Nix**, Youth and Family Care Coordinator/Life Skills Instructor with Madison County, has been training new staff and allowing them to shadow sessions. She is always willing to take on the teaching role in showing new staff what the CC/LSI role looks like in action. Thank you Nayeli!

 Congratulations to psychologist **Dr. Eboni Jenelle Starks**! Eboni


has received her HSPP (Health Service Provider in Psychology) designation after many grueling months of working with the state certification board. We are happy to have you as our HSPP for the Aspire Carmel health center!

 Front Desk Associate **Sarah Kavanaugh** greets all visitors to the Hoak health center in Anderson with a warm, friendly smile. "She is genuine and kind to everyone who walks through the door. Sarah explains practices and procedures to visitors very thoroughly and treats people with dignity and respect and is a true asset to Aspire Indiana Health."

 Thanks to **Janine Cochran**, the new ACT team nurse for being a great team player and sending weekly reminders to ensure all staff is aware of injection dates and appointments. She has done an amazing job sharing and coordinating information

between hospital visits and relaying information in a timely manner. Welcome to Aspire family!


 Admission Technician **Amy Corlew** is recognized for the amazing job she does in welcoming new residents to Mockingbird Hill Recovery Center and familiarizing them with the schedule and rules. It can be a difficult transition for many and she helps them acclimate very well!

 Licensed Clinical Social Worker **Allison Henderson** has impressed staff at the Indianapolis health center with how well she connects with patients. "She is wonderful at what she does and it's obvious that she truly cares."

 Kudos to the Aspire Community Engagement Coordinators:

Staphany Santana, Diadra Spalding, Wendy Wills and **Kama Grund**. They have demonstrated they have the skills and qualities necessary to be successful as Aspire's community-facing representatives. They work well together as a team, supporting each other with creative ideas and pitching in when anyone needs an extra pair of hands, and experience many long days hosting community events. Thanks for your willingness to jump right in and get things done!

 Certified Medical Assistant **Yvette Moran** is recognized for the wonderful job she does helping check in patients at the Aspire Indianapolis health center. "She always goes above and beyond, including staying over at the end of the day if a patient takes longer than expected. Her positive attitude, smile and bubbly personality make work that much more enjoyable."

 **Wendy Krupka**, Manager of Revenue Cycle of Management, recently joined Aspire but has already helped mentor newer employees while showing a sense of patience and understanding. "She came in like a boss! Wendy is a non-nonsense type and just wants to get the job done and get it done right.


She truly deserves a round of applause!"


 Nurse Practitioner **Melissa Etchison** is a true asset to the Hoak health center in Anderson, always willing to help others out and bringing a good attitude every day for patients and colleagues. "Checking in and checking out her patients, I am always hearing good things about Melissa and how much her patients love her!"


 **Molly Fisher**, License Eligible Addictions Therapist at Aspire's Indianapolis health center, is praised by a current intern for her helpfulness during a shadow assignment. "I have learned so much from her in such a short amount of time! I am so grateful for her help, patience and guidance!"


 Employment Specialist **Robyn King** is praised by her peers as someone who always contributes positively to the team. "Her hard work, dedication and supportive attitude have been an inspiration to all of us. She is always willing to lend a helping hand, and her willingness to step up and take on new challenges has been instrumental in the success of our team."

 Colleagues of **Lesley Chodkowski**, Manager of Comprehensive Outpatient Services, talk about how she is always there for her employees, making them feel supported and special. "She is our biggest cheerleader here in Elwood. We really appreciate having her at the helm!"

 **Jazmyne Tidwell**, Youth & Family Home Based Therapist, and **Alexius Humphrey**, Care Coordinator/Life

 Skills Instructor, are recognized for their extensive work and dedication to patients with complex needs. "We are so thankful for the effort they put into serving families, even when having to make hard decisions. Thank you, Jazmyne and Lexi, we appreciate you, always!"

 Care Coordinator/Life Skills Instructor **Elaina Youngburg** has been a great help with shadowing and teaching opportunities for new staff at Aspire's Indianapolis health center. "She is a great example of what success looks like in the CC/LSI role. Thank you for everything you do, Elaina!"

 **Theresa Marsee-Hunt**, Practice Manager of Aspire's Indianapolis health center, is praised for her

Recognition continued on page 9

Welcome New Employees!

Margaret Adeniyi

Care Coordinator/Life Skills
Instructor - Adult
Indianapolis

Pei-tzu Angela Su

Staff Nurse
Hoak

Patricia Borden

Life Skills Coach - SGL
Hudson

Laura Cagle

Peer Specialist
DeHaven

Ermine Civil

Staff Accountant
Administration

Stacey Curnutt

Non-Licensed Clinician
DeHaven

Hannah Daniels

Certified Recovery
Specialist May House

Eric Ebert

Manager-Food Services
Progress House

Emily Ehrlich

Pre-Doctoral Intern
Indianapolis

Niya Henderson

Talent Sourcing Specialist
Administration

Elizabeth Kaufman

Care Coordinator/Life Skills
Instructor-Youth & Family HCBS
Indianapolis

Daniell Koepke

Pre-Doctoral Intern
Carmel

Rasheeda Liverman

Administrative Assistant
Administration

Candace Nickens

Life Skills Coach/Direct Care
Professional
Hartung

Michael Olan

Pre-Doctoral Intern
Noblesville

Kaitlin Purdy

Care Coordinator/Life Skills
Instructor
Carmel

Desiree Rayford

Certified Medical Assistant
Noblesville

Justin Roth

Practice Manager
Carmel

Tristyn Ryan

FQHC Therapist
Noblesville

Amanda Shepherd

Practice Manager
Elwood

Michael Taylor

Care Coordinator/Life Skills
Instructor Youth & Family HCBS
Indianapolis

Micah Thompson

Infectious Disease Case Manager
Hoak

Santos Torres

Life Skills Coach
Hudson

Clark Tudor

Wraparound Facilitator
DeHaven

Lori Webb

Administrative Assistant
Administration

Heather Whitney

Masters Level Therapist-
Outpatient

Katherine Williams

Nurse Practitioner - Primary Care
Noblesville

Van Wimsatt

Transportation Associate
Indianapolis

Aspire News and Events



DEMETRIUS DILLARD ON AI PODCAST

Demetrius Dillard, Senior

Director of Information Technology for Aspire Indiana Health, was featured on the AZ TechCast as one of a panel of experts discussing protecting data privacy when using Generative AI (Artificial Intelligence). As a healthcare company bound by HIPAA rules, Aspire takes exhaustive measures to protect the personal health information of those it serves.

[Click here](#) to learn more and watch/listen! ■

FAIRMOUNT CLINIC CLOSED

As of Aug. 1, Aspire Indiana Health's clinic in Fairmount, Ind., has closed. Two years ago Aspire partnered with the Madison-Grant Jr.-Sr. High School to open a primary care clinic in an unused building on their campus, with services available to students, staff and the surrounding community.

We're proud to have served the community, and will continue to do so. Existing patients are able to see Nurse Practitioner Michelle McDowell at the Elwood health center just a 15-minute drive away, or through a Video in Person (ViP) appointment on their computer or mobile device. ■

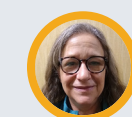


Jacqui Cook
Gina Forrest
Kia Hampton
Desire'e Greer
Kelly Hawkins
Alicia Johnson-Bryant
Theresa Marsee-Hunt
Stephanie Murdock
Sheila Wright



Recognition continued

collaboration and working to resolve issues that can arise between teams. "She always makes sure she has all the information she needs to help make the best plan and decision to solve any issues that may come up. We really appreciate all of her hard work!"



Jacqui Cook,

Addictions Therapist at Aspire's Carmel health center, previously worked as a Care Coordinator/Life Skills Instructor before obtaining her master's degree in social work. After finishing her final practicum at Progress House this spring, she hit the ground running in Carmel. "Jacqui has jumped in to help with groups and take on clients right away. She does it with a positive attitude and is already such a wonderful team member!" ■

Anderson Black Expo

by Wendy Wills



Top photo, back row, left to right: Joseph Dixon, Wendy Wills, Toneko Kayzer, Lorraine Richardson, and Merian Cottrell.

Right: Aspire staff members Wendy Wills and Merian Cottrell (photo by Ben Rose).

Aspire was proud to participate in the 52nd Anderson Black Expo — a place where African Americans can express themselves and see the different talents and personalities in the community and a place where Black families can demonstrate pride in their ethnicity and culture. ■



Aspire Events

by Maggie Spitznogle



Save the date! November 9th 2023 Progress House will be hosting **Fight Night** in partnership with Indiana Golden Gloves! Come join us for dinner, a raffle, a great boxing match, and more! Registration and more details are to come, so be on the lookout! All updates will be posted to [Progress House's website](#) on the Fight Night Event Page.