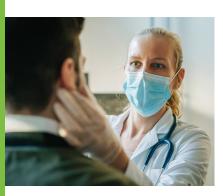


## **PRIMARY CARE SERVICES**



Aspire Indiana Health is proud to offer fully integrated "whole health" services to Central Indiana including Primary Care. Like any family medicine practice, our six clinics offer high-quality, compassionate primary care for Hoosiers from every walk

of life, from small children to senior citizens, as well as prenatal care.

Our skilled team of experienced physicians, nurses and other medical personnel are equipped to deal with all standard preventive and routine medical care including annual physicals, sports physicals, pregnancy tests, blood tests, and so on.

Aspire patients also receive the benefit of having their medical care fully integrated with other comprehensive services as needed including behavioral health, substance use treatment, employment and housing assistance, and other social factors that impact a person's physical and mental wellbeing.

Here, we treat the entire person and not just their symptoms.

We are an accredited Federally Qualified Health Center (FQHC), meaning we meet the high standards required to accept Medicare and Medicaid, as well as most forms of private insurance. Aspire also offers a sliding-fee scale for the uninsured. We are nonprofit and will not refuse medical services based on the ability to pay.

# Types of primary care appointments can include:

- · Physical exams
- · Sports physicals
- Well child exams including infants
- · Women's health visits
- · Medicare wellness visits
- Common illnesses (flu, cold, etc.)
- Acute health needs (e.g., bronchitis, sinusitis)
- Chronic health needs (e.g., diabetes, high blood pressure)
- Hepatitis C and HIV testing/case management
- PreP treatment
- · Blood draws
- In-office quick tests (e.g., strep testing)
- Medication-Assisted Treatment (MAT)
- Commercial driver's license physicals (CDL)

## In-office testing capability includes:

- Accu-Chek (blood sugar check)
- Microalbumin urine testing (testing for protein in the urine)
- Streptococcal testing (strep throat)
- Hemoccult (testing for blood in stool)
- Urine dip (testing for infection or blood in urine)
- Flu (testing for influenza during flu season)

#### Other available tests:

- COVID
- PAP test



Choose to see your primary care provider in one of our Central Indiana clinics or through Video in Person (ViP) appointments on your computer or mobile device.

\*\*While ViP appointments cannot replace a physical examination, they can often be used for basic medical concerns or as a first step to see if an in-person exam is needed.\*\*

### **HOW TO GET HELP**

- Appointments....(877) 574-1254
- Website .....www.AspireIndiana.org

For after hours non-urgent medical concerns call (877) 574-1254.

If it is a medical emergency please call 911.

Aspire Indiana Health accepts Medicaid, Medicare and most commercial insurance. We also offer a sliding-fee scale for clients who are uninsured and have health navigators to assist people in obtaining coverage.

## WE HAVE HEALTH CENTERS IN THE FOLLOWING CENTRAL INDIANA LOCATIONS: