



WHOLE HEALTH FOR YOUR WHOLE FAMILY

SCHOOL BASED SERVICES

Aspire Indiana Health is a nonprofit fully integrated healthcare provider serving children and adults in Marion, Boone, Hamilton and Madison counties, where we are certified by the state of Indiana as a Community Mental Health Center (CMHC). School-Based Services are counseling services provided through a partnership with a local school system.



Our school-based teams of mental health experts treat children of all ages whose behavior and functioning has been impaired by a variety of challenges that can include ADHD, anxiety, adjustment to trauma and loss, behavioral problems, depression, substance use, thought disorders, and more.

School-Based Services may include one or more of the following:

- Individual Therapy
- Family Therapy
- Individual & Group Skills Training
- Case Coordination
- Psychological Assessment
- Medication Management

If needed, a student receiving counseling services in a school-based setting may be referred to other comprehensive healthcare services provided by Aspire such as primary medical care, addiction treatment, etc.

School-Based Services through Aspire are currently available in Boone, Hamilton, Madison and Marion

Counties. Please reach out to our school based support associate for more information about services available in your school.

### How to Get Help

School-Based Services may be initiated by a referral from the school or by the parent. If you

are interested in services for your child, please contact Aspire's School-Based Services team at (317) 587-0568. You will need to provide your child's name, insurance information and other basic demographics. You'll be scheduled for an intake assessment that typically lasts two hours and can be in-person at the school or virtual.

When you come for the intake assessment, you will need to bring your driver's license/photo ID and your child's insurance card. Only parents or legal guardians may consent to treatment. If you are not the child's biological parent, you will need to provide proof of legal guardianship.

If you are a school representative interested in a partnership with Aspire, please contact Amanda Votaw, Director of Youth & Family Services for Aspire at: [amanda.votaw@aspireindiana.org](mailto:amanda.votaw@aspireindiana.org).

Aspire proudly accepts Medicaid and most traditional insurance. We also offer a sliding-fee scale for uninsured consumers.

**Appointments: (317) 587-0568**

**24/7 Crisis: (800) 560-4038**

**[www.AspireIndiana.org](http://www.AspireIndiana.org)**