



2022 Annual Report

# LAYING DOWN NEW ROOTS



**Aspire**  
Indiana Health™

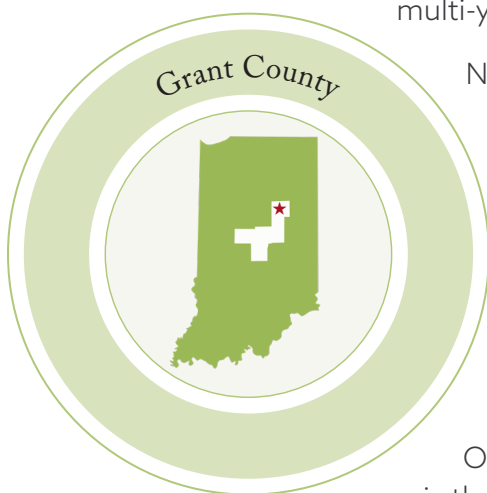




*Aspire held an open house and ribbon cutting for their new, much-needed clinic in Fairmount, IN.*

## LEARNING AND GROWING

The theme for our 2021 Annual Report was "Recovery & Stabilization." Aspire Indiana Health was ramping down from the pandemic stages of COVID and looking for a strategic pause as a number of big multi-year projects neared completion.



Now, with one huge set of challenges behind us, it's time to start thinking about our next three-year strategic plan and what Aspire needs to become in the days that lie ahead. It's a period of planning – learning from our triumphs and mistakes, and looking at where it makes sense to grow next.

Obviously the biggest transition ahead is the retirement of President & CEO Barbara Scott, who has informed the Board of Director of her intention to pass the baton to the next leader at the end of the current fiscal year, June 2023.



**Michael Collette**  
*Aspire Indiana Health Board Chair*



**Barbara Scott, LCSW, MBA**  
*President & Executive Officer,  
Aspire Indiana Health*





## Strength



A nationwide search is now underway for her successor, and Barbara has agreed to stay on in an advisory role as needed.

Under her tenure, Aspire has experienced tremendous growth and expansion of its healthcare services. We ramped up primary care from its initial roll out to a core part of a fully integrated healthcare model. There was a major affiliation with Progress House coinciding with the launch of an addiction treatment facility, Mockingbird Hill Recovery Center, to create the largest mens substance use disorder residential continuum in the state.

We've opened up a new clinic in Fairmount, and undergone major renovations/expansions of the Noblesville and Indianapolis health integrated care sites. Aspire has also expanded its social service programs and organized them under the title of Social Drivers of

*We had more than 50 people marching in the Indy Pride parade, making us one of the largest represented groups!*







*Aspire partnered with other health services at Shadyside Park in Anderson to provide free health screening and low-cost vaccinations to community families.*

*Kids Talk moved their services to a new location in downtown Anderson.*



Health. Fundraising, once an afterthought in the revenue portfolio, is on the verge of taking a giant leap forward.

So we're laying down new roots and thinking about big things to come.

Overall, the philosophy remains much the same. Aspire is not looking to compete with the healthcare giants or push quality providers out of congested markets.

Instead, we look for areas of deficiency and how to insert our model of healthcare built to serve Hoosiers with complex needs. Our goals are to find places where people aren't receiving the primary care, behavioral therapy, substance use disorder treatment and programs to address social and environmental issues impacting their quality of life.

As we seek to address health inequities in the communities we serve, Aspire is also looking inward at how to build an inclusive culture that recognizes the powerful influence of systemic racism and other forms of bias that result in wide disparities in health







outcomes. We hired our first-ever Culture Officer, Dr. Gina Forrest, to help guide us on this vital journey and grow in our identity as a diverse company that is welcoming to all.

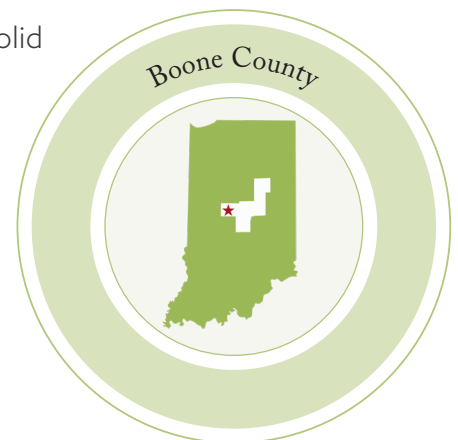
*top and top left photo: Employee Appreciation Day at Connor Prairie.*

*bottom left photo: Diane Schultz, retired Executive Director for Boone County Chamber recognizing Aspire as sponsoring the series.*



The secret to our future success, we believe, is striving to have growth that is intentional and strategic, rather than reacting randomly to sudden or transitory challenges. That's why it is so important to learn our lessons from the last few years and apply them to what's to come.

What is clear is that Aspire remains on solid financial and strategic footing to tackle this next phase of growth. Our thanks to Barbara for her decades of service at Aspire and advocating on behalf of vulnerable Hoosiers. And our gratitude goes to an amazing staff that has weathered the COVID storm better than anyone could have expected.





# BOARD OF DIRECTORS

**Board Chair, Michael Collette**

**Board Vice Chair, Obadiah Smith, Jr.**

**Board Treasurer, Michael J. Hall**

**Board Secretary, Ted Sherfick**

Carolyn Barr

Lee Cannon

John Demaree

Chandler Lawson Flynn

Shelagh Fraser, MD

Duane Hoak

Eric A. Marcotte, MD

Oz Morgan

Kyle Morris

Leroy Quashie

Audrea Racine

Jeffrey L. Reed

Trent Scott

Marjorie Shell

Rob Spaulding

Daniel Stevens

## EXECUTIVE STAFF

President/Executive Officer.....	Barbara Scott, LCSW, MBA
Finance Officer .....	Tim Crockett, MBA/MSSF, CMPE
Culture Officer .....	Gina Forrest, PhD
Operations Officer .....	Jody Horstman, PhD, HSPP
Information Officer .....	Jim Skeel, LMHC
Medical Director, Primary Care .....	Jon Butler, MD
VP, Behavioral Health Services.....	Beth Eiler, MSW, LCSW
VP, Primary Health .....	Sydney Ehmke
VP, Social Drivers of Health.....	Mike Keevin
VP, Strategy/Business Development ....	Jerry Landers, PhD
VP, Recovery Communities .....	Darrell Mitchell







# ASPIRE PROGRAMS AND SERVICES

## Crisis Services (24/7)

Total contacts to the Crisis Dept (phone and emails) .....	17, 435
*Total CIT police officer involved interventions .....	1,001
*Total Crisis walk in hospital emergency evaluations .....	516
Planned Behavioral Health inpatient admissions.....	71
Total emergency interventions involving youth .....	333

*\* Approximately 50% (758) of the police interventions and walk-in hospital evaluations result in a behavioral health inpatient admission.*

## Kids Talk Child Advocacy Center

- 462 children were served through forensic interviews
- 294 parents/caregivers served through victim advocacy
- Prevention instruction was still in virtual format in FY 2022 and was taught by teachers. Approximately 10 schools accessed and presented to roughly 8,000 students.
- Stand Up for Kids raised \$33,500

## Aspire Services

Outpatient .....	98,029
Community Based - Adult.....	54,523
Substance Use Residential .....	45,159
Supported Group Living.....	41,183
Medical .....	32,831
Community Based - Youth .....	23,836
Uncategorized .....	18,653
School.....	18,272
Recovery Residence .....	13,394
<b>Grand Total .....</b>	<b>345,880</b>

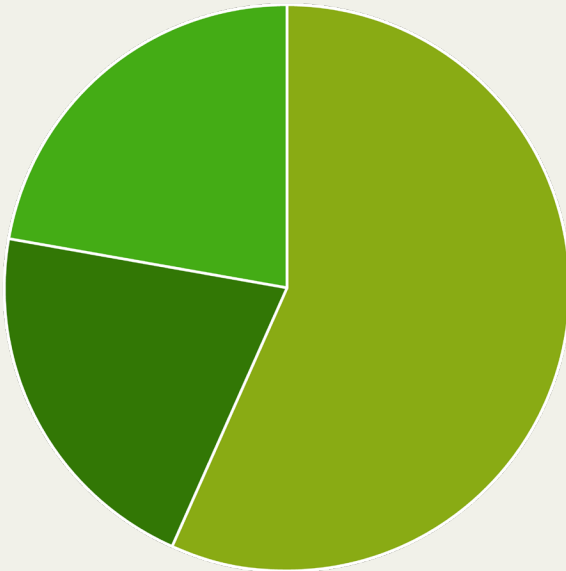
## Access Services

Incoming calls to the Contact Center .....	71,910
Incoming call to Crisis .....	6,239

## Housing Clients Served

Veterans .....	147
Permanent Supported Housing Grants .....	139
Treatment for Individuals Experiencing Homelessness Grant...	197
Emergency Solutions Grant .....	189
Housing First Grant .....	14
6th Street Co-op .....	6
HUD Properties.....	128
Aspire Manor.....	12
May House.....	31
<b>Totals .....</b>	<b>863</b>



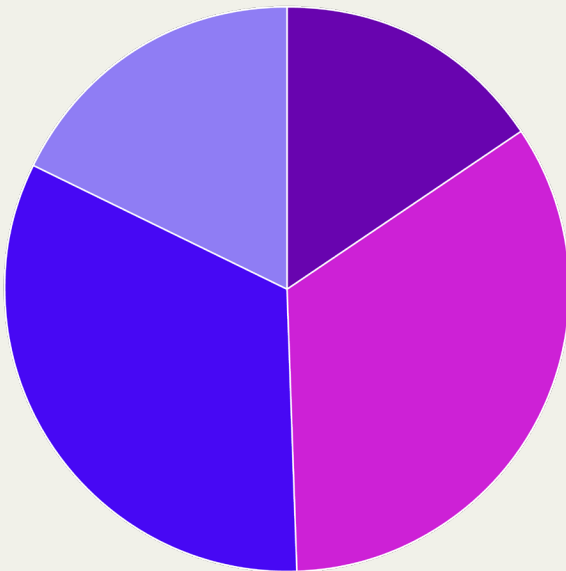


## PEOPLE SERVED

**Serious Mental Illness**  
**56.88%**

**Seriously Emotionally Disturbed Youth**  
**20.96%**

**Chronically Addicted/  
Substance Use Disorder**  
**22.13%**



## PEOPLE SERVED

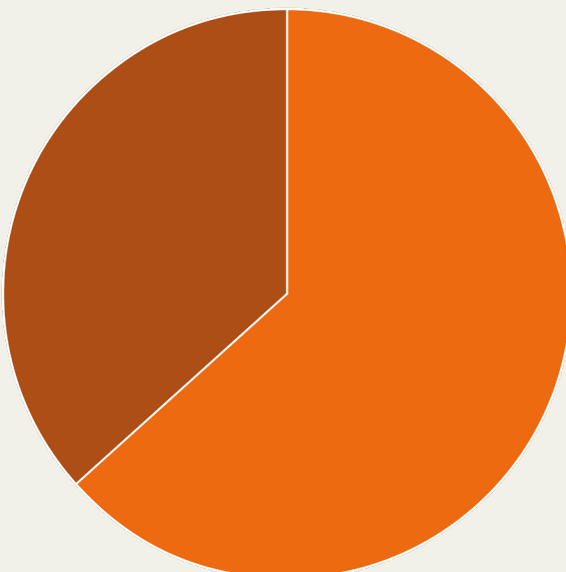
*by Age Group*

**0-17 15.8%**

**18-34 33.7%**

**35-54 32.8%**

**55+ 17.7%**



## PEOPLE SERVED

*by Income Status*

**Publicly Supported**  
**63.52%**

**Privately Supported**  
**36.48%**





## PRIMARY HEALTHCARE

High to Moderate Occurrences

Moderate Occurrences

Low Occurrences

**ONE IN FOUR  
PEOPLE**

**BLOOD DISEASES**

*Diabetes, Anemia, Obesity,  
Metabolic Disorders*

**ONE IN SIX  
PEOPLE**

**CIRCULATORY DISEASES**

*Hypertension, Heart Disease,  
Atherosclerosis*

**ONE IN SEVEN  
PEOPLE**

**MUSCULOSKELETAL  
DISEASES**

*Back Pain, Arthritis, Gout,  
Rheumatoid Arthritis,  
Osteoporosis*

**ONE IN SEVEN  
PEOPLE**

**EYES/EARS/  
NERVOUS SYSTEM**

*Sleep Disorder, Migraine,  
Dystonia, Epilepsy*

**ONE IN EIGHT  
PEOPLE**

**REPIRATORY DISEASES**

*Asthma, Chronic Obstructive  
Pulmonary Disease, Pharyngitis,  
Sinusitis, Bronchitis, Pneumonia*

**ONE IN NINE  
PEOPLE**

**INFECTIOUS/ PARASITIC  
DISEASES**

*Hepatitis, Yeast Infection,  
Skin Rash, Herpes, HIV*

**ONE IN ELEVEN  
PEOPLE**

**DIGESTIVE DISEASES**

*Reflux, Intestinal Disorder,  
Chronic Hepatitis*

**ONE IN TWELVE  
PEOPLE**

**GENITOURINARY DISEASES**

*UTI, Chronic Kidney Disease,  
Enlarged Prostate,  
Erectile Dysfunction,  
Vaginal / Menstrual Irregularity*

**ONE IN  
NINETEEN  
PEOPLE**

**SKIN DISEASES**

*Dermatitis, Acne, Cysts,  
Psoriasis, Skin Allergy*

**ONE IN  
THIRTY-THREE  
PEOPLE**

**EXTERNAL INJURY/  
POISONING**

*Strains, Sprains, and  
Other Injuries*



## BEHAVIORAL HEALTHCARE

High to Moderate Occurrences

Moderate Occurrences

Low Occurrences



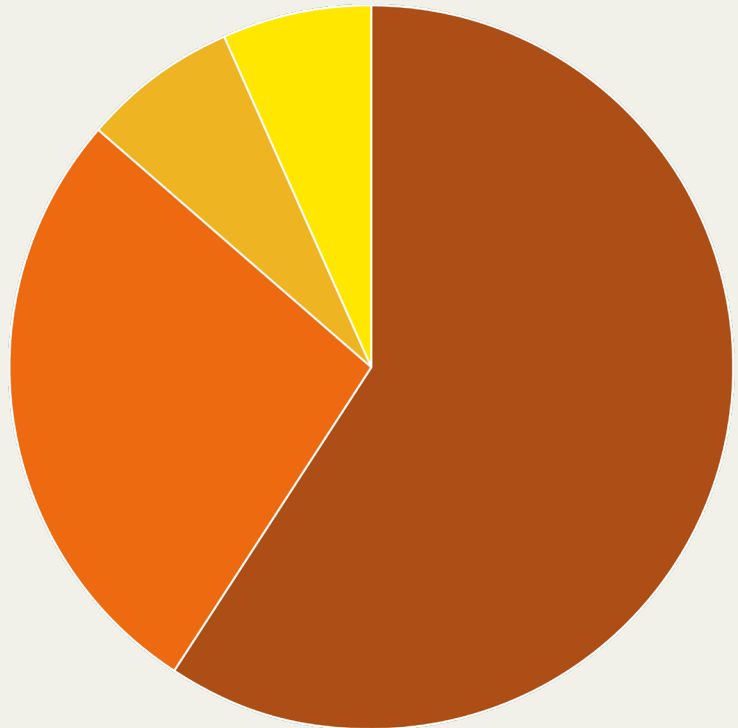
# Community





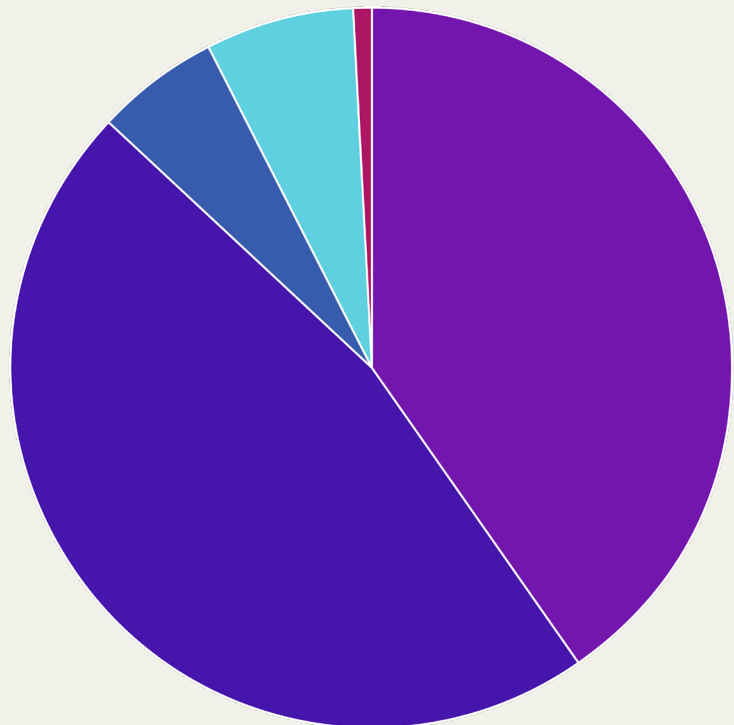
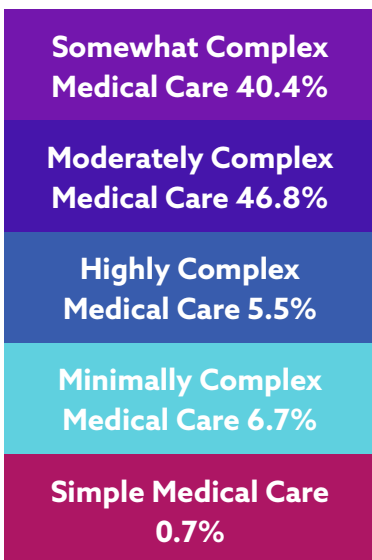
## BEHAVIORAL CARE

*Intensity of Services*

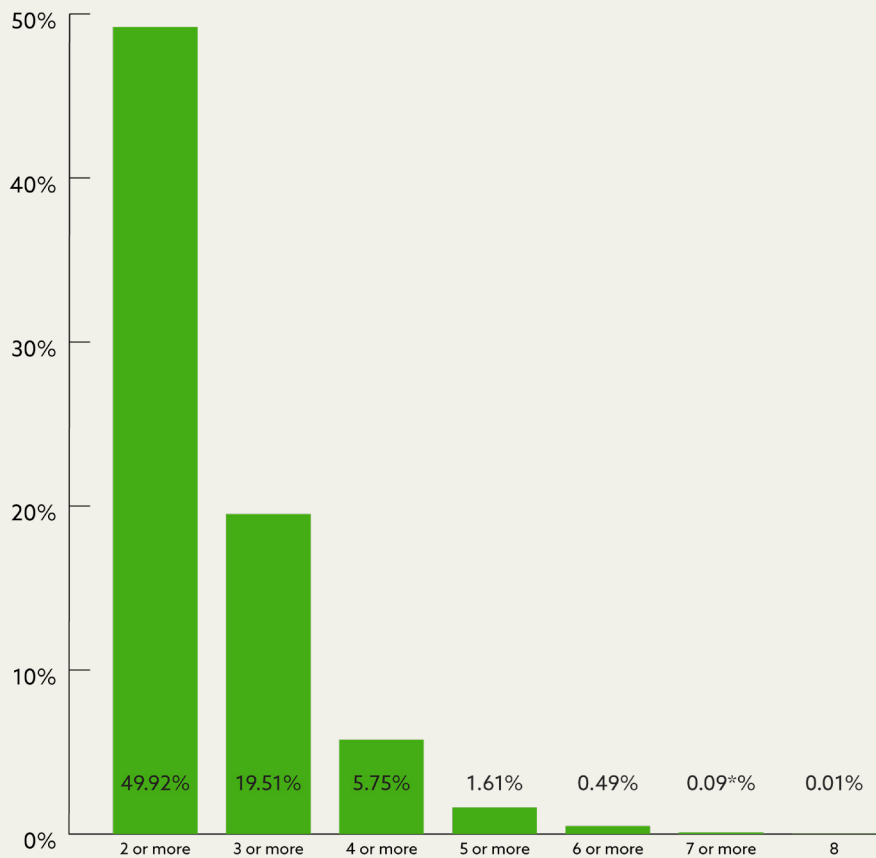


## PRIMARY CARE

*Complexity*

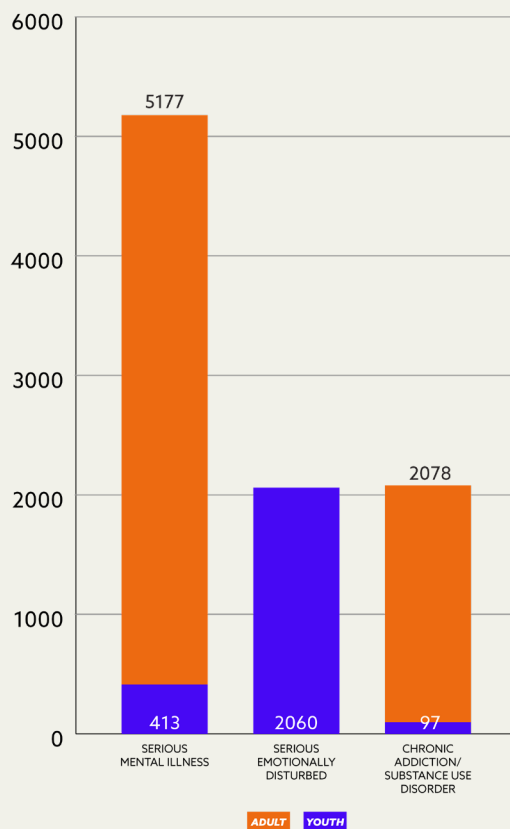






## PATIENT CARE INTEGRATION

*of more than one type  
of care*



## ADDITIONAL BARRIERS

*to treatment*





# FINANCIALS

## Revenue

Net client service revenue .....	23,563,625
Government/Grants .....	13,777,698
County funding .....	5,218,502
Interest and dividend income.....	1,248,233
Contributions .....	178,264
Net rental revenue.....	1,267,020
Drug Saving Program.....	13,716,505
Other .....	656,658
<b>Total .....</b>	<b>\$59,626,505</b>

## Expense

Mental Health/Substance Abuse/Recovery .....	55,865,854
Housing .....	862,299
Resource Development .....	400,291
<b>Total Expense.....</b>	<b>\$57,128,444</b>
Reserve for future growth and investment .....	\$2,498,061

