

# Healthbeat



## PREPARING FOR THE END OF THE PUBLIC HEALTH EMERGENCY



When the federal COVID-19 public health emergency ends, many Hoosiers could lose their Medicaid benefits. Taking action now could help you stay covered.



Christopher Lloyd, Director of Branding and Communications  
Cheryl Berry, Marketing Multimedia Artist/Specialist

## ARTICLES

### Feature Article

Christopher Lloyd, Director of Branding and Communications

## IN EVERY ISSUE

### Aspire News

Christopher Lloyd, Director of Branding and Communications

### Top 5 Hottest Jobs & Welcome New Employees

Hilary Davis-Reed, Team Lead, Talent Strategy  
Brooke Elf, Recruiting Specialist

### Way to Go!

Mary Sharpe, Project Associate

## PHOTOGRAPHY / ILLUSTRATION

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# Preparing for the end of the Public Health Emergency

Since the start of the COVID pandemic, the U.S. and state of Indiana have operated under the declaration of a Public Health Emergency (PHE) that eased some rules on how people on Medicaid can receive healthcare.

While COVID cases are still occurring, the government is expected to end the PHE sometime in the new year.

Federal agencies are required to give a 60-day notice to end the emergency declaration, and declined to do so in November – meaning the earliest PHE could end would be January. But now is a good time to alert patients and providers to be on the lookout for a mailing from the federal Family and Social Services Administration (FSSA) that will contain vital information about what will change post-PHE.

Approximately 25% of current Aspire Indiana Health patients on Medicaid are expected to be affected – potentially including their continued Medicaid eligibility. Some Hoosiers who might otherwise have discontinued receiving Medicaid benefits through the regular annual ‘redeterminations’

CHECK YOUR COVERAGE

INDIANA

Take action now to keep health care coverage!

During the federal public health emergency, no one lost their Medicaid coverage, but when it ends, many Hoosiers could lose their benefits. Taking action now could help you stay covered.

Is your address correct? What is your income? To help you have the right health coverage, Indiana Family and Social Services Administration needs all Medicaid members to take these steps to ensure we have current info.

- Go to [FSSABenefits.IN.gov](https://FSSABenefits.IN.gov)
- Scroll down to the blue “Manage Your Benefits” section
- Click on either “Sign in to my account” or “Create account”

Watch your mail! Be sure to respond with any info you’re asked for. Need help updating your address? Call 2-1-1.

HIP

Hoosier Healthwise

Hoosier CARE CONNECT

rules after the PHE ends. This includes responding to ongoing verification requests when there is a change in the person’s circumstances, such as an increase in income.

If you or a loved one are currently receiving Medicaid, be on the lookout for one of these verification requests from FSSA with updated information they need to provide. They will only have 30 days to respond or lose their Medicaid benefits. This includes if they are on one of Indiana Medicaid’s health coverage programs, such as Healthy Indiana Plan, Hoosier Healthwise and Hoosier Care Connect.

While you are waiting on that mailer, we encourage you to visit [FSSABenefits.IN.gov](https://FSSABenefits.IN.gov) and login (or create a new account) to check on the status of your Medicaid benefits, or call (800) 403-0864. ■

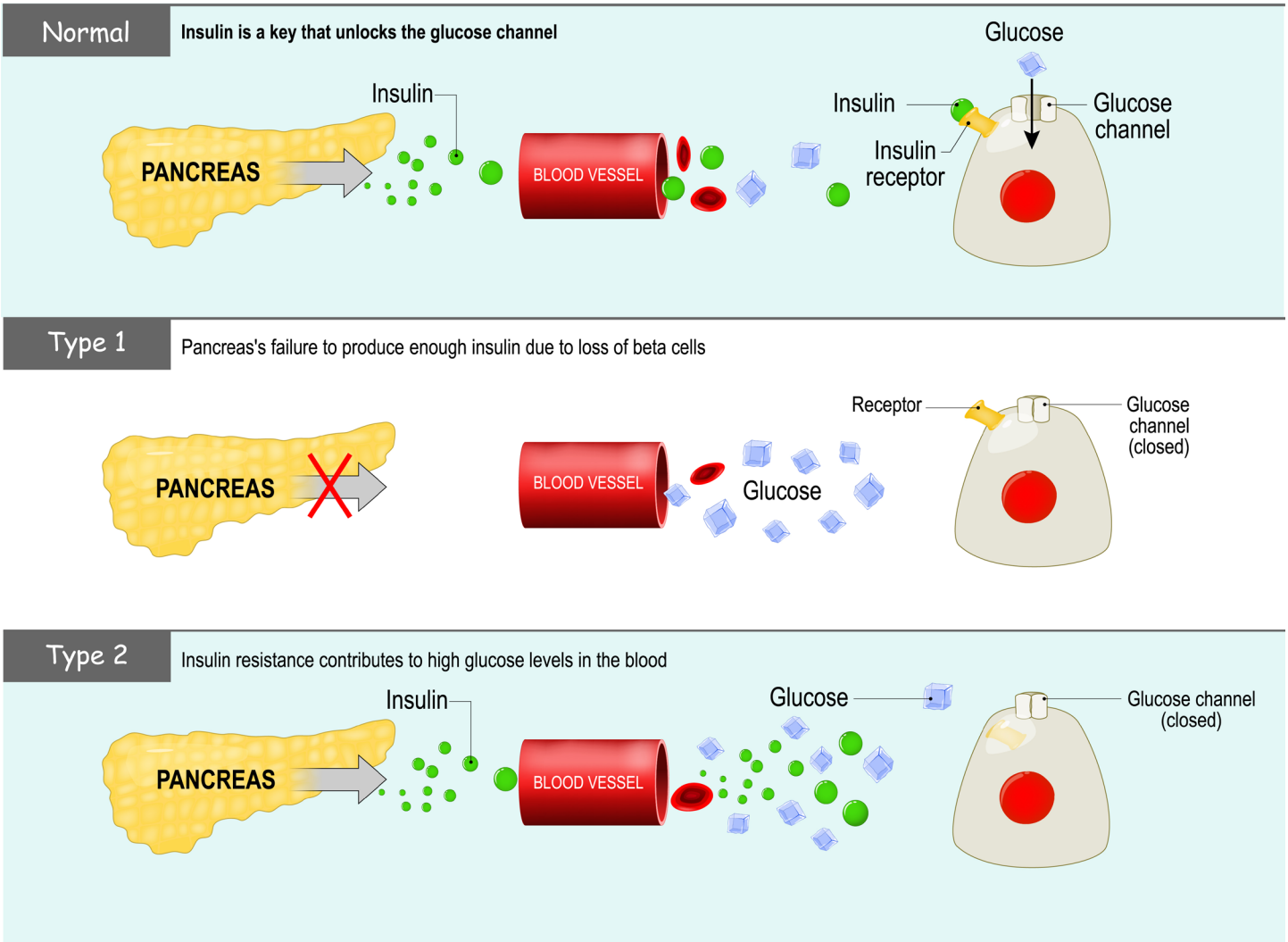
during PHE could find themselves disenrolled after it ends. States will have 12 months post-PHE to return to normal operations. Individuals who have continued to meet all eligibility requirements during the federal PHE will be subject to regular

# Living with Diabetes

November was National Diabetes Month! And there is a need for more awareness.

More than 37 million Americans have diabetes, and approximately 90-95% of them have type 2 diabetes. Many more are prediabetic, so all together, one in seven Americans have some form of a diabetes diagnosis.

Melanie Obremski, Aspire Manager of Youth & Family Home & Community Based Services, talked about the daily challenges people with diabetes face, the resources available to help and her own diabetes journey. ■





# Aspire dedicates expanded Noblesville clinic

Aspire Indiana Health dedicated the expansion of its Noblesville health center on Wednesday, Nov. 2 with a ribbon cutting ceremony and open house.

Last year Aspire began the expansion of its Noblesville facility that doubled its size to 27,000 square feet. The enhanced facility will better allow Aspire to deliver its model of nonprofit comprehensive healthcare including family medicine, behavioral healthcare, addiction services and programs addressing social drivers of health.

The \$6.9 million project also included renovation of the existing space and addition of an in-house pharmacy through Aspire's partnership with Genoa Healthcare.





# The Top 5 Hottest Jobs



- 1 Manager, People Operations
- 2 Employee Health Nurse
- 3 Clinical Internship Coordinator
- 4 Director Addictions Treatment Program
- 5 Clinical Director, Residential Recovery Services



# Welcome New Employees!

Helen Beyene  
Data Reporting and  
Query Analyst  
Administration

Adrianna Burgos  
Manager, Talent Acquisition  
Administration

Donna Carrico  
Patent Access Specialist  
Noblesville

Chelce Carter  
Prevention Specialist  
Kids Talk

Janine Cochran  
Staff Nurse  
Carmel

Duane Finley  
Front Desk Associate Progress  
House

LaDonna Gray  
Direct Care Staff  
Questend

Yvette Howes  
Assessment Clinician  
Indianapolis

Cassandra Lloyd  
Registered Nurse  
Carmel

Ron Mayes  
Employment Specialist  
Indianapolis

Sarah McWhorter  
ASL Staff Interpreter  
Willowbrook

Jessica Simpson  
Residential Recovery  
Technician Mockingbird Hill

Tadd Whallon  
Residential Addictions  
Therapist Mockingbird Hill

Brianna Williams  
License Eligible Staff Therapist  
Indianapolis

Herbert Zinzombe  
Nurse Practitioner - Psychiatric  
Indianapolis



Terry Brewer  
Kellie McCrocklin  
Merri Daniel  
Mike Garland  
Yvette Johnson  
Hannah Kummer  
Kaitlin McBane  
Patricia Nikolov  
All of Noblesville  
patient support specialists  
Heather Smith  
Ryan Stadnick