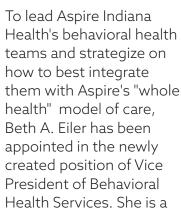


Meet Beth Eiler,

our new VP of Behavioral Health!



veteran leader in healthcare administration and innovation, and will oversee all of Aspire Indiana Health's behavioral health programs and staff.

She also strategizes how to best integrate behavioral health with primary medical care, recovery services and social determinants of health programs.

Eiler, a Licensed Clinical Social Worker (LCSW) who earned her Master of Social Work degree from Indiana University, has been a leader in the social service and healthcare industry for more than 30 years. She has worked in both the public and private sectors, for nonprofits like Aspire as well as for-profit companies.

Over the course of her career she has had the opportunity to run and grow multiple



"I joined this company because of their values: People, Integrity, Laughter, Learning, Accountability,

Relationships and Self-care. Aspire is committed to helping people live their best life, which mirrors the way I have approached enhancing the patient experience my entire career," she says.

Eiler currently sits on the Board of Directors for AYS, Inc., a non-profit organization providing before and after school care, and is the Chair-Elect. She is a past Board member of INARF, Planned Parenthood of Greater Indiana, IARCCA, and the Indiana Child Care Fund. She is a graduate of the Lacy Leadership Association and the United Way Executive Women's Leadership Program.

She lives on a small lake in northwest Indianapolis, and says it's both her home and perfect vacation spot.



JOSEPH DIXON ON GIVING,

FRIENDSHIP,

LOVE, RESPECT,

ENCOURAGEMENT

AND VALUE.



JOSEPH Dixon joined Aspire in February of this year as one of the first round of hires for the new Mockingbird Hill Recovery Center as a Residential Recovery Technician. He was quickly recognized as someone who could establish excellent rapport with the residents and earned the respect of his colleagues, so he was recently promoted to Shift Leader.

In this role, he assists the clinical staff with oversight of residents, making sure they go to group meetings or receive their medication, are getting enough rest and recreation, and act as a friendly face and reassuring voice. This last part is something Joseph knows very well after working for 20 years in the live entertainment industry as a drummer and sound engineer, also running his own company doing DJ work and sound systems for live bands, church and ministry events, corporate events, weddings, and medium sized festivals.

"I've done production for Brian McKnight, The O'Jays, Rick James, and I've provided and operated the sound for most of Central Indiana's top corporate/wedding bands," he says.

Although Joseph does not have a history of substance use disorder (SUD) himself, he very much empathizes with the residents because of his own struggles in life. He experienced racism and depression as a child and young adult, reaching a critical point with trying to take his own life at age 22.



Joseph DixonAspire Shift Leader at Mockingbird Hill

II They deserve respect, they deserve love, and they deserve to know that they WERE made to count! II

"I think that's why I care so deeply for others. I know what it's like to feel like you just weren't made to count and I never want anyone to feel that way," he says.

Joseph loves to chat with residents, learn their stories and look for ways to encourage them in their recovery, their interests, their relationships and their lives.

"The biggest thing our clients have passed on to me is that they are regular people with feelings, with loved ones, with families, and who aren't any better or worse than anyone else. They all have value! They all have experiences and knowledge and I learn something from them almost every shift," he says. *(continued)*

(Employee Spotlight continued)

"They just have different struggles than I do. Their battles are different than mine. They deserve respect, they deserve love, and they deserve to know that they WERE made to count!"

Joseph has eight children, including five from his first marriage, and is an advocate for the Shared Parenting movement that seeks equity in custody and support of children following divorce. He has made many appearances at events in support of the cause and on national television news. He points to his friend Kash Jackson, a Navy veteran and gubernatorial candidate in Illinois, as an inspiration for family court reform.

"Every day in family courtrooms all over this country, good loving parents walk in as equal parents and then walk out being relegated to 'visitors' in the lives of their children," he says.



This year, Aspire Indiana Health was recognized with the "Advancing Health Information Technology for Quality" Badge from HRSA which

recognizes health centers that meet all criteria to optimize HIT services that advance telehealth, patient engagement, interoperability, and collection of social determinants of health to increase access to care and advance quality of care.

These Badges are awarded each year for quality across clinical measures, access, health disparities, and Patient Centered Medical Home Recognition, based on data submitted through the UDS process. Congratulations to all involved in this success!

Aspire to open new health center in Fairmount

Later this month, Aspire Indiana Health will open a new health clinic on the grounds of the Madison-Grant Jr.-Sr. High School campus in Fairmount, Ind. This is a partnership between Aspire and the Madison-Grant United School Corporation as part of a national trend of schools looking for robust healthcare options for students beyond the traditional school nurse model.

The health center will occupy the standalone former administration building and provide family medicine, lab tests, prescriptions, pediatrics, elder care, acute and chronic care management and more. Services are available to students during school hours and anyone in the Madison-Grant community via an appointment.



Click on the image above to view.

From Listener to Leader

When Levi first showed up for group recovery meetings at Aspire Indiana Health's health center in Lebanon, he didn't seem very involved. He'd been through tough times, battling addiction and a family

history of abuse. But he mostly just sat there, listening to others without contributing much.

With time, though, Levi became more and more involved. Not only did he speak about his own story, he talked to others in the group and gave them encouragement and guidance based on his experiences. His addiction counselor says that others in the group, especially newcomers, came to see him as a leader.

The most important journeys we take in life are usually not a straight line, and that's especially true of addiction recovery. Levi faced his own setbacks, including relapse, and has had to work hard to mend ties with his loved ones. But he's still on the path, chasing hope.

It takes incredible bravery to share your addiction story. Thanks to Levi for being a leader — again.





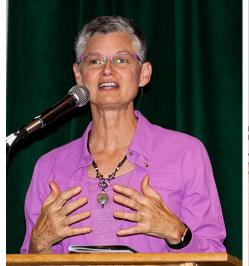
Stand Up for Kids Recap!

Comedian Shawn Reynolds playing to a full house at the Paramount Theatre.

Thank you to everyone who attended or supported the 6th Annual Stand Up for Kids comedy fundraiser on Sept. 11 to benefit Kids Talk, a Madison County child advocacy program. Last year's event had to be canceled due to COVID, so we were pleased to welcome back nationally touring comedian Shawn Reynolds as the headliner.

Kids Talk has a very serious mission providing children a safe space where they can talk about abuse or neglect they've experienced or witnessed, and now the organization has expanded to also address abuse of elders and vulnerable adults, and sex trafficking. So it's great to have a roomful of laughing people to support the cause.

See you next year!























Top row, L to R: Aspire Kids Talk staff members Julie Coon & Kelsey Green, Amy Bounds & Becky Oldham.

Second row, L to R: Master of Ceremonies comedian Steve Jerk. Angie Miller from Community Hospital helps Alex Valdez with a slight-of-hand card trick.

Third row, L to R: Amateur Comedians competing for the top award. Jennifer Culp, Anderson City Councilwoman, Trent Palmer, Director of Alumni Relations at Anderson University and Becki Prigg, Manager of Medical Staff Services at Community Hospital Anderson who took first place in the competition.





Lacey Adams
Sarah Brock
Evelyn Driskel
Paula Earleywine
Olivia Franko
Lori Grable
Krista George
Leigh Hoover
Katie Kirkham
Sean Oatis
Marta Ritz
Lynn Tolan
Denise Valdez
Katie Wilson

TOP 5 HOTTEST JOBS





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Licensed Therapist

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Recruiter

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Life Skills Coach

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Team Lead, CMA Indianapolis

Mary Carr

Licensed Therapist Carmel

Amy Doyon

Nurse Practitioner - Psychiatric Carmel

Zachary Gray

Residential Recovery Associate Progress House

Timothy Hagan

Food Services Worker Progress House

Erica Hedrick

Master's Level Clinical Intern Carmel

Ashley Jackson

Support Associate Madison-Grant Schools

James Janes

DCS Recovery Coach DeHaven

Jordan Knox

Support Associate Indianapolis

Brittany Malon

Master's Level Clinical Intern DeHaven

Brylynn McCullough

Residential Recovery Technician Mockingbird Hill

Rebecca Morris

Licensed Therapist Elwood

Lily Sandoval

Bachelor's Level Clinical Intern Noblesville

Aminata Tounkara

Intern Indianapolis

Brian Weidemann

Intern Indianapolis

Kyara Wright

Residential Recovery Technician Mockingbird Hill