# Aspire Indiana Health

WHOLE HEALTH FOR YOUR WHOLE FAMILY

#### INFECTIOUS DISEASE PROGRAM

- Identify clients' needs while developing a goal-oriented care plan to meet the needs of those living with HIV/AIDS and/or Hepatitis C or at increased risk for contracting HIV/AIDS and/or Hepatitis C.
- The case management and navigation programs consist of goal-oriented activities that serve to locate, facilitate access to, and monitor the full range of HIV-related or HCV-related services in cooperation with the client. It encourages the most cost effective use of medical and community resources, and promotes the overall well-being of the individual.
- We respect cultural diversity, emphasize confidentiality, and stove to ensure the clients' freedom of choice and self-determination.



- Our comprehensive and compassionate services are rendered in a safe, secure, and non-judgmental environment.
- These services are provided in 32 Indiana Counties
- These services are provided at no cost to the client.

#### RYAN WHITE NON-MEDICAL CASE MANAGEMENT

- Case Management services for people living with HIV/AIDS.
- Provide intake and ongoing assessments to meet the changing needs of our clients.
- Provide education to clients about the importance of maintaining a healthy lifestyle and striving for viral suppression.
- Work with clients to identify needs and set goals for meeting these needs.
- Coordinate necessary services to help meet the needs of clients.
- Link clients with HIV-related financial resources (Emergency Financial Assistance, Housing, Food/Nutrition Support, etc.).

# PREP NAVIGATION

- Case Management support to people with an increased risk of contracting HIV.
- Provide education to clients about Pre-Exposure Prophylaxis (PrEP).



- Work with clients to identify behaviors that may be putting them at risk for contracting HIV.
- Assist clients in coordinating PrEP-related medical appointments with a provider of their choice.
- Assist clients in accessing PrEP-related financial assistance support.
- Provide ongoing monitoring and support for PrEP-related needs.

# HEPATITIS C CARE COORDINATION

- Case Management support to people living with Hepatitis C (HCV).
- Provide education to clients about HCV and the importance of medical care.
- Assist clients in coordinating HCV-related medical appointments with a provider of their choice.
- Assist clients in accessing HCV-related prescription assistance and medical coverage.
- Provide ongoing monitoring and support for HCV-related needs.

# HARM REDUCTION CASE MANAGEMENT

- Case Management services to engage people who use drugs and have identified a need for harm reduction.
- Services rely on client-identified harm reduction related goals in order to "meet clients where they are at".

• Support includes assessment of needs, planning, and linking with community resources.

## **HIV/HCV HEALTH EDUCATION**

- Can be provided in individual or group settings.
- Education focus on HIV, Hepatitis C, and Sexually Transmitted Infections (STIs), including transmission risks, prevention, and where to access testing and care.
- Can provide HIV/HCV antibody testing.

## **OUTREACH TESTING**

- Provides individual HIV/HCV education (including identifying potential risk factors).
- Conducts rapid antibody testing.
- HIV results in <60 seconds.
- HCV results in 20 minutes.
- Provides referrals to PrEP Navigation, Harm Reduction Case Management, HCV Care Coordination, and Ryan White Non-Medical Case Management as appropriate.

## HOUSING OPPORTUNITIES FOR PERSONS WITH AIDS (HOPWA)

- HOPWA is the only federal program dedicated to address the housing needs of people living with HIV. Our Ryan White Non-Medical Case Managers can assist you with applying for this assistance to meet your housing needs.
- Recipients must meet all eligibility requirements (income, residency, enrollment, and HIV status).
- Assistance may be available for long-term rent, short-term rent, mortgage, and utility assistance.

These programs are funded in part through a grant from the Indiana Department of Health.