

Aspire Indiana Health believes that a person's overall wellbeing is not just limited to their physical health, but also their mental health and the total environment in which they exist — where they live, who they live with, where they work, and so on. These are things that don't necessarily show up on a person's medical chart but are absolutely critical to their long-term health and happiness. We refer to them as the Social Determinants of Health.

As a nonprofit provider of comprehensive healthcare services, Aspire has long prided itself on creating innovative support programs to address these determinants. Historically these have focused primarily on three areas: housing and employment assistance, and payee services. Now we have added another: legal aid services.

People who are struggling with keeping a stable job or place to live usually lack access to affordable legal counsel and representation. This is especially true of the most vulnerable such as those who are homeless — the number one leading cause of which is medical bills — or at risk of losing their home.

Aspire has entered into a partnership with <u>Indiana Legal Services</u> that includes a full-time attorney dedicated to providing legal support to Aspire clients referred to them. Assistance can include things such as:

- ► Assist with Advance Directives and other legal healthcare needs
- ▶ Landlord/housing disputes
- Accommodations for physical disability or mental illness
- ▶ Utility bills/disconnection
- Expungement of criminal record

Jerry Landers, Aspire Vice President of Strategy & Business Development, says that financial/legal difficulties often go hand-in-hand with poor health outcomes. A typical client who

might need legal aid services is likely someone working a low-wage job lacking health insurance or paid time off, living paycheck to paycheck. They

incur an illness that forces them to stop working, their medical bills pile up, and without a support system they find themselves at risk for poverty and homelessness.

"The access to an attorney impacts the individual's financial wellbeing, which is the biggest indicator of

health in the United States. Zip code is the number one indicator of health outcomes because it's so related to income," Landers says.

The legal aid services will operate under the supervision of Mike Keevin, Director of Strategic Initiatives, who oversees the Social Determinants of

Health team. A patient/client can request a referral to legal aid services from any Aspire provider or staff member to see if they qualify.



These services have launched using Aspire funding but will be covered long-term through eligible federal housing grants. There is no cost to Aspire clients for legal aid services, though they could be responsible for any court-related fees or other costs connected to their legal issue.

Legal assistance through this program exists to address health-harming issues of the client through civil legal processes and cannot be used for bankruptcies, defense of a pending criminal charge, immigration matters or personal injury lawsuits.



TOP 5 HOTTEST JOBS

Team Lead, Medical Assistant: https://secure4.saashr.com/ta/6147780.careers?ShowJob=419756870

Talent Acquisition: https://secure4.saashr.com/ta/6147780.careers?ShowJob=419745987

Licensed Therapist FQHC: https://secure4.saashr.com/ta/6147780.careers?ShowJob=419755288

Director, Recovery Treatment Center: https://secure4.saashr.com/ta/6147780.careers?ShowJob=436479360

Life Skills Coach - May House: https://secure4.saashr.com/ta/6147780.careers?ShowJob=402919450

To view all of our job openings, click here.

EMPLOYEE SPOTLIGHT



Jen Hathcoat has one of the most rewarding roles at Aspire Indiana Health with the Ticket to Work program.

Hathcoat has one of the most rewarding roles at Aspire Indiana Health with the Ticket to Work program, which assists individuals receiving Social Security disability insurance with their employment needs and goals. She has been with Aspire for just under one year.

As part of the Social Determinants of Health Team, she and her colleagues work every day to address the environmental factors that are so critical to a person's overall health and wellbeing, such as housing and employment.

"In Employment Services, we believe employment is a stabilizing force in an individual's life. By providing Employment Services, Aspire is further partnering with the client to increase balance and success in that person's life. Employment Services are necessary to help individuals overcome barriers to working, improve marketable skills, and connect to resources and employers who will ensure their future success," she says.



Jen Hathcoat
Employment Specialist, Social
Determinants of Health South Team

Before moving to Noblesville in early 2020, she worked for a local school corporation as a substitute/associate teacher and basketball coach, and led the after-school tutoring program. Jen is a strong believer in lifelong learning and teaching kids (and adults) to find their best lives. She likes to "chase improvement" every day. One of her all-time favorite previous jobs was directing a summer camp for boys: teaching outdoor skills, swimming in creeks, traipsing through the woods and learning how to break — and then repair — almost anything.

The Employment Services team knows the importance of celebrating client successes, no matter how big or small.

"My greatest success story to this point is helping a client attain a job he loves, with an employer who truly appreciates and respects him, and where he has growth opportunities to carry him into the future," she says.

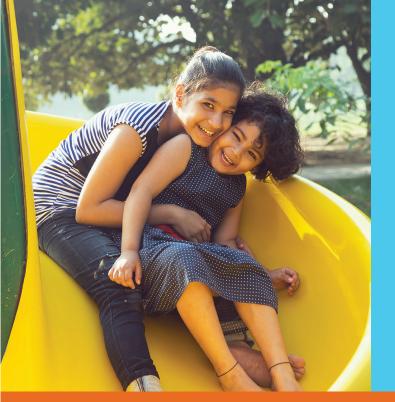
"It probably sounds like this is 'just my job,' but too often for individuals with disabilities finding fulfilling employment with quality companies is complicated and difficult. When a client tells you it's the best job they've ever had, you can't help but celebrate with them!"

Jen has a degree in Health Services and certifications in Computer Design and Aging & Wellness. She is also currently working to complete a B.S. degree in Social Work from Indiana Wesleyan University. Her long-term career goal is to work in Wellness and help individuals achieve whole-life health.

Her husband, Paul, is a "rock star" special needs pastor, and through their ministry they serve individuals with disabilities both locally and internationally. In her spare time she enjoys cooking, reading, being active and learning new skills.

Jen and Paul have four sons ranging in age from 15 to 22. They enjoy hiking, camping, boating and athletics as a family, and with four boys everything tends to become a competition.

"I am proud to say Mom still beats them all in badminton, corn hole and strategy games. I even won our family fantasy football league two years in a row!"





FREE!

Shadyside Park, Anderson Saturday, Aug. 14, 10:30 am. to 1:30 p.m.



Navigators/SHIP Counselors – insurance assistance Freebies Raffle prizes



Health screenings

Backpacks, fun activities and giveaways

Food & Drinks

Plus low-cost vaccinations



Health screenings
Backpacks & other freebies
Mental health referrals
Hep C & HIV testing



School physicals & low-cost immunizations
WIC resources
Freebies

Aspire receives \$7 million in federal grants

Aspire Indiana Health saw its greatest achievement in grant writing awards in July, totaling \$7 million in three separate federal grants.

Aspire has been awarded a \$4 million federal grant to support expanded mental health and substance use treatment services by adopting the innovative Certified Community Behavioral Health Clinic (CCBHC) model for care delivery.

With this new funding from the Substance Abuse and Mental Health Services Administration (SAMH-SA), Aspire can expand services to serve as a "one-stop shop" for mental health, substance use



Kevin Sheward, Director, Grants, Resource & Fund Development



Hannah Blalock Grant Writer, Resource Development lead

treatment and other health care services in the communities it serves.

The CCBHC model ensures access to 24/7/365 crisis care, care coordination with hospitals, law enforcement and schools and access to high-quality services, including medication-assisted treatment (MAT) to help stop the overdose crisis, among other capabilities. The grant period is for two years.

Kevin Sheward, Director, Grants, Resource & Fund Development, credited his team for securing the largest single grant award in Aspire history. "Submitting the CCBHC application, let alone receiving it, is no small feat. More than 18 staff were involved in its creation or provided input into the program design. With a group that large, it could have been easy for the process to stall or lose its focus. Hannah Blalock was the Resource Development lead on the application's development and submission and she brought all of our ideas together in one harmonious application that really spoke to why Aspire was the right choice for these funds and really highlighted what this investment would mean for those we serve," Sheward says.

"Hannah's ability to listen, turn thoughts into compelling narrative, and guide others through the complexities of the application were invaluable!"

Aspire also received a \$1.5 million Health Resources and Services Administration (HRSA) grant to expand and improve primary healthcare services under the American Rescue Plan Act passed earlier this year in response to the COVID pandemic. Another \$1.5 million grant through the Department of Labor will fund a new Aspire program aimed at reintegrating Central Indiana homeless veterans through sustaining employment.

Congrats to our grant writing team for this unprecedented achievement!



Aspire is proud to sponsor "Hidden In Plain Sight," a traveling exhibit and program designed to help parents of teens recognize unfamiliar hazards that are often in plain sight. With more than 100 items included in this interactive exhibit, local experts guide parents through a simulated teenager's bedroom and explain areas of concern.

The exhibit will be at the <u>Elwood Glass Festival</u> from August 20 - 22.

Grace Bailey
Care Coordinator/Life Skills
Instructor - HCBS
Carmel CS

Crystal Cain Support Associate DeHaven

Melissa Cousins NP - Primary Care Hoak Building

Jared Ebert Housing Coordinator Willowbrook

Beth Eiler Vice President, Behavioral Health Services Noblesville Admin

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Kimberly Foley Pre-Doctoral Intern Carmel OP

Abby Gluvna Infectious Disease Non-Medical Case Manager Muncie

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Christina Lee Youth & Family Home Based Therapist Willowbrook

Reece Edward McDaniel Recovery Coach DeHaven

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Denesha Rivers Community Health Worker Willowbrook

Amanda Roberts Staff Nurse Hoak Building Jennifer Royer Care Coordinator/Life Skills Instructor - HCBS Carmel CS

Matthew Schneider Pre-Doctoral Intern Willowbrook

Rebeka Smith Certified Medical Assistant Hoak Building

Sarah Stafford Licensed Staff Therapist Noblesville OP

Savannah Tagua Infectious Disease Testing Counselor Hoak Building

David Floyd Thomas Recovery Coach Noblesville OP

Stacey Thompson Accounts Receivable Rep. Noblesville Admin

Kristen Walker Peer Specialist Willowbrook

Cyera Young Support Associate DeHaven



Lillian Anderson Janis Ashburn Teresa Baker Heidi Bates Ashley Corks Katie Dalton Karrie Dietzen Melina Griffin Holli Hanna
Matt Hawker
Larry Hutton
Christal Lee
Brooke Lloyd
Brian McCarthy
Destiny McDermott
Lynetta Noethtich

Charli Odenwender Rachel Snyder Marlena Washington Missy Whipple Jodi Wilson Sheila Wright Alyssa Yano Wier

Aspire partnering with Madison-Grant Schools for family health clinic



Madison-Grant United School Corporation and Aspire Indiana Health are working together to bring easily accessible and affordable family healthcare services to the Madison-Grant community.

The school board voted on June 22 to approve the partnership with Aspire to establish Aspire's Madison-Grant Primary Care Clinic on the Madison-Grant Jr.-Sr. High School campus in the former administration building in Fairmount, Ind.

Aspire will undertake a light renovation of the building this summer with a goal of opening its doors shortly after Labor Day.

Aspire Indiana Health is a Federally Qualified Health Center that accepts Medicaid and Medicare, which is a part of programming meant to help those in areas with limited access to care. This is Aspire Indiana Health's first partnership with a rural school corporation to help provide healthcare in an area with need for access.

Madison-Grant Superintendent Dr. Deetz is excited about the access the partnership brings to the Madison-Grant community, "Aspire's Madison-Grant Primary Care Clinic provides a resource to many of our hardworking families. It is true sign our school and community are working together for the benefit and support of our students. We want our families

to have access and this combined focus really promotes a healthier community. When our students and families have access to healthcare it creates an even better place to live and learn."

Aspire's Madison-Grant Primary Care Clinic will initially provide services on an appointment basis, with plans to move to walk-in availability according to Jerry Landers, Vice President of Strategy and Business Development for Aspire. Landers says of the clinic, "When we first start, it will look like any doctor's office. As we progress, we will see what other services would help support the community."

Landers stresses the family healthcare clinic is a benefit for everyone in the area. "Aspire Indiana Health will also help connect those without healthcare to resources, as well as provide a sliding scale for payment of services for those who lack insurance. Payment, or the ability to pay for services is not a criteria to be seen for treatment."

Landers says access to healthcare for preventative appointments and not just sick visits is another benefit of regular access to services, "At Aspire Indiana Health, we like to be proactive about health. It is so important for people to see doctors on a regular basis to catch any issue before it becomes a real problem. Our aim is to find out what your health goals are and help you achieve them. Our clinic is like any family practice, you can come for cough and colds, and we also provide referrals to specialists and non-medical resources."

The opening of the clinic at Madison-Grant also brings additional job opportunities to the area. Job openings can be found at AspireIndiana.org/careers.



Get Your CDL or DOT Physical in Lebanon and Carmel

Aspire Indiana Health offers Commercial Drivers License and Department of Transportation Heavy Equipment Operator annual physicals close to home. We accept Medicare, Medicaid and most private insurance.

