



Voice of the Saponi

April 2021

Issue 138

If you would like to submit an article to us, please remember they are due on the 20th of each month prior to the month . May articles are due by April 20th)

You may email articles to crrichardson@haliwa-saponi.com or feel free to mail them to:

Haliwa-Saponi Tribe

**Attn: Newsletter Editor
PO BOX 99
Hollister NC 27844
(252) 586-4017 ext. 221**



Facts about COVID-19 vaccines

Vaccines (shots) are one of the tools we have to fight the COVID-19 pandemic.



To stop this pandemic, we need to use all of our prevention tools. Vaccines are one of the most effective tools to protect your health and prevent disease. Vaccines work with your body's natural defenses so **your body will be ready to fight the virus**, if you are exposed (also called immunity). Other steps, like wearing a mask that covers your nose and mouth and staying at least 6 feet away from other people you don't live with, also help stop the spread of COVID-19.

Studies show that COVID-19 vaccines are **very effective** at keeping you from getting COVID-19. Experts also think that getting a COVID-19 vaccine may help keep you from getting seriously ill even if you do get COVID-19. These vaccines cannot give you the disease itself.



Upcoming Dates and Meetings

April 16- Haliwa-Saponi Tribal Meeting cancelled until further notice due to COVID-19.

April 19 - Haliwa-Saponi Tribal Council Meeting to be announced.

Committee Meetings

- Finance Committee meetings are held the 1st Thursday of each month at 11:00 a.m. at the Chief W. R. Richardson Tribal Government Complex. Committee Chair: Charles Richardson.
- Federal Recognition Committee meetings are held the 1st Tuesday of each month at 10:00 a.m. at the Chief W. R. Richardson Tribal Government Complex. Committee Chair: Chief Dr. B. Ogletree Richardson.
- Enrollment Committee meetings are held on the 2nd Tuesday of each month at 6:30 p. m. at the Chief W. R. Richardson Tribal Government Complex. Committee Chair: Karen Harley.
- Princess Committee Meetings are held the 1st Monday of each month at the Chief W. R. Richardson Tribal Government Complex at 7:00 p.m. Committee Chair: Angela Richardson.
- Pow-Wow planning meetings are held the 4th Monday night of each month at 7:00 p.m. at the Chief W.R. Richardson Tribal Government Complex. Committee Chair: Alfred Morris Richardson.
- Haliwa-Saponi Senior Citizens Organization meetings are held on the last Thursday of each month at 7:00 p. m. at the Old Council House. Committee Chair: Roena Daniel.
- Veteran's Memorial meetings are held the 4th Tuesday of each month at 7:00 p.m. at the Chief W.R. Richardson Tribal Government Complex. Committee Chair: Jimmie Silver.
- Education Committee meeting are held the 1st Thursday of each month at 6:30 p.m. at the Chief W.R. Richardson Tribal Government Complex. Committee Chair: Rev. Michael Richardson.

A Message from Chief Dr. Ogletree Richardson

I want to give our Tribal Citizens an update on some important decisions made by the Tribal Council.

Tribal Election: Chief and Tribal Council

* Nominations will be held on Friday, May 14, 2021

* Tribal Election will be held on Saturday, June 12, 2021

*Pow-wow: September 17 & 18, 2021; **Rain date: October 15 & 16, 2021

Other Events: As conditions continue to improve with COVID-19, we will begin to host other tribal events and in person meetings on a case by case scenario following all Executive Orders and guidelines in place to ensure the safety of our tribal citizens.



Recreation Area: Plans to improve our recreation area on Capps Farm Road include adding a variety of playground equipment.

Federal Recognition Update: We continue to pursue all possible avenues to move forward in our efforts to achieve federal recognition. Meetings have been held and others scheduled in the future to garner support from local representatives for potential congressional action, of which several representatives have indicated their support. We have also begun the process to address and respond to the requests from the original letter of obvious deficiencies from the federal government. As you are aware, this is a very delicate and complicated process, but as our efforts progress, we will continue to share more detailed information. We are very hopeful about the outlook of our goal of achieving federal recognition, and we believe our tribe is closer now than ever before of reaching our goal.

As Chief of the Tribe, I am proud of the collaboration that has taken place among the Council, Tribal staff, school staff and our Tribal citizens. Your support is greatly appreciated, as we continue to work for the best interests of our Tribal citizens.

Pi: l huk (Thank you)

* The aforementioned actions are dependent upon the status of COVID 19.

** An alternate date was determined but it has since been noted , that date conflicts with another important event and Council will later determine if the alternate date is to be changed.

ATTENTION

NAHASDA Emergency Repair Housing Applications

Beginning April 07,2021 residents may call in to schedule an appointment for NAHASDA Emergency Repair. This is for tribal members that live within the service area of the Haliwa-Saponi Tribe . The funds are for emergency repairs ONLY. This means that the repair is calling for immediate attention. You will have to provide proof that you own and occupy your home. All clients may receive services from the NAHASDA Emergency Repair only one time. Call Trassie Hewlin at the Chief W.R. Richardson Tribal Government Complex at (252) 586-4017, for application information and an appointment.





ROSWELL PARK COMPREHENSIVE CANCER CENTER

HEAD & NECK CANCER *Info Sheet*



75% of head and neck cancers are caused by tobacco and alcohol use. People who smoke and drink are at greater risk.



Men develop head and neck cancer



2x

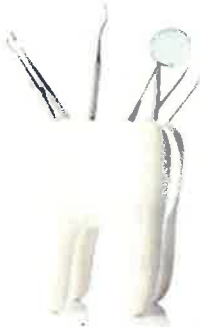
more often than women.

MORE THAN

90%

of head and neck cancers are squamous cell carcinoma and

begin in the soft, moist tissue that lines the mouth, nose, throat and other body areas.



Oral cancer is a type of head and neck cancer that your dentist can detect. Ask for an oral cancer screening at your next dental exam.

WHAT YOU SHOULD KNOW

Head and neck cancers include different types of cancer that develop in the mouth, nose and throat. These cancers include malignant disease that begins in the:

- ✓ Oral cavity (mouth lining, gums, lips and tongue)
- ✓ Pharynx (soft palate, tonsils)
- ✓ Larynx (voice box, vocal chords and epiglottis)
- ✓ Sinuses and nasal cavity
- ✓ Salivary glands



HEAD AND NECK CANCER REGIONS

ARE YOU AT HIGH RISK?

You are more likely to develop cancer in the head and neck if you:

- ✓ Smoke (including marijuana) or chew tobacco
- ✓ Drink alcohol

Other risk factors for some head and neck cancers include:

- ✓ Chewing betel quid (paan)
- ✓ Poor oral hygiene and oral health
- ✓ Occupational exposure to wood dust or second-hand smoke
- ✓ Human Papillomavirus (HPV)

HPV infections are so common that nearly all men and women will get one at some point in their lives. Most people don't have symptoms and can pass the infection to a sexual partner without knowing it.

Certain HPV types are associated with cancer of the throat, tonsils and base of the tongue.

GET VACCINATED

The HPV vaccines that help prevent cervical, vaginal, anal and penile cancers, also protect against the HPV type that's associated with throat cancers.



1-800-ROSWELL (1-800-767-9355) | RoswellPark.org

Roswell Park's community practices offer our high-quality cancer care, closer to home. For a full list of our suburban locations, both north and south of Buffalo, visit RoswellPark.org/locations.

HALIWA-SAPONI INDIAN TRIBE IMPORTANT INFORMATION

ASSISTANCE GRANT APPLICATIONS

To All Tribal Citizens it is very important that for all Assistance Applications that you please **READ** the instructions very carefully and fill out all requested information and attach/submit all requested COPIES of documents (*not originals*) to receive assistance from the various grants.

The next upcoming Department of the Treasury ERA (Emergency Rental & Energy Assistance) Application will be ready very soon. This application is complicated and long. It will be asking for a considerable amount of information. If the information is not provided then the application cannot be processed and will be denied.

All information will be kept private and confidential.

MULTIPURPOSE BUILDING

As many have heard and maybe seen the Multipurpose Building has a brand new floor and new coves in the hallway, bathrooms and main room! The floor is in a nice state of curing while we also do other renovations and purchase new equipment and for this reason the building is still closed until further notice for these other improvements.

When the Multipurpose Building is open we must all be very careful in protecting the new floor by not dragging any chairs, tables, or anything at all over the new floor – always pick something up to move it.

It has been reported and witnessed that some people including Tribal Members are using the Trash Dumpster at the Multipurpose Building for their own personal waste. **This is to stop immediately as the Trash Dumpster there is NOT FOR PUBLIC USE and is only for Multipurpose Building trash from classes and or events.**

THANK YOU & STAY SAFE

TRIBAL COUNCIL ROOM USE EXCITING NEWS

The Tribe is slowly starting to open up with committee meetings as well as slowly starting to open up use of some of the Tribal Buildings.

Please be advised that any and all meetings must be approved and all CDC Recommendations for COVID Prevention must be followed. All meetings must at the moment only have 10 present please with Social Distancing and Facial Coverings.

Beginning Tuesday – March 23, 2021 the Tribal Council Room is totally off limits and closed for any use or any meetings of any kind until further notice (*hopefully not past mid-April.*)

WHY?

The Tribal Council Room will be getting a complete overhaul of some furniture, design, layout and a complete brand new state of the art high-tech Audio and Video Setup!

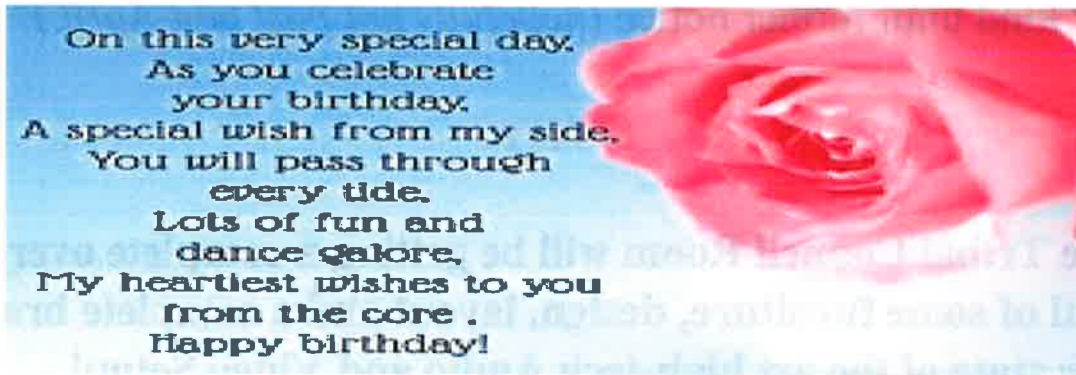
We all look forward to the new equipment for better audio and the ability to do video meetings and presentations as well!

THANKS and BE SAFE

HAPPY BIRTHDAY TO YOU

If you would like your name or a loved ones name to be published please email Carol Richardson a crrichardson@haliwa-saponi.com, mail or bring by the office. If you do not submit your birthday or a loved one, we can not publish it in the next month's newsletter.

April 1- Ashley Evans
April 2-- Shirley Carter
April 5-Brandon F. Francis, Blair Huffman, Phillip (P) Harley
April 7-Johnnie Greene (D), Manacon Harris
April 8-Carol Richardson, Levonia Richardson, Jalessa Wright
April 11- Councilman Rev. Michael Richardson
April 13- Cristina Pena, Angelica Pena
April 14-Kurttty Richardson, Chasity Richardson
April 16-Zollie Richardson
April 18-Marshal Ray Wilson (D), Kara Richardson, Craig Evans, Willie J. Richardson
April 19 -Eddie Richardson, Willis James Richardson, Adam DeLaMora
April; 20 -Marie DeLaMora,
April 21- Sunshine Richardson
April 23- Chief W. R. Richardson (D), April H. Washington
April 24- Forest L. Hewlin, Brandon D. Richardson
April 25-Steve Richardson,
April 26-Ayden Evans, Lucas Lynch
April 30- Alex M. Francis (D), Alexandro DeLaMora,



Happy Anniversary

HAPPY 66TH ANNIVERSARY TO JOHNNIE AND IRENE RICHARDSON ON
APRIL 07, 2021
LOVE YOUR CHILDREN



Congratulations to Engineer Jared Lynch "Ha'ace" on his accomplishment of earning his first life saving award from the Roanoke Rapids Fire Department. Congratulations to Engineer Jared Lynch "Ha'ace" on his accomplishment of earning his first life saving award from the Roanoke Rapids Fire Department. Keep up the great work Ha'ace. Your family is so proud of you..



Congratulations



Congratulations to Kate Rahbari one of our own (Kim Lynch Rahbari's daughter...Willie Doris Lynch & Jen Ella Lynch's granddaughter...Theodore and Rohena's and Therman Lynch's great granddaughter) who recently gave her dissertation for her 1st of "two" PhD s in the Medical field on immune responses. Young people like her and Dr Marty Richardson can inspire our youth in following their footsteps and realize they can accomplish great things.

Congratulations

For Sale

Beautiful 3.69 acres. Wooded lot is located in Warren County, off of Richardson Road, a few blocks from Mt. Bethel Baptist Church. The property is off road, but has legal dirt road access. Property line begins between Elzie & Milton Road. . It has been checked and will perk. Bob's branch across runs in back of the property. Asking price \$15,000.00 or best offer. (for sale by owner). Contact Nancy Harris at 252-567-6517 if interested.



****Disclaimer**** Please be advised that we reserve the right to not publish articles or pictures in our newsletters.



Haliwa-Saponi Tribe

P. O. Box 99

Hollister, N.C. 27844

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Place Address Label Here

Did you know?

- Esophageal cancer is rising faster than any other type of cancer in the Western world.
- Uncontrolled acid reflux can lead to Barrett's esophagus. People with Barrett's have a 5-10% chance of developing cancer within 10 years.
- The five-year survival rate for esophageal cancer is 13%, one of the lowest for any cancer.
- Esophageal cancer symptoms include difficulty swallowing, unexplained weight loss, hoarseness, choking while eating, heartburn, coughing and chest pain, pressure and burning.

National Institutes of Health