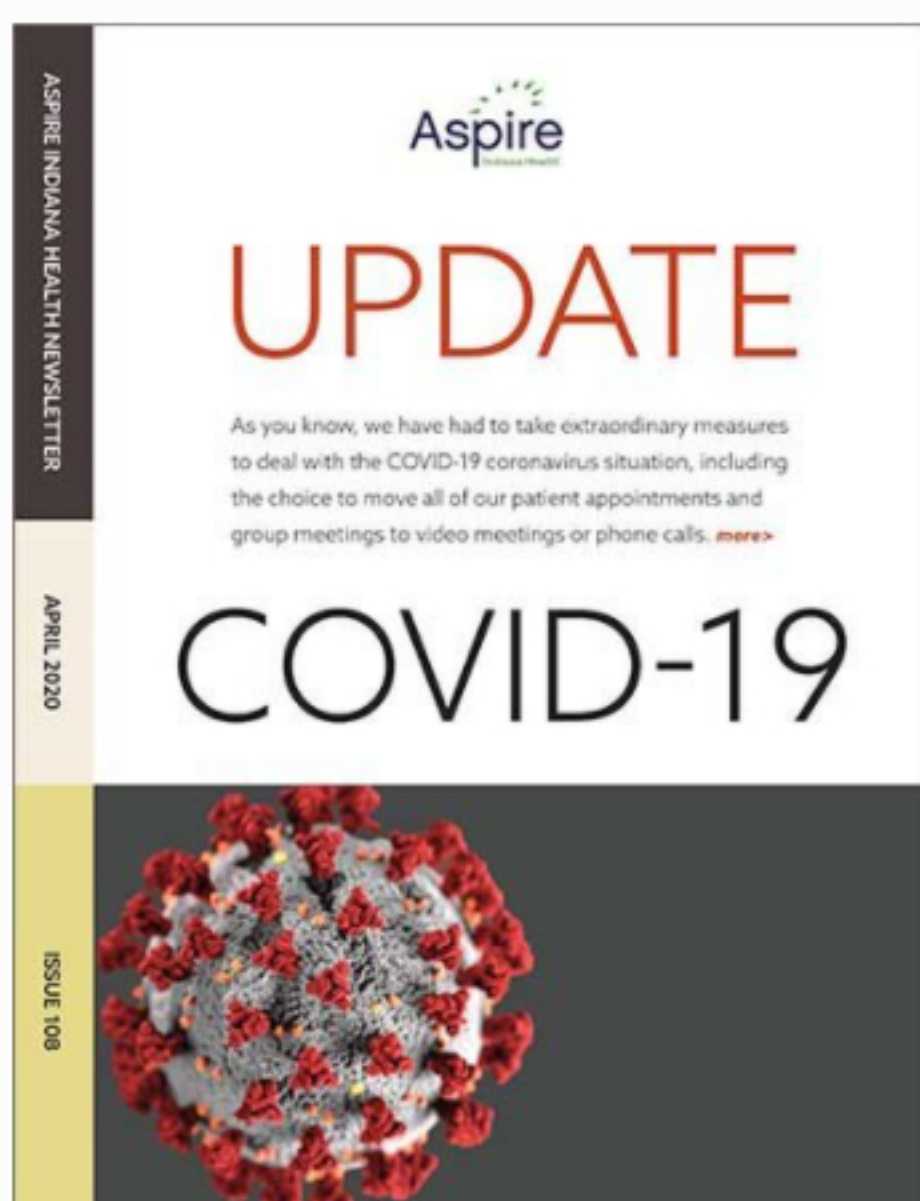


ASPIRE INDIANA HEALTH NEWSLETTER - APRIL 2020



As you know, we have had to take extraordinary measures to deal with the COVID-19 situation, including the choice to move all of our patient appointments and group meetings to video meetings or phone calls. This has been done to prevent the spread of the coronavirus and “flatten the curve” so as not to overwhelm our nation’s critical care capacity.

We think our patients will find they can still get much of the help they need through video meetings with a qualified medical or behavioral health expert. Fortunately with our shift to a more versatile cloud-based digital platform, we are prepared for this undertaking better than most other healthcare providers.

Getting set up for video appointments on your home computer, laptop or mobile device is fast and easy. [Follow these instructions](#) to help you get started.

To help deal with the emotional stress everyone is experiencing, Aspire offers free Mental Health Awareness Training (MHAT), which can be performed remotely through a video platform. [Click here](#) for more information.

We have established a [COVID-19 page](#) on our website with the latest updates of reliable information, including a “microsite” hosted by the Centers for Disease Control and Prevention (CDC).

The [in-house pharmacies](#) at our Carmel and Anderson health centers remain open to provide patients’ much-needed prescriptions, and we have a medication coordinator at our Lebanon clinic. We can also arrange curbside pickup.

Thank you to all our patients, partners and stakeholders during this difficult time. We will get through this together!

STAFF
SPOTLIGHT

BRANDON PATTON

Brandon Patton’s job title may say “Network Administrator,” but that’s just the tip of the iceberg of duties he performs.

BRANDON PATTON
Network Administrator, Pharmacy

WELCOME NEW TEAM MEMBERS!

- Shelby Bradford, Care Coordinator/Life Skills Coach, Carmel CS
- Norma Collings, Life Skills Coach, May House
- Cole Conley, Life Skills Coach, Hudson
- Brent Flatt, Peer Specialist, Lebanon
- Mary Giesel, Community Partnerships Coordinator, Administration
- Kyla Hopgood, CMA, Hoak
- Hannah Huntington, Access Engagement Specialist, Carmel CS
- Kayla Maley, Housekeeper, Brown
- Francis Nwosu, Team Lead Housekeeper, Carmel CS
- Alicia Query, School Based Therapist Licensed Eligible, School Based/Camel OP
- Michael Rose, MSW/LCSW, Willowbrook
- Nancy Smith, Housing Outreach Coordinator, Bolin
- Shelby Watson, Accounts Receivable Representative, Administration
- Emerson Westfall, Housekeeper, Carmel CS

SUCCESS STORY: T.J.

Aspire Indiana Health and its community support programs touch the lives of many Hoosiers in ways that are quiet and profound. Often these are personal journeys for people in Indiana’s at-risk populations, so we don’t hear about them. [Here is one success story](#) with T.J., who went from being unable to run more than a few steps to running in his first 5K with the help of InSHAPE instructor Jody Hall.



[Direct Care Coordinator/ Life Skills Instructor](#)
Questend

[Direct Care Professional](#)
Sunshine House

[Life Skills Trainer](#)
Home & Community Based Services

[Direct Care Coordinator/Life Skills Instructor](#)
Home & Community Based Services

[Residential Addictions Therapist](#)