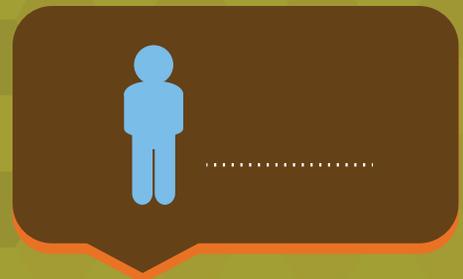
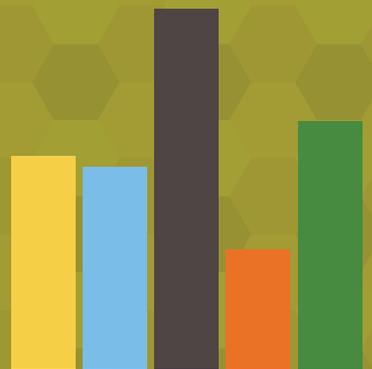
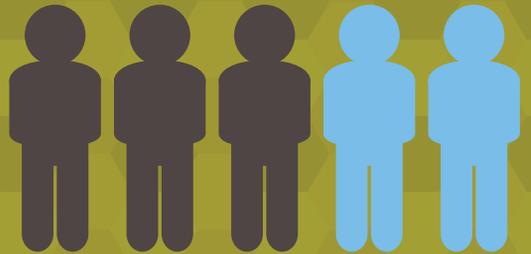


# BY THE NUMBERS

Aspire Indiana Annual Report, 2013



# ASPIRE INDIANA BOARD OF DIRECTORS

Bryan Brenner, Board Chair, CEO, FirstPerson

Jeff Reed, CPA, Board Vice Chair, Blue & Company, LLC

Paula Bachert, Board Secretary

Doug Prince, CPA, Board Treasurer, ProCourse Fiduciary Advisors, LLC

Meredith Carter, Hamilton County Representative

Doug Cassman, CEO, Educational Services, Inc.

John Demaree, COO/Principal, Summit Realty Company

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Syd Ehmke, FNP Director, Riverview Hospital Community Health Clinic

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Amy Matthews, Church Church Hittle & Antrim

Marjorie Shell, Consultant, Millers Merry Manor

James Ward (Retired), Ward's Awning Company

Donna Yancey, Ph.D., (Retired), School of Nursing Professional, NAMI Member



**Our mission is to provide quality compassionate care to all of our clients through the delivery of effective and accessible behavioral healthcare and related services.**

## FROM OUR BOARD CHAIR



“The people of Aspire work hard to put relationships and data to work, solving real problems for the consumers. Aspire makes a difference. Every single day. And that’s energizing.”

— Bryan Brenner is CEO of the company he founded, FirstPerson and Board Chair of Aspire Indiana

As an eight-year member of Aspire’s Board of Directors, and current Board Chair, I take time this year to reflect on why I continue to feel so drawn to this organization. The answer is quite simple. The people of Aspire work hard to put relationships and data to work, solving real problems for the consumers. Aspire makes a difference. Every single day. And that’s energizing.

As CEO of FirstPerson, father of four young, bright minds, and a community leader, I recognize the need for strong, supportive behavioral health services in our communities. At Aspire, I find this and more.

Not every organization understands the meaning of selflessness. Not every organization is run by an individual who was named Hero for Recovery because of his initiatives that help consumers in their journey to recovery from mental illness. Not every organization is able to maintain a healthy balance sheet, and continue to expand by adding new programs and staff positions despite a struggling economy. But, here in Central Indiana, the place we call home, Aspire does.

Outcomes and performance are key indicators of this success. Through data and analysis provided by Aspire’s management team, we see how Aspire is performing, and this informs the decision making. It allows the Board to quantify performance in key areas,

and it guides where we put our resources. It helps us know what’s working in our service set and what needs to be developed next.

I’m proud of the work we do every day.

This year, you may have heard about Aspire honoring National Recovery Month in a unique way: with Recovery Glass Necklaces. This concept came about from a consumer, who is a thriving testament to the daily work of Aspire. The concept is a simple one, but the symbolism is energizing. Beautiful, pennant worthy pieces of glass are made by tumbling broken pieces until the rough edges become smooth. The process to make Recovery Glass symbolizes a life that once seemed broken and lost, but through the storm, the rough edges become smooth, and the soul is healed.

To be able to spread the positive messages that behavioral health is essential to overall health, prevention works, treatment is effective, and people can and do recover, can be a daunting task. But, projects, such as the Recovery Glass Necklaces, tell of the truly remarkable things happening at Aspire.

As we enter 2014, let’s think of the behavioral health consumers who have given Aspire the privilege to join them on their remarkable journey. This is where the energy lives.

## FROM OUR PRESIDENT AND CEO



“As a long-time CEO in the behavioral healthcare industry, I have observed first-hand the increasing importance data plays in Aspire’s day-to-day operations.”

— C. Richard DeHaven is President and Chief Executive Officer of Aspire Indiana

Craig Mundie, Senior Advisor to Microsoft CEO Steve Ballmer, said, “Data are becoming the new raw material of business.” As a long-time CEO in the behavioral healthcare industry, I have observed first-hand the increasing importance data plays in Aspire’s day-to-day operations. This annual report, covering fiscal year 2013, highlights a variety of data, including data on business performance, clinical performance, employee measures, and financial measures, from different initiatives and service areas within Aspire.

While what follows may seem like a lot to digest, rest assured that staff members at Aspire use all the data in this report, along with other information, to ensure that service areas and initiatives at Aspire are performing at

the highest possible levels. Data also helps us to identify areas where we aren’t performing particularly well, and allows us to drill down to the root of the problem so we can determine what we need to change to improve.

Fiscal year 2013 was a good year for Aspire. This was due, in large part, to our continued use of data to assess and improve our products and services. Financially, Aspire continued to receive support from a diversified funding base that also includes loyal donors, as well as our employees.

As we celebrate 2013, let’s look ahead to 2014, a year that is sure to be filled with opportunities that will allow us to better serve our clients and our communities.

Kid’s Talk was created for the benefit and in honor of any child who has been abused, because they need to tell their stories and we need to hear them. Child sexual abuse profoundly impacts a child’s well-being, affecting not just the individual that was harmed, but families and communities as well. The creation of Kids Talk in Madison County is a step forward for the community.

care to share  
Aspire Indiana’s Annual Campaign

The 2013 Campaign received over \$46,000 in donations. Because of your generous donation, kids will have a

comfortable and safe place to tell their story of abuse, a place where the child’s needs come first. Through donations, we will fill the space with toys, games, videos, and other items that will help the children relax and feel like themselves before, during, and after their interviews.

## EXECUTIVE STAFF

C. Richard DeHaven , President and CEO  
Barbara Scott, Executive Vice President and Chief Operating Officer  
Dr. Jerry Sheward, M.D., Vice President and Chief Medical Officer  
Craig Baird, Vice President and Chief Financial Officer  
Jerry Landers, Vice-President and Chief Development Officer

## MEDICAL SERVICES

Jerry Sheward, M.D., Vice President, Chief Medical Officer  
Oleh Dzera, M.D., Staff Psychiatrist  
Jason Ehret, M.D., Staff Psychiatrist  
Geoffrey Fortner, M.D., Associate Medical Director/Inpatient  
Judi Knowles-Duncan, M.D., Staff Psychiatrist  
Hua Luo, M.D., Staff Psychiatrist  
Suman Narasimhamurthy, M.D., Staff Psychiatrist  
Michael Nicholas, M.D., Staff Psychiatrist  
James Nicholas, M.D., Staff Psychiatrist  
Patricia Nikolov, APN, Advance Practice Nurse  
Venkat Polavarapu, M.D., Resident  
Brett Presley, M.D., Staff Psychiatrist  
Kelly Rhoadarmer, M.D., Independent Contract Physician  
Lorinda Roberts, APN, Nurse Practitioner  
Betsy Rosiek, M.D., Associate Medical Director/Adult  
Dale Sommers, M.D., Staff Psychiatrist  
Paul Taraska, M.D., Resident

During the past fiscal year,  
our medical staff have  
participated in a total of 53,638  
Psychiatric/Medical  
Evaluation visits.

That's more than  
**1,031**  
visits a week.

## In total,

Aspire staff completed over 13,125 hours of training between July 1, 2012 and June 30, 2013.



2,650

of the 13,125 training hours, were face-to-face, in classroom-style settings.

425

A total of 425 Continuing Education Units were awarded to clinical staff who participated in Aspire-sponsored training.

## TRAINING

Aspire is committed to providing its staff with quality training to equip them with the knowledge, skills and support needed to perform their job duties. From their first day of orientation on through several annual refresher trainings, staff are provided with pertinent, up-to-date information.

Face-to-face trainings covered a variety of topics. During new staff orientation, regular training was offered in areas such as CPR certification; crisis prevention/management; and the basic structure of the Medicaid Rehabilitation Option (MRO) program.

February 2013 saw the inception of a "consumer experience" training for new staff. This training highlighted the unique challenges and successes that Aspire's consumers experience on their journeys to recovery, and is led by a member of Aspire's Consumer

Advisory Committee (CAC). The CAC is an advocacy group made up of current Aspire consumers that provide feedback about the agency's policies and procedures.

Clinical training addressed a number of salient issues in contemporary behavioral healthcare. Topics included awareness/treatment of traumatic stress in the lives of consumers, accurate scoring of the CANS (Child and Adolescent Needs and Strengths Inventory) and ANSA (Adult Needs and Strengths Assessment) tools used for state reporting, and evidenced-based practices such as Dialectical Behavioral Therapy (DBT), Motivational Interviewing, and Nicotine Cessation Therapy.

Aspire is an approved provider of continuing education by the State of Indiana's Behavioral Health and Human Services Board—the agency responsible for the credentialing of clinical social workers and mental health counselors.

During Fiscal Year 2013, Aspire also maintained a strong commitment to provide staff access to relevant external training. A total of 31 external training requests were approved, and staff were trained in a wide variety of topics, including Trauma-Focused Cognitive Behavioral Therapy, the treatment of synthetic drug abuse, and suicide prevention.

# DEAF SERVICES

We offer a full range of behavioral health services to a variety of people, from children to seniors. Our professionally-trained staff provide services for Deaf, Deaf-Blind, Hard of Hearing, and Late-Deafened individuals. Our trained interpreters communicate in ASL (American Sign Language), Tactile Sign Language, English Sign Language, Sign Supported Speech, and Spoken English. We provide services in the communication method best suited to the individual and/or family.

We recognize the importance of maintaining adults in their own communities while decreasing the likelihood of isolation, so we offer residential services for people with severe and persistent mental illness. Our Deaf Group Home, the only facility of its kind in Indiana, is staffed 24/7 by life skills coaches who provide a structured environment, and training in activities of daily living, personal hygiene, budgeting, and leisure and community activities.

In Rehabilitation Services, our Care Coordinators and Life-Skills Instructors continue to help clients who've moved out of our group home by assessing their needs and developing skills/resources so they can live independently in the community. Our Outpatient Services for Deaf persons helps individuals and families who have a wide variety of diagnoses and pharmacological treatments. Employment Services provides training, coaching, and support for clients who are interested in employment in the community.

# OUTPATIENT SERVICES

In Fiscal Year 2013, the emphasis in Outpatient Services was about improving access. The Noblesville office, the busiest by far in the organization, piloted same-day intake appointments for a little less than half of their available intake time, with the rest of the time available for those who felt they needed to schedule their initial appointment. The percentage of therapy intakes offered within 10 business days at the Noblesville office went from an average of 77% for the six months prior to the implementation of the same day appointments to 99% for the six month period following.

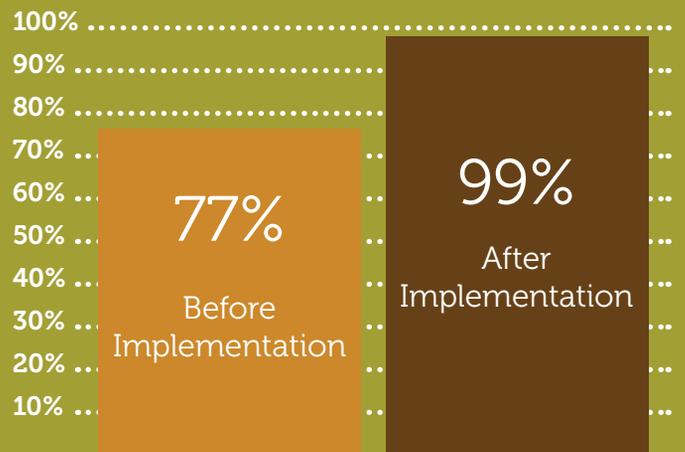
We recognize the importance of maintaining adults in their own communities while decreasing the likelihood of isolation, so we offer residential services for people with severe and persistent mental illness.

Our trained staff can communicate in five languages in the Deaf community.

- American Sign Language
- Tactile Sign Language
- English Sign Language
- Sign Supported Speech
- Spoken English

## Outpatient Services

Intake appointments offered within 10 business days



## ACCESS AND CRISIS

Access is the entry point for new clients, and for those seeking information about Aspire services. The first contact is often the most difficult for those seeking help. Staff are sensitive to the needs of the client, and provide professional and quality customer care. The Call Center is also a great resource for the client who is seeking information about services, locations, and other resources.

If the Access Call Center receives a call from someone who is in crisis, staff will transfer the caller to Aspire's Crisis Line for assistance. Aspire does provide 24-Hour Crisis Service at 1-800-560-4038 or 317-574-1252.

We have three full-time staff in the Call Center who are available to assist with the scheduling process, and with the information required before the client can schedule an appointment.



Emergency Intakes  
 Scheduled: 1,447  
 Access Calls: 23,371  
 Crisis Calls: 15,205

Adult



Police-Initiated  
 Crisis Evaluations  
**371**

Crisis Evaluations  
 Facilitated  
**504**

Inpatients  
 Admissions  
 Facilitated  
**640**

Youth



Police-Initiated  
 Crisis Evaluations  
**77**

Crisis Evaluations  
 Facilitated  
**120**

Inpatients  
 Admissions  
 Facilitated  
**106**

### Online Patient Portal

Number of Appointments Requested .....1,173  
 Number of Prescriptions Renewals .....73  
 Number of "Ask the Doc" Questions..... 144  
 Number of Online Payments..... 155

The online patient portal can be accessed 24/7. Aspire staff will respond via the portal for scheduling initial appointments, medical appointments, and therapy appointments, and will answer questions regarding billing and services.

# INDIVIDUAL, FAMILY AND GROUP THERAPY

## What is "Therapy?"

An intervention following a diagnostic assessment that treats or helps heal an injury, illness or identified problem. In Behavioral Health, therapy is provided individually, in groups, and with families.

During Fiscal Year 2013, Aspire served over 10,000 individuals. In Outpatient Services, we provided 43,189 individual therapy sessions, 33,114 group therapy sessions, and 6,266 family therapy sessions.

## What is Individual Therapy?

Individual therapy at Aspire is a verbal intervention designed to reduce symptoms that are interfering with the person's ability to function in at least one area of their life (i.e. family life, work, school, etc.). Individual therapy is provided in one-on-one sessions in increments of 16-37 minutes or 38-52 minutes. How frequently a person is seen in individual therapy and for how long varies based on that individual's specific needs.

## What is Group Therapy?

Group therapy is a verbal intervention that uses the interaction between therapist and client, and includes the experiences and interactions between group members. This is a very effective intervention that has the tendency to move treatment along faster than individual therapy. Confidentiality is a requirement of participation, and clients themselves decide how much to share based on their own comfort level.

## What is Family Therapy?

Family therapy is a type of intervention that includes members of a family. Issues are viewed within the context of the family unit with the goal being to

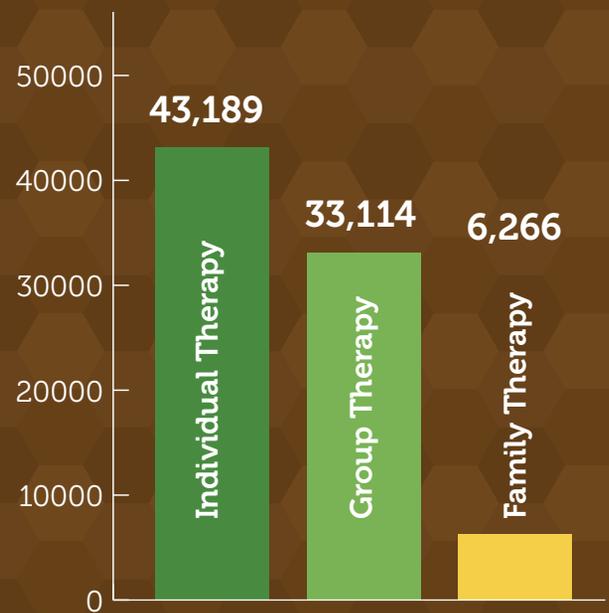
improve communication and help the family resolve conflicts. This intervention is especially effective with children and adolescents.

## What kind of therapy is used?

The clinicians employed by Aspire Indiana strive to help clients make change in their lives as quickly and effectively as possible. Therefore, we use those therapies or "Evidence Based Practices" that have been well researched, and have been found to have good clinical outcomes. The following are just some of the Evidence Based Practices our clinicians use:

- Cognitive Behavior Therapy (CBT)
- Motivational Interviewing (MI)
- Dialectical Behavior Therapy (DBT)
- Cannabis Youth Treatment (CYT)

## Outpatient Services Therapy Appointments



# YOUTH AND FAMILY SERVICES

In March of 2013, Aspire became the third Department of Child Services pilot site for the Children's Mental Health Initiative.

The number of Department of Child Services/Juvenile Probation clients increased from 100 to 230.

We now have Youth and Family Services in Madison, Marion, Hamilton, and Boone Counties.



Aspire offers a broad continuum of home and community-based services for youth and families. We are closely aligned with the desires of those we serve: that families stay together, in their homes, schools, and communities, while obtaining the resources, skills, and interventions to function safely and adaptively with the challenges that arise in their lives. These services are offered through a variety of contracts and payers, for those youth and families that qualify.

Medicaid Rehabilitation Option (MRO) allows Medicaid-eligible youth, whose behavioral health issues create significant and ongoing impairments in their ability to function, a greater array of services. These services can be provided in schools, homes, and in the community. Traditional therapy can be supported with our case management services that assist the youth and family in communicating with the service providers and agencies in their lives, making sure their needs are being effectively met, and accessing resources within their communities. Skills training and development services, focused on identifying, teaching, training, and mastering the skills that are needed, are an integral and very effective intervention in assisting youth and families toward self-efficacy and self-management of behavioral health issues.

Aspire emphasizes collaboration with other child and youth-serving agencies, governmental entities, and the families we work with in providing the most effective behavioral health services. Aspire's contract with the Indiana Department of Child Services is a major focus and allows us to provide needed behavioral health services, and to assist some of our communities' most "at-risk" youth and families in ways that have traditionally not been funded.

The Community-based staff numbers are currently:

7 Wraparound Staff

6 Directors, Managers and Staff

17 Care Coordinators/  
Life Skills Instructors

8 Therapists

1 Homemaker/Parent Aide

## What is Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)?

TF-CBT is an evidence-based practice that addresses the emotional and behavioral responses of children who have experienced a traumatic event, including sexual abuse, natural disaster, or grief/loss. A trusted adult, such as a parent or caregiver, is also engaged in the treatment, both to provide support to the child, and to address the impact of the traumatic event on the adult and the family.

Treatment with TF-CBT is time-limited, and can be completed in as few as 12 to 18 sessions. These sessions follow the PRACTICE model and include the following components:

- Psycho-education on the impact of trauma and common reactions to trauma
- Parenting skills to address emotional and behavioral responses
- Relaxation and stress management skills
- Affect regulation
- Cognitive coping
- Trauma narration
- In vivo mastery of trauma reminders
- Conjoint child-parent sessions help the child and parent talk to each other about the trauma
- Enhancing future safety and development

TF-CBT is increasingly being used in special circumstances, such as with children in foster care, or those with developmental delays, and in special settings, such as residential placement. The therapists working in our Youth and Family Community Services are trained to use TF-CBT, and many are pursuing being certified providers of this treatment.

## What is Systems of Care (SOC)?

SOC is a philosophy of how care should be delivered to children with complex emotional, behavioral, and mental health needs. Many of these children might have traditionally been served in out-of-home settings, like residential treatment centers, group homes, and psychiatric hospitals. Through programs based on the SOC philosophy, many children are able to remain in their homes, schools, and communities.

The SOC philosophy promotes services that are youth and family focused, which means the referred youth and their families are involved in identifying their own needs, and the plan to address those needs.

The SOC philosophy promotes services that are youth and family focused, which means the referred youth and their families are involved in identifying their own needs, and the plan to address those needs. The service is delivered through intensive care coordination, also called Wraparound. A Wraparound Facilitator elicits the family's story and needs, and assists the family in developing a plan. The Wraparound Facilitator helps the family give directions to a "team" regarding the type of help needed. The team is identified by the family, and may include teachers, counselors, pastors, friends, family, as well as mental health professionals serving the family.

At least once a month, the team meets to consider what's working well, and what's not working. The family and team make changes to the plan, as needed. In addition to home and community based services like respite, family/youth peer support, and intensive in-home services, the child may continue to receive traditional mental health services, like outpatient therapy and medication management.

Outcome evaluations of SOC-designed programs have shown the following results:

- Reduced cost of care
- Improved school performance
- More stable living situations
- Reduced suicide attempts
- Decreased contacts with law enforcement

Indiana participates in several SOC initiatives and has been recently recognized for contributing to positive outcomes. Aspire has been a key provider of Wraparound in Boone, Hamilton, Madison, and Marion counties.

# ADDICTION SERVICES

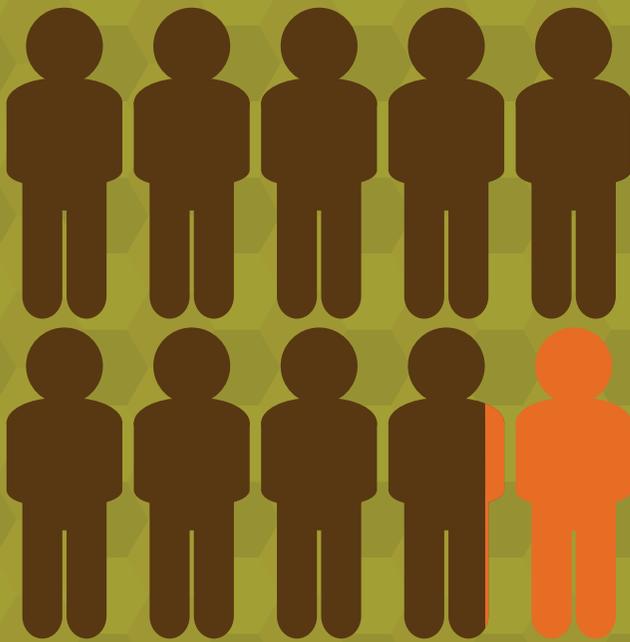
Recovery starts with asking for help. Once you have made that important step, a personal and confidential plan is developed between you and a counseling professional. Your progress is supported and closely monitored throughout the recovery process.

Here are just some of the services we offer:

- Co-occurring Disorders Treatment
- Medication Assisted Recovery Therapy
- Individual, Group, and Family Therapy
- Intensive Outpatient Programs (IOP)
- Extended Outpatient Program
- PRIME for Life

- First Steps
- SAFE
- Adolescent Substance Abuse Programs
- Relapse Prevention
- Drug Screening
- Related Services

Aspire has certified problem gambling therapists who will provide education, treatment and recovery services to individuals and family members who believe they have a problem gambling addiction.



Of the Adolescents we surveyed,  
**89%**  
said they benefited from our program.

## Government Performance and Results Act Reports for Youth

50%

Positive rate of change in abstinence from ETOH/illegal drugs

8%

Positive rate of change in criminal justice involvement

9.5%

Positive rate of change in employment/education

75%

Improvement in ability to control violent behavior

25%

Decline in need for/taking of prescription medication

# HIV/AIDS CARE SERVICES

## HIV Testing and Education

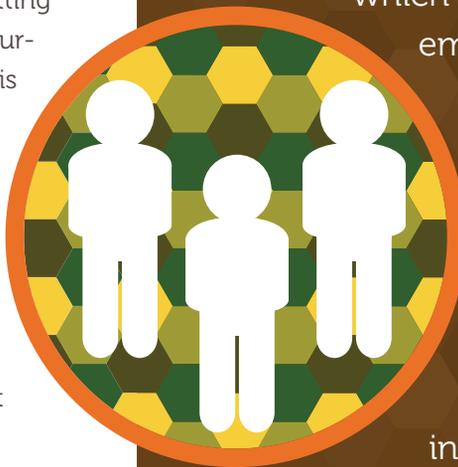
The Special Populations Support Program Testing Services provides free behavioral risk assessments, free confidential HIV and Hepatitis testing, and referrals to services for those identified as HIV+. Our HIV Testers provide group-level intervention by providing education regarding HIV Risk Behaviors, Harm Reduction Practices, and making healthy choices. The targeted audience consists of individuals of unknown HIV status who are at increased risk of contracting or transmitting HIV due to substance use. All participants are encouraged to take advantage of the free HIV and Hepatitis testing offered through this program. Group presentations are offered at DMHA agencies, homeless shelters, drug court programs, county jails, substance abuse treatment programs, and domestic violence shelters. However, anyone requesting an educational presentation or HIV test is not turned away. This program is funded through a grant from the Indiana State Department of Health.

The HIV Care Coordination provides specialized case management, coordinating a variety of health and social services to individuals living with HIV/AIDS. Care Coordination clients are assisted with obtaining and maintaining medical coverage, engaging in available medical care, obtaining and maintaining housing, and social support. Clients are assisted with developing a monthly household budget, accessing community resources, understanding the Indiana Duty to Warn law, and making healthy choices. This program is funded through a grant from the Indiana State Department of Health.

The Special Populations Support Program Supportive Care Specialists work with HIV+ individuals who are experiencing life difficulties because of substance use. The Specialists engage the client with interventions designed to minimize substance use and maximize compliance with all applicable treatment plans. The Specialist works very closely with the HIV Care Coordinator to ensure that the clients are engaged in the statewide HIV System of Care. This program is funded through a grant from the Indiana State Department of Health.

Aspire is part of the Statewide Community Action Group (CAG), the Ryan White Part A Planning Council, and the Comprehensive HIV Services Planning and Advisory Council (CHSPAC). Staff from the HIV Services Team participate in the annual Indiana AIDS Walk,

which raises funds to provide emergency financial assistance to HIV+ Hoosiers. During the period of July 2012—June 2013, Aspire Indiana’s HIV Services Program interacted with 3,325 individuals, both HIV+ and unknown HIV status.



## HIV Testing and Education

HIV Prevention Education Presentations.....	263
Group Participants .....	2,974
HIV Tests .....	1,457
HIV+ Results.....	12
HIV+ Results CONFIRMED* .....	7
Hepatitis C Tests .....	949
Hepatitis C+ Results** .....	219
*(Positivity rate of 0.48%) approximate statewide - 0.29%	
**(Positivity rate of 23.08%)approximate statewide - 15.48%	

## HIV Care Coordination

New intakes .....	36
Total number of clients served .....	351
Total number of service hours provided.....	4,095.25

## Supportive Care

New intakes .....	24
Total number of clients served .....	84
Total number of service hours provided.....	1,389

# Recovery Glass

Our first year was a great success as we added our first employee and sold over 1,320 necklaces.



[.com/AspireIndianaRecoveryGlass](https://www.facebook.com/AspireIndianaRecoveryGlass)

## Social Enterprises

Restaurant revenue from Harvestland Farm increased by 83% and winter production expanded with two additional heaters in the hoop houses.

[.com/AspireHarvestlandFarm](https://www.facebook.com/AspireHarvestlandFarm)

Over the course of the fiscal year, Vending Services placed 45 machines in new accounts or existing accounts.

[.com/AspireIndianaVending](https://www.facebook.com/AspireIndianaVending)

Social Enterprises generated approximately 19,618 hours of work for those who are disadvantaged.

## Employment Services

Individuals maintaining employment 90+ days.....61

Served thru Career Connections:

Vocational Rehabilitation .....285

Ticket to Work.....33

Estimated dollars back to Community....\$ 728,772.93

## SOCIAL ENTERPRISES

Aspire continues to develop businesses under its Social Enterprise Division: Harvestland Farm, Vending, Housekeeping and Recovery Glass Necklaces. The revenue generated from these businesses stays in the community; it goes back to Aspire’s Social Enterprises creating additional employment opportunities for the community.

### Recovery Glass Necklaces

Sea glass is made when glass is discarded in the ocean, and broken and smoothed by tumbling against rocks and sand. In time, the small pieces of glass wash up onto the shore, only to be found by someone who sees its refined beauty and knows all it has been through. There are times in our lives when we feel like we have been discarded and healing is out of reach. Recovery from these circumstances is possible. Just as sea glass is smoothed by tumbling against rocks and sand, we are also capable of such a transformation.

### Harvestland Farm

Harvestland Farm produces organically grown food for central Indiana. Fifteen acres are under field cultivation, and there are 19,000 square feet of greenhouse space. Harvestland had 133 shares distributed to 105 Consumer Supported Agriculture (CSA) members who could choose from eight CSA pick-up sites, six days a week, for 22 weeks in the Summer season.

### Vending Services

As a full-service vending business, we create employment opportunities for persons who are disadvantaged. Things that come easy to us, like finding and keeping a job, present a real challenge to many others. Aspire’s vending service program gives these individuals a chance to learn new skills and prepares them for the work world.

### Housekeeping Services

Aspire cleans 13 facilities weekly in Central Indiana, where our housekeepers train, working with specialized, medical-grade cleaning products. We have services in Madison, Hamilton, Boone, and northern Marion Counties.

# FINANCIALS

## REVENUE

Net Client Service Revenue.....	\$ 12,908,273
Government/Grants.....	\$10,084,600
County Funding.....	\$ 3,580,147
Interest & Dividend Income.....	\$ 450,656
Contributions.....	\$ 38,694
Project, Program & Subcontract Revenue.....	\$ 1,040,424
Other.....	\$ 292,039
Net Rental Revenue.....	\$ 605,371
<b>Total Revenue.....</b>	<b>\$29,000,204</b>

## EXPENSE

Mental Health/Substance Abuse/Recovery....	\$ 23,253,527
Housing.....	\$ 2,026,208
Employment Services.....	\$ 1,541,175
HIV Services.....	\$ 1,048,186
<b>Total Expenses.....</b>	<b>\$27,869,096</b>
Future Growth before Investment Gains.....	\$ 1,131,108
Charity Care & Allowance.....	\$ 7,742,703

# FACILITIES

In an effort to keep up with expanding services and additional staff, we've made some significant changes to some of our older facilities in Indianapolis and Anderson.

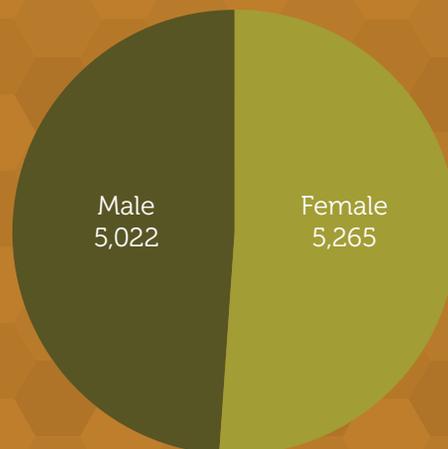
### Indianapolis

Our Willowbrook location has expanded to the third floor and we now occupy 32 offices, 18 office suites and reception and group/conference spaces.

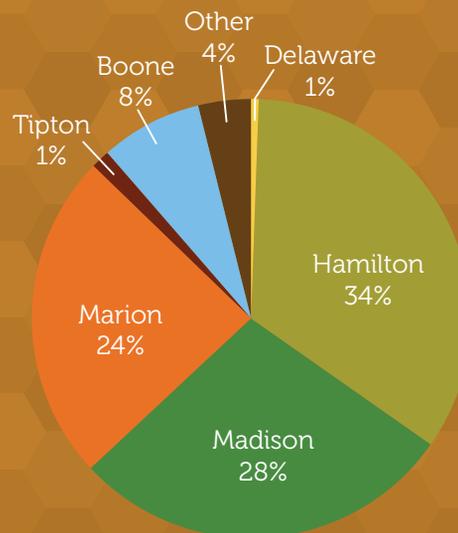
### Anderson

While major interior renovations for the Bolin location will be completed in 2014, we've made several exterior updates this fiscal year such as roof, gutters, soffits, siding and windows.

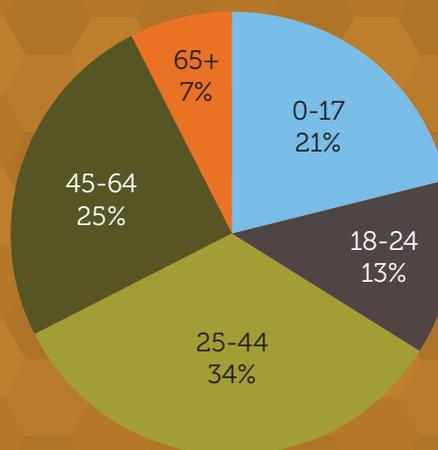
Consumers by Gender



Percentage of Consumers by County



Percentage of Consumers by Age





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Aspire Indiana is a JCAHO accredited organization

