



**Aspire Indiana Health 2016 Annual Report**

**Together...making health and well-being a reality!**



## BOARD OF DIRECTORS

### **Jesse J. Wilkerson**

Principal, Jesse J. Wilkerson & Associates LLC

### **Joe Vosburgh**

Self Employed

### **John Turner**

Outreach Pastor, Grace Baptist Church

### **Patricia Thomas**

Human Resource Generalist, Red Gold

### **Obadiah Smith**

Wing Chaplain, United States Air Force Chaplain Corps

### **Marjorie Shell**

Healthcare Consultant

### **Barbara Scott**, Board Secretary,

Executive VP & COO, Aspire Indiana

### **John Plumb**, Vice Chair, CEO,

Yireh Project

### **Frank Pianki**

Professor of Business Admin., Anderson University

### **Sarah Neal**

Associate Professor of Nursing, Anderson University

### **Oz Morgan**

Financial Planner/Insurance, The Langen Agency

### **Kellie Kelley**

Dean of Academic Affairs, Harrison College

### **Duane Hoak**, Board Chair, Ed.D.,

Anderson University (Retired)

### **Ben Evans**

Director of External Agency Affairs, Indiana Family & Social Services Administration

### **C. Richard DeHaven**,

Honorary Director, President & CEO, Aspire Indiana

### **Carolyn P. Barr**

Adoption/Foster Care Case Management, The Villages

### **Craig Baird**, Board Treasurer

VP & CFO, Aspire Indiana

## Message to the Community

The health challenges facing Madison County were not new. Madison County's sober rankings of 79th and 81st in health outcomes and health factors, respectively, in 2015, were stark reminders of that reality. Unhealthy habits, limited options for preventative care, and large financial barriers for the most needy in our community pose serious challenges to improving the overall health of the community.

Aspire Indiana was seeing this firsthand in its clients, clients who are on average dying 10 years earlier than their peers. Most of this divide is not from mental health related causes, but instead from preventable primary care related maladies: diabetes, heart disease, cancer, and other treatable conditions that go undetected due to gaps in services between behavioral health providers and primary care physicians.

To have done nothing would be a disservice to those we serve. Instead Aspire Indiana planned and prepared for the creation of a great partnership with primary care to integrate services and move the needle on health in the communities we serve. In 2015 that vision was realized and Aspire Indiana Health was formed. Originally serving from one location in Anderson, Aspire Indiana Health grew to four locations in three counties, meeting the need of populations that are often overlooked, shunned, and desperately in need of a system that is designed for them.

Aspire Indiana Health was created with a strong team of leaders across the board of directors, support from Aspire Indiana, community partners, and hard working employees who turned the dream into reality. It was our hope to serve 400 unduplicated clients in our first fiscal year. Far surpassing that goal, Aspire Indiana Health served nearly 1,000 unduplicated clients in fiscal year 2016. That is a testimony to the need that exists and the ability of this newly formed organization to step into the gap and fill the void. Aspire Indiana Health is still in its infancy and is constantly learning and improving the way we operate and provide care to persons of all walks of life in Madison, Hamilton and Marion Counties. Services are expanding and the integration between Aspire Indiana Health and Aspire Indiana is strengthening for the betterment of our communities.

Thank you to all who have been a part of making this first year for Aspire Indiana Health a tremendous success. We are looking forward to a bright future serving you, and along side you, in the years ahead.



*Duane Hoak, Board Chair, Ed.D., Anderson University (Retired)*



*Jerry Landers, Executive Director, Aspire Indiana Health, Inc.*

## Year in Review

This fiscal year was the beginning of a new way of providing healthcare to behavioral health clients. Inspired by over 11 years of planning, educating and progress, Aspire Indiana Health (AIH) became a reality in July of 2015 with a mission of integrating primary healthcare into an already established behavioral health entity. This required changes across the board including policies, work processes for intake and scheduling, new work groups, changing relationships with managed care entities, treatment plans, medical intake forms, and the list goes on, but it lead to amazing results.

As previously mentioned, AIH saw nearly 1,000 unduplicated patients, for a total of over 3,400 visits. In addition to the four health centers, office space also exists at a fifth location to provide transitional group home residents primary care. The five care delivery sites accept all types of insurance including Medicaid and Medicare, allowing AIH to be a healthcare solution for *everyone* in the communities we serve.

Aspire Indiana Health is able to address the physical needs of our clients and focus on prevention for the low income, homeless, mentally ill and anyone needing healthcare in our community. Medication assisted therapy is helping address the injected drug use epidemic and outreach to shelters is helping

address the spread of infectious diseases.

In partnership with Aspire Indiana, we are able to care for the mind and body for total person care. In all aspects of your health journey, we look forward to being your partner.



*Syd Ehmke*  
Chief Operating Officer & VP

## FINANCIALS

### Revenue

Net Client Revenue .....	\$ 371,359
Contributions .....	\$ 128,061
Total Net Revenue .....	\$ 499,420

### Expenses

Compensation & Benefits .....	\$ 849,005
Homeless Outreach .....	\$ 63,544
Contracted.....	\$ 274,051
Occupancy.....	\$ 37,710
Medical Supplies .....	\$ 28,831
In-Kind Contributions.....	\$ 118,737
Other Expenses .....	\$ 38,799
Total Expenses.....	\$ 1,410,677
Charity Care & Allowances.....	\$ 197,707

## MEDICAL STAFF

### Lisa Bledsoe, MD

Collaborating Physician

### Marti (Martha) Collins, N.P.

General Medical Nurse Practitioner

### Syd Ehmke, N.P.

General Medical Nurse Practitioner,  
COO

### Karen Iseminger, N.P.

General Medical Nurse Practitioner

### Marcia Ng, N.P.

General Medical Nurse Practitioner

### Dr. Betsy Rosiek, M.D.

Psychiatrist, Medical Director

### Stephanie Sciaudone, N.P.

General Medical Nurse Practitioner

### Dr. Jerry Sheward, M.D.

Psychiatrist



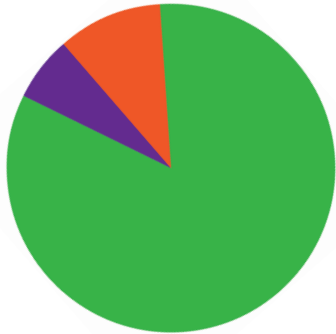
*Dr. Betsy Rosiek, M.D.*  
Medical Director & VP



*Melissa Stayton*  
Controller

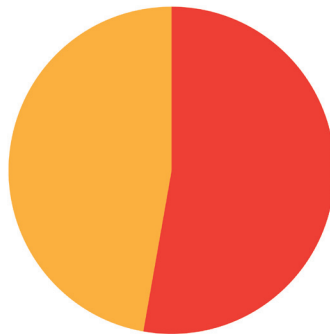


#### CONSUMERS BY COUNTY



- Hamilton County - 102
- Madison County - 815
- Marion County - 61

#### CONSUMERS BY GENDER



- Female - 517
- Male - 461

#### CONSUMERS BY AGE



- Ages 0-17: 52
- Ages 18-24: 83
- Ages 25-44: 412
- Ages 45-64: 380
- Ages 65+: 51

*Data collection report subject to methodology*



215 W 19th Street  
Anderson, IN 46016  
office: 765-393-3891



10731 SR 13  
Elwood, IN 46036  
office: 765-552-5009



2506 Willowbrook Parkway  
Suite 300,  
Indianapolis, IN 46205  
office: 317-257-3903



697 Pro-Med Lane  
Carmel, IN 46032  
office: 317-574-0055

**To make an appointment call:**  
**317-574-1254**

#### OUR VISION

To be a recognized leader in healthcare transformation and an employer of choice: redefining excellence and innovation in our communities.