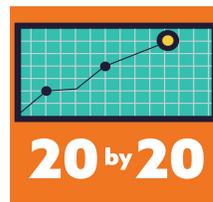




**Aspire Indiana Health
Community Health Needs Assessment
2019**



“Together...making health and well-being a reality!”

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1. INTRODUCTION

1.1. About Aspire Indiana Health

Aspire Indiana Health (AIH) is a private, non-profit healthcare provider serving Boone, Hamilton, and Madison counties and Pike and Washington Townships of Marion County since 2015. As a Federally Qualified Health Center, AIH does not deny service to any individual for any reason.

1.2. Purpose

This report provides the findings from a community health needs assessment (CHNA) conducted by AIH. The purpose of the CHNA is to identify the leading health needs in Boone, Hamilton, and Madison counties and Pike and Washington Townships in Marion County and to describe the needs Aspire Indiana Health will address through development of effective implementation strategies.

1.3. Objectives

Aspire Indiana Health's 2019 CHNA has the following objectives:

1. To identify the priority health needs in Boone, Hamilton, and Madison counties and Pike and Washington Townships in Marion County.
2. To serve as a guide for developing strategies that can be implemented by healthcare providers, communities, and policy makers to improve the health status of residents in the designated areas.
3. To supply public access to the results of this assessment in order to inform the community and provide assistance to those committed to the transformation of the community's healthcare.

2. EXECUTIVE SUMMARY

2.1. Top Community Needs

Top community needs for Aspire Indiana Health's Service Area include poverty, substance use, and access to consistent medical care.

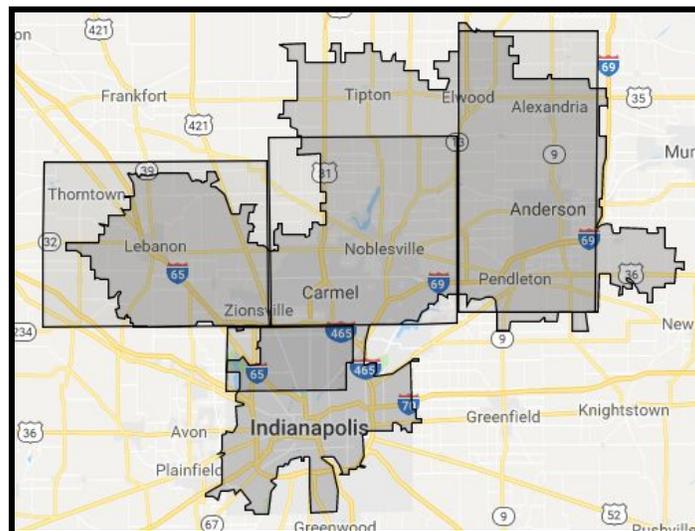
Residents in the AIH service area experience various levels of poverty, ranging from below the state average to three times the state average. Providing equitable care regardless of poverty level is central to AIH's mission.

Substance use disorder (SUD) is rampant throughout Indiana, our service area included. Opioid overdoses in the the AIH service area have increased at approximately the same rate as throughout the state.

Consistent medical care is a concern throughout the AIH service area; an area affected by income and insurance coverage.

2.2. Primary Service Area

Aspire Indiana Health's HRSA-defined Service Area includes Boone, Hamilton, and Madison counties and Pike and Washington townships in Marion County, Indiana. While the majority of our patients come from our designated Service Area, patients from a variety of other areas are seen, including Tipton, Henry, and Hancock counties and greater Marion County. This report uses data accumulated from all counties and communities to reflect the health needs of not only our HRSA-defined Service Area, but of the patients we serve.



3. STUDY METHODS

3.1. Data Sources

Community Health Needs Assessments seek to identify priority health needs and access issues for particular geographic areas and populations. Accordingly, the following topics and data are assessed:

- Demographics, e.g., population, age, race, primary language
- Economic indicators, e.g., poverty, unemployment, income
- Education
- Health Issues, e.g., housing, primary care, substance abuse, youth mental health, dental providers
- Health access barrier, e.g., insurance, transportation
- Availability of resources and healthcare locations

Data sets for quantitative analyses included:

- Centers for Disease Control and Prevention (CDC)
- Indiana Chapter of National Children’s Alliance
- Indiana Department of Transportation (INDOT)
- Indiana State Department of Health
- National Safety Council
- Office of Policy and Development and Research
- Robert Wood Johnson Foundation—County Health Rankings
- Substance Abuse and Mental Health Services Administration
- Uniform Data System Mapper
- United Health Foundation
- US Census Bureau
- US Department of Health and Human Services (HHS)
- US Department of Housing and Urban Development (HUD)

3.2. How Data was Prioritized

The quantitative, secondary data sources identified health needs for which Indiana, Boone County, Hamilton County, Madison County, Marion County, and Washington and Pike Townships are above or below average. Qualitative information from numerous data sources assisted in the presentation of the overall data. The AIH Community Health Needs Assessment committee prioritized the leading health needs.

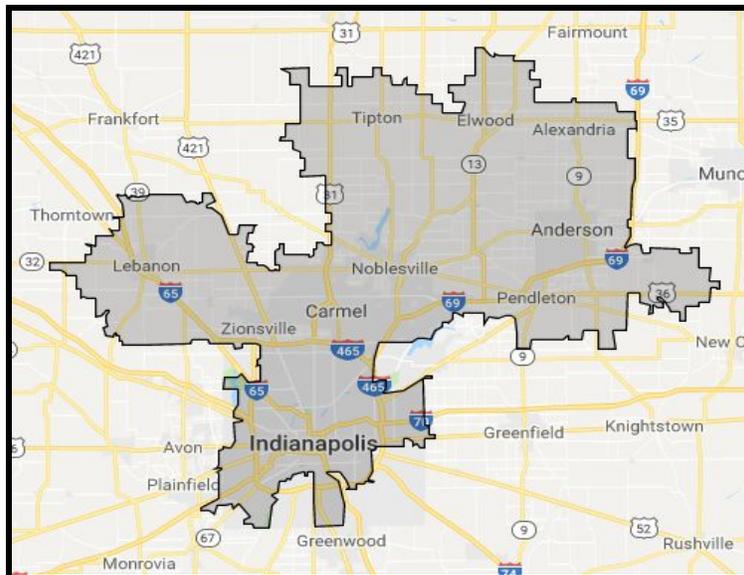
3.3. Information Gaps

To the best of our knowledge, no information gaps have affected AIH’s ability to reach practical conclusions regarding community health needs. While AIH has worked to capture quantitative information on a wide variety of health conditions from a wide array of sources, AIH realizes that it is not possible to capture every health need in the community and there will be gaps in the data captured.

4. DEFINITION OF COMMUNITY ASSESSED

Exact Service Area for Aspire Indiana Health was determined by Aspire Indiana Health locations and zip codes in which at least ten Aspire Indiana Health patients live.

Aspire Indiana Health's area of service covers a wide variety of health needs, from Hamilton and Boone counties, which rank #1 and #4 in overall health within Indiana, to Madison and Marion counties, which rank #89 and #75, according to the 2018 County Health Rankings and Roadmaps.



5. DEMOGRAPHICS

5.1. Population

The administrative office of Aspire Indiana Health is located in Noblesville, a city within Hamilton County, Indiana. The total population of Indiana is 6,614,418-- 49.3% male and 50.7% female. Our service area covers a total population of 654,705 individuals across Boone, Hamilton, and Madison Counties and Pike and Washington Townships in Marion County. Across these areas 48.4% of residents are male and 51.6% are female. Population estimates were obtained from the American Community Survey performed by the Census Bureau.

Boone County

Boone County, Indiana, includes Lebanon, Thorntown, Whitestown, Zionsville, and Jamestown and contains a total population of 63,013 people. An estimated 49.5% of the Boone County population is male and 50.5% is female.

Hamilton County

Hamilton County, Indiana, includes Noblesville, Arcadia, Atlanta, Carmel, Cicero, Fishers, Sheridan, and Westfield and contains a total population of 309,687 people. An estimated 48.9% of the population is male and 51.1% is female.

Madison County

Madison County, Indiana, includes Alexandria, Anderson, Elwood, Frankton, Ingalls, Lapel, Markleville, Pendleton, and Summitville and contains a total population of 129,641 people. An estimated 49.99% of the population is male and 50.01% is female.

Washington/Pike Townships

Washington and Pike Townships in Marion County, Indiana account for approximately 26.12% of the population of Marion County. The population estimates were broken down by utilizing the zip codes within the townships.

Washington Township is made up of six zip codes—46205, 46208, 46220, 46228, 46240, and 46250—with a population of 141,532. The Washington Township population is 47.3% male and 52.7% female.

Pike Township consists of three zip codes—46254, 46268, and 46278—with a population of 73,845. The population in Pike Township is 45.4% male and 54.6% female.

5.2. Age

To facilitate the identification of age demographics, the ranges are separated into three categories: under 18, between 18 and 64, and over 65. Indiana's population contains 23.9% of individuals under 18 years old, 61.5% between the ages of 18 and 64, and 14.6% over the age of 65.

Boone County

Boone County's population under the age of 18 is 26.9%. The population between the ages of 18 and 64 is the highest in the service area, with 60.5%. Those over the age of 65 account for 12.6% of the Boone County population.

Hamilton County

Hamilton County has a population of 28.2% under the age of 18. The population between the ages of 18 and 64 is close to the state average at 60.9%. The percent of the population over the age of 65 in Hamilton County is approximately 10.9%.

Madison County

Madison County's population under the age of 18 is 22.1%. The population between the ages of 18 and 64 is 60.7%. Those aged 65 and over account for 17.2% of the population.

Washington/Pike Townships

In Washington Township, 19.9% of the population is under the age of 18, while 52% is between the ages of 18 and 64. Roughly 28.1% of the Washington Township population is over the age of 65. In Pike Township, 26.2% of the population is under 18 and 63.5% is between the age of 18 and 64. 10.3% of the population in Pike Township is over the age of 65.

5.3. Race/Ethnicity

Indiana's population contains 83.9% of individuals who are Caucasian, 9.3% African American, 2.1% Asian, 3.1% multiracial, and 1.6% are of other race or ethnicity. Within the service area of Aspire Indiana Health, the populations vary significantly based on county.

Boone County

Boone County has the highest percentage of Caucasian individuals at 93.69% of the population. African-Americans constitute 1.61% of the population and those of Asian descent make up 2.60%. About 1.64% of the population claims more than one race.

Hamilton County

Hamilton County's population is 87.38% Caucasian. 3.63% of the population is African-American and 5.79% is of Asian descent. 2.24% of Hamilton County's population claims more than one race. Less than 1% of the population is of another race or ethnicity.

Madison County

Madison County has a population with 87.93% Caucasian and 7.66% African-American individuals. 2.74% of the population is multiracial, and less than one percent is of another race or ethnicity.

Washington/Pike Townships

Washington and Pike Townships are the most culturally diverse areas in Aspire Indiana Health's service area. Washington Township has a population of 63% Caucasian and 29.42% African-American individuals. 2.38% of Washington Township is Asian, while 3.22% is multiracial. 1.76% of the Washington Township population claims another race or ethnicity.

In Pike Township, 47.43% of the population is African American, while Caucasians make up 36.43% of the population. 2.74% of the population in Pike Township is of Asian descent, 4.31% is multiracial, and 9.02% is of another race or ethnicity.

5.4. Language Spoken at Home

Overall, the primary language spoken at home among the population 5 years old and over in the Aspire Indiana Health service area is English. The same is true throughout Indiana, where 91.6% of residents are English speakers; 4.7% speak Spanish, and 3.7% speak a language other than English or Spanish.

Boone County

In Boone County, 95.4% of residents 5 years old and over speak English at home. Boone County has the lowest number of Spanish speaking residents at 1.6%, and 3% of the population speaks a language other than English or Spanish.

Hamilton County

In Hamilton County 90.8% of residents speak English at home. 2.7% of the population in Hamilton County speaks Spanish, while 6.5% of the population speaks a language other than Spanish or English.

Madison County

Madison County's population of English speakers is 96.4%. 2.7% of the population speaks Spanish. Madison County has the lowest percentage of individuals who speak a language other than Spanish or English, with less than 1% of the population.

Washington/Pike Townships

Washington Township in Marion County has 92.5% of residents that speak English. The population that speaks Spanish is 3.5%, and the population that speaks a language other than Spanish or English is 4%.

Pike Township in Marion County has a population of 79.9% that speaks English as a primary language, the lowest number in Aspire Indiana Health's service area. Pike

Township also has the highest portion of the population that speaks Spanish at 12.6% and the highest number of people who speak a language other than Spanish or English at 7.5%.

6. ECONOMIC INDICATORS

6.1. Below Poverty Level

Approximately 14.6% of Indiana's population lives under the federal poverty level. Within our service area, the numbers are either substantially higher or much lower.

Hamilton and Boone County are two of the wealthiest counties in the state. Boone County has a population of only 6.1% living under the federal poverty level. In Hamilton County, approximately 5% of the population lives under the federal poverty level. Washington and Pike Township is closer to Indiana data, with 15% people living in poverty in Washington Township and about 10.9% in Pike.

Madison County has the highest number of people living in poverty within the service area of Aspire Indiana Health, 17.4%.

6.2. Unemployment

The unemployment rate of individuals over the age of 16 who are considered eligible to work in Indiana is 3.88%.

In Pike Township, approximately 7.27% of the working-eligible population is unemployed. Washington Township is not far behind with an unemployment rate of 6.94% and Madison County with a rate of 6.82%. All three of these areas have an unemployment higher than the national average of 4.13%.

However, in Boone and Hamilton counties, the rate is lower. Boone County's unemployment rate is 3.27% and Hamilton County is even lower at 2.41%.

6.3. Per Capita Income

Per capita income is the average income earned per person in a year in a specific area. Hamilton County has the highest income average, at \$44,443. Boone County is second in the service area, with an average income of \$36,483. The per capita income for Pike Township is very close to Washington Township's (\$36,498), with an average amount of \$36,039.

The state's average income is \$27,305. The previously named areas are noticeably higher, whereas Madison County falls below Indiana's data, at \$23,680.

7. EDUCATION

Education is divided into six categories, based on the Census Bureau's 2017 American Community Survey. These statistics are based on the total population over the age of 25.

	Without HS Diploma	HS Diploma Only	Some College	Associate's Degree	Bachelor's Degree	Graduate or Professional Degree
Boone County	6.28%	23.38%	16.33%	6.78%	28.00%	19.23%
Hamilton County	3.79%	15.18%	17.03%	6.51%	36.83%	20.67%
Madison County	12.35%	38.97%	22.27%	8.87%	11.79%	5.76%
Pike Township	10.17%	22.58%	22.32%	7.95%	23.78%	13.21%
Washington Township	7.33%	17.53%	18.36%	6.38%	30.58%	19.82%

Boone County, Hamilton County, and Pike and Washington Townships are below Indiana's data in regards to people without high school diplomas and people with only a high school diploma or equivalencies. This means that a majority of the population has some kind of experience in college or a college degree. Over one-fifth of these areas have a Bachelor's degree. Hamilton County leads with 36.83% of the surveyed population with a college degree.

Madison County has the highest percentage of the population within our service area and compared to the state without a high school diploma (12.35%). Madison County also has the highest rate of those with only a high school diploma or equivalency, at 38.97%. Approximately 22.27% of the population has some college experience, but no degree. The remaining 26.42% have a college degree.

8. PRIORITY HEALTH ISSUES

8.1. Access to Care

Access to care is a prominent health issue in our service area. Two main factors of the access are having insurance and having transportation.

8.1.1. Uninsured

Lack of insurance keeps individuals from seeking healthcare. In Hamilton County, 5.7% of the population is uninsured. Boone County contains an uninsured population of 6.5%, while Madison County has a 10% uninsured population. Washington Township's uninsured community is 9.3%; Pike Township contains the highest percentage of residents without insurance at 13.5%

8.1.2. Transportation Options

Transportation is a barrier that keeps people from accessing care. In some places, being able to use public, or even private, transportation is not a possibility.

Boone County

In Boone County, there is a limited-use public transport system called Boone Area Transportation Services (BATS). It operates Monday through Friday from 7:30AM to 4:30PM. The service is limited, because there are only a certain number of vans used. It is also a demand-response service that requires a rider to call and request a pick up.

Hamilton County

Hamilton County has Hamilton County Express, which is run by Janus Developmental Services, Inc. It is a shared-ride public transportation service. Similar to Boone County, there is very limited availability. Trips can be requested up to two weeks in advance, but require 24-hour notice. The service runs Monday through Friday from 6AM to 6PM and Saturday from 7AM to 3PM. Rides can only be scheduled up until 4pm on weekdays.

Madison County

Transportation for Rural Areas for Madison (TRAM) is a demand-response service that requires a 24-hour notice. It is a door-to-door transportation service and only serves Madison County residents. Transportation is available Monday through Friday from 7AM to 5PM.

The city of Anderson has one public transportation system—the City of Anderson Transit System (CATS). There are seven fixed routes that run Monday through Friday, from 6AM to 6:30PM and Saturday from 9AM to 3:30PM.

Washington/Pike Townships

Washington and Pike Townships are served by the public transit system IndyGo. IndyGo operates throughout Indianapolis, which is the highest populated city in Marion County. The system runs Sunday through Saturday, with only a few routes running on Sundays. Saturday operating times are reduced, compared to weekdays. During the week transit times for this specific area start as early as 4:20AM and run as late as 11:33PM.

Washington Township has ten routes that run every thirty to ninety minutes. Pike Township has four routes, two of which also serve Washington Township.

8.2. Low- Income Housing

Having a stable and affordable place to live is a necessity for all people. If safe and secure housing becomes an obstacle, people are less likely to live in a healthy environment or seek healthcare. The Center on Budget and Policy Priorities reported in 2016 that 5,798 people were homeless or lived in shelters in Indiana. In addition, 89,000 people received some sort of housing or rental assistance, with 61% of those people working regularly.

There are options available for low-income housing for which the United States Department of Housing and Urban Development (HUD) provides some funding. Based on the 2010 Census Data, the Office of Policy Development and Research (PD&R), calculated a report for the year 2017 concluding that our service area contains 7,185 low-income units, with an average of 92% unit occupation. There are 9,603 people who live in these housing units, which is close to 8% of the number of our patients who are living in poverty. The adults who live in these units have an average yearly income of \$11,885.

HUD pays roughly \$526 per unit for rent, but there is an average waiting time of 28 months before someone can receive assistance from the programs that HUD has to offer, which includes the Housing Choice Voucher (Section 8), rental assistance, public housing and many more resources.

8.3. Adults Without Consistent Primary Care

A prevalent health concern within the service area of Aspire Indiana Health is adults without consistent primary care. According to the UDS Mapper ZCTA Data, in Hamilton County 11.35% of adults lack consistent care. Boone County's rate is closer to Indiana's data, with 18.84% of the adult community without regular care.

In Madison County, 22.18% of adults do not receive steady care. Washington Township has more than three times as many adults lacking stable care in comparison to the state, at 52.40%. Pike Township has the highest portion of adults without regular care in the Aspire Indiana Health service area with 61.5%.

8.4. Adult Obesity

The United Health Foundation conducts an annual report for America's Health Rankings. The average percentage of the population over 18 with obesity in our service area is almost 32%, which is just over 170,000 people. The difference between the highest and lowest rate within our service area is roughly 12%.

Hamilton County has the lowest rate of adult obesity at 27%, with Boone County trailing behind at 29%. Pike Township is in the middle, with an obese population close to one-third of the total population over 18. In Madison County, 35.6% of adults are obese. The highest percentage of obese adults in our service area is found in Washington Township, at 39.39%.

8.5. Substance Abuse

Substance abuse is a growing concern, especially within the past few years. The National Safety Council recently reported that the odds of dying of an accidental drug overdose (1 in 96) are higher than dying from a car accident (1 in 103). In 2017, the provisional number of drug overdose deaths was about 70,699, as reported by the Centers for Disease Control and Prevention (CDC).

The Indiana State Department of Health published a county-based report for the years 2011-2015 referencing opioid overdoses. In Marion County, where Washington and Pike Townships are located, 78 people per 100,000 visited an emergency room with a non-fatal opioid overdose. Madison County has 54.7, Boone County had 41.1 and Hamilton County had 38.8 people per 100,000 for the same time period.

In the state of Indiana, there has been a 32.86% increase of drug overdose deaths from December 2015 to December 2017. In Madison County alone, the increase of all drug poisoning deaths increased from 29.39 deaths per 100,000 in 2016 to 39.40 in 2017. All drug poisoning includes opioids, cocaine, benzodiazepines, and any other psychostimulants.

Marion County had 38 drug poisoning deaths per 100,000 people in 2017, with about 63% of those deaths caused by opioids. Boone County had 16.70 and Hamilton County had 14.83 per 100,000.

8.6. Youth Mental Health

Nationwide, there has been a growth in the youth population experiencing poor mental health, suicide, and suicide ideation.

According to 2016 CDC figures, there were 44,965 suicides nationally, which was the 10th leading cause of death. Of that number, 436 of those suicides were committed by children between the ages of 10 and 14.

Over two million adolescents between 12 and 17 in the United States experienced a major depressive episode, which is 9% of the total number of children in that age group. In Indiana, 15% of the youth in that same range also faced at least one of these episodes.

The Indiana Chapter National Children's Alliance reported that Indiana is 10th overall in the nation in youth suicide and 1st in suicide ideation.

8.7. Dental Provider per Population

A rising health concern is oral care. Lack of dentists is one reason for this increase. Data presented by the County Health Rankings is presented as ratio of people to dentists at a county level.

The ratio of people to dentists in Boone County is 2,380:1, which means there is only one dentist per 2,380 people; there are 26 dentists for the county of 63,013 residents.

In Madison County, the ratio is 2,030:1, which amounts 64 dentists for the 129,641 residents. There are roughly 226 dentists in Hamilton County, where the ratio is 1370:1.

Marion County, which is the county that Washington and Pike Townships reside, is the most populous county in the state. There are approximately 939,964 people in this county and there are roughly 752 dentists, with a ratio of 1250:1.

9. ADDRESSING HEALTH ISSUES

9.1. Scope of Services

Aspire Indiana Health is an Integrated Care Entity that addresses complex health needs through merging behavioral health and primary care services. Aspire Indiana Health targets the behavioral, physical, and social determinants of health that endanger total well-being through the following services:

Wellness and Prevention

This primary care service targets the prevention of disease and provides services to ensure continued, consistent primary care.

Women's Specialty Healthcare

The ISDH-sponsored Safety PIN program through Aspire Indiana Health provides education and healthcare to women aged 15-34 with the motto is "healthy mom, healthy baby."

Acute and Chronic Illness Care

Acute and Chronic Illness care at Aspire Indiana Health provides ongoing primary care treatment and intervention services to ensure our patients receive the immediate care they need for their health concerns.

Infectious Disease Management

Our Infectious Disease Management Services provide housing and treatment options for individuals living with or at high risk of HIV/AIDS and Hepatitis C. This team also provides non-medical case management for HIV and PrEP clients.

Substance Use Disorder Services

Aspire Indiana Health provides services through HARP, the Harm Reduction Program, to address the opioid crisis by providing education and support to reduce harmful behaviors in individuals struggling with substance use disorders. In addition to this valuable education, Medication Assisted Treatment (MAT) is also offered to clients ready for recovery. This program is also offered in partnership with local law enforcement and probation programs.

Crisis Services

Aspire Indiana Health connects patients with Serious Mental Illness (SMI) and Mental Illness (MI) to crisis therapy services through our sister organization, Aspire Indiana.

Home/Community Based Services

Aspire Indiana Health works with licensed social workers provide care within the community to address concerns with child abuse and neglect, provide employment and

social security benefits counseling, and engage with clients who require services outside of the office.

Supported Group Living

Aspire Indiana Health provides medical services through May House, Hartung and Hudson houses. Individuals who take part in supported group living receive medical care services and structured living arrangements.

Therapy Services

Through Aspire Indiana, the behavioral health sister organization to Aspire Indiana Health, our patients are able to receive immediate behavioral health services at need.

Housing Services

The infectious disease teams works alongside consumers to provide reliable, safe housing. There is available funding that assists with housing payments and necessities.

Deaf Services

Translation services are available at all of our locations through interpreters based out of our Washington Township location. Deaf services also utilize telehealth to ensure their interpretive services are immediately accessible.

Employment Services and Counseling

Employment services are available to place our clients in meaningful work. Through our partnership with Aspire Indiana, we offer services for Ticket to Work as an Employment Network and also offer social security benefits counseling through Work Incentives Planning and Assistance.

9.2. Sliding Fee Scale

Aspire Indiana Health accepts Medicare, Medicaid, and Private Insurance. However, in the instance that an individual is uninsured and on a restricted income, Aspire Indiana Health offers a sliding fee schedule with the potential of reducing the standard charge as low as \$0 per visit depending on the household income. Discounts begin at 200% of the Federal Poverty Limit.

9.3. 340B/Prescription Assistance

Aspire Indiana Health is part of the 340B drug program and is able to provide improved access to medications. Savings identified from this program are used to provide additional clinical services needed for the communities we serve.

9.4. Multiple Locations

Aspire Indiana Health has 8 facilities throughout Boone, Hamilton, and Madison counties and Pike and Washington townships in Marion County-- an area with a combined population of 717,718 people. In Marion County, Aspire Indiana Health is located in Washington Township, but has patients from throughout the county. Integrated behavioral health and primary care are offered at all locations through skilled therapists and medical staff.

Madison County

Anderson

Hoak
215 W 19th Street
Anderson, IN 46016

DeHaven

2020 Brown St
Anderson, IN 46016

Mayhouse Group Home

6775 SR 32
Anderson, IN 46011

Elwood

10731 SR 13
Elwood, IN 46036

Boone County

Lebanon

1600 W. Main Street
Lebanon, IN 46052

Hamilton County

Carmel

697 Pro-Med Lane
Carmel, IN 46032

Noblesville

17840 Cumberland Rd.
Noblesville, IN 46060

Marion County

Washington Township

2506 Willowbrook
Parkway, Ste 300
Indianapolis, IN 46205

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