

Together...making health and well-being a reality!

# WRAPAROUND SERVICES

## Serving Youth With Intense Needs

Indiana has several programs which allow families of youth with serious emotional problems to receive extra help in their homes while the youth continue to live in the community.

Some families have difficulty accessing sufficient help because their insurance doesn't cover the high level of mental health services needed. Through a unique partnership between the Department of Child Services and the Division of Mental Health and Addiction, the Children's Mental Health Initiative (CMHI) provides Wraparound supports that supplement insurance, or provide support when there is no insurance.

For a family that has Medicaid and whose child qualifies, Wraparound is available through another program, the Children's Mental Health Wraparound (CMHW). As of July 1st, a youth who qualifies for the CMHW program before their 18th birthday could receive services for a year, or through their 19th birthday.

## How Wraparound Can Help

Wraparound is designed to combine formal supports such as therapy, life skills, medication management, etc., with natural supports in the home and community. Natural supports may include extended family, friends, pastors, neighbors and others involved with the family.

A trained Wraparound Facilitator will provide intensive care coordination with the family to develop an individualized treatment plan and a Child and Family Team. The family and its team will also develop a plan to make sure they have steps to take when there is an emergency. As the team adjusts the plan, the Wraparound Facilitator will link the family with resources and monitor how things are working. Through regular meetings with the Wraparound Facilitator and their team, the family will get help with the problems the youth is having. They will discover ways to use their strengths and skills to achieve positive outcomes.

### Contact Us:

- Boone County ...... 317-587-0589
- Hamilton County .... 317-587-0589
- Madison County ..... 765-608-5583

#### Who is Eligible?

- The child/youth must be at least age six (6) and under age 18.
- The child/youth must have a high level of need for intense services. In technical terms that means the youth is experiencing significant emotional and/or functional impairments that impact his/ her level of functioning at home or in the community
- The youth cannot have a primary diagnosis of ADHD, substance abuse, or Autism Spectrum
- The child cannot be eligible for services through the Bureau of Developmental Disabilities Services

#### How to Access Wraparound

The State of Indiana has agreements with the community Access Sites around the state. The Access Site serves as a clearinghouse to determine eligibility for Wraparound as well as other intensive mental health services.

Aspire serves as the Access Site for Hamilton, Madison and Boone Counties. Community members, schools, judges, parents, prosecutors, DCS, public defenders, anyone, can refer a child to the Access Site.

The Access Site will contact the family and secure authorization to determine the youth's eligibility for one of the Wraparound programs. If the youth qualifies, the Access Site will make arrangements for a Wraparound Facilitator to assist the family going forward. If the youth does not qualify for a Wraparound program, the Access Site will assist by making connections with other community resources that might benefit the youth and family.