

# Aspire

Indiana Health

WHOLE HEALTH FOR YOUR WHOLE FAMILY

## YOUTH AND FAMILY SERVICES

Aspire has a wide array of services for youth and family closely aligned with the goals of those we serve — to whenever possible keep children and families together in their homes and schools while obtaining the resources, assistance and interventions to function safely and adaptively with the challenges that arrive in their lives.

**This includes:**

- Family or individual therapy/skills training
- Intake assessments
- Case Management
- Psychiatry Services
- Home and community-based services
- WRAP
- School-Based Services
- Primary medical care such as wellness appointments,
- Vaccinations, acute illness care, sports physicals, etc.
- Family Preservation

We collaborate with other entities that serve youth and families, including schools, law enforcement, judicial authorities, the Indiana

Department of Child Services (DCS) and other governmental agencies. Working together, we have developed a comprehensive treatment platform to address the complex emotional, behavioral and mental health needs of families.

**Community-Based Services**

In addition to the services offered at our offices, Aspire also has a powerful community-based program of services. These are provided to clients in their homes or community that are a blend of individual and family counseling, skill development training and case management.

Community-based services are designed to assist families with a multitude of mental health needs and to strengthen their ability to effectively cope with their daily lives and



responsibilities as contributing members of their community.

An assessment to determine eligibility is required for acceptance into this program. For more information and to make an appointment, please call (877) 574-1254, or make an online appointment through our Consumer Portal at [www.AspireIndiana.org](http://www.AspireIndiana.org).

#### Core Values

Services will be child-centered and family-focused, with the needs of the youth

and family as the most important factors in deciding what kind of help is needed.

Our services will be community-based, building on the strengths, natural supports and resources of the family.

We will respect and respond to the unique culture (racial, religious, ethnic, socioeconomic, gender identity) of each family.

The services will be designed to help families develop positive pathways to their own independence. ■



#### VIDEO IN PERSON

Aspire Indiana Health has been a pioneer in the use of virtual appointments, including Video in Person (ViP) over your computer or mobile device, as well as telephone.

#### HOW TO GET HELP

Aspire Indiana Health accepts Medicaid, Medicare and most commercial insurance. We also offer a sliding-fee scale for clients who are uninsured and have health navigators to assist people in obtaining coverage.

Appointments .....(877) 574-1254

24/7 Crisis .....(800) 560-4038

Website .....[www.AspireIndiana.org](http://www.AspireIndiana.org)

#### YOUTH AND FAMILY SERVICES LOCATIONS:

LEBANON.....1600 W. Main St., Lebanon, IN

NOBLESVILLE .....17840 Cumberland Rd., Noblesville, IN

CARMEL .....697 Pro-Med Ln., Carmel, IN

ANDERSON .....2020 Brown St., Anderson, IN

ELWOOD .....10731 SR 13, Elwood, IN

INDIANAPOLIS.....2506 Willowbrook Pkwy., Indianapolis, IN