



Together...making health and well-being a reality!

## ADDICTION SERVICES

Aspire provides a wide range of treatment options and programs that are designed to address the multiple needs and goals of our clients. Some of the services provided include:

**Drug Screening:** Aspire provides accurate, affordable screening for substances when necessary or required during the treatment process. All results are confidential and only released with a client's expressed written consent.

**Related Services:** Aspire has certified therapists for the treatment of problem gambling.

**Co-occurring Disorders Treatment:** Depression, anxiety, anger issues, family conflicts and other mental health concerns are frequently a part of the addiction syndrome. Aspire is a community leader in providing assistance for both mental health and addiction within the same treatment program.

**Medication Assisted Recovery Therapy:** Today there are medications that can help people better cope with the intense cravings for drugs/alcohol. Our medical staff can provide the necessary support to deal with this difficult problem.

**Individual, Group, and Family Therapy:** Addiction is a family disease. Every client will receive individual and group therapy so they can begin to understand and heal from their addiction. Every member of the family is invited into the treatment process as well so they can be heard and healed as their loved one begins to recover.

**Extended Outpatient Program:** This meets in our Carmel location and is intended for those needing a more intense treatment program that's not at the IOP level.

**PRIME for Life:** PRIME for Life is an evidence-based alcohol and drug program for people of all ages. It's designed to gently, but powerfully challenge common beliefs and attitudes that directly contribute to high-risk alcohol and drug use.

**First Steps:** This service meets once a week for individuals who are experiencing alcohol or drug problems, but not to the extent of requiring an intensive treatment program.

**SAFE:** SAFE is a one-time session held at the Aspire Elwood office and is designed for alcohol/drug abuse education and prevention purposes. Most referrals are first-time offenders.

**Adolescent Substance Abuse Programs:** Youth, ages 11-18, are evaluated and assigned to a specific recovery group based upon their history and current patterns of use.

**Relapse Prevention:** This service meets twice a week for those who have completed treatment at least once, and who may have relapsed but can accept that the use of substances is making their life unmanageable.

### ASPIRE LOCATIONS

#### LEBANON

1600 West Main Street  
Lebanon, IN  
765-482-7100

Adult, Addictions, Child/Adolescent and Medication Management

#### NOBLESVILLE

17840 Cumberland Road  
Noblesville, IN  
317-773-6864

Adult, Addiction and Child/Adolescent Services

#### CARMEL

697 Pro-Med Lane  
Carmel, IN  
317-574-0055

Adult, Addiction, Child/Adolescent, Continuing Services, Supported Employment and Crisis Center

#### DEHAVEN

2020 Brown Street  
Anderson, IN  
765-641-8389

Adult Addictions, Child/Adolescent

#### ELWOOD

10731 State Road 13  
Elwood, IN  
765-552-5009

Adult, Child/Adolescent and HIV/AIDS Services

#### INDIANAPOLIS

2506 Willowbrook Parkway  
Indianapolis, IN  
317-257-3903

Adult, Child/Adolescent, HIV/AIDS, Addiction Services for Adults and Adolescents Medication Management

**Appointments** ...1-877-574-1254

**24/7 Crisis** .....1-800-560-4038

**Website** .....[www.AspireIndiana.org](http://www.AspireIndiana.org)