

Mockingbird Hill: A Sanctuary for Recovery



Sprawling across a beautiful 17-acre campus of rolling hills and mature trees, Mockingbird Hill serves as a peaceful oasis for men fighting Substance Use Disorder (SUD) who are ready to transform their lives.

From the 1950s through the 1970s, this property was a famous concert venue hosting legendary country, bluegrass, and blues artists. In 2020, Aspire Indiana Health purchased the historic land, reimagining it as a state-of-the-art residential treatment center that now houses approximately 60 men.

Why Mockingbird Hill is Different

We believe that high-quality care should be accessible to everyone. Mockingbird Hill was intentionally designed to serve individuals from all walks of life, regardless of their financial situation.

- **Affordable & Accessible Care:** Aspire Indiana Health accepts Medicaid, Medicare, and most commercial insurance plans. For uninsured clients, we offer a sliding fee scale and provide dedicated health navigators to help you secure coverage.
- **Gold-Standard Credentials:** Mockingbird Hill is credentialed as a Federally Qualified Health Center (FQHC) and an Indiana Community Mental Health Center (CMHC). We also hold the Joint Commission International (JCI) accreditation—the global gold standard for healthcare quality and patient safety.

The Whole Health Recovery Continuum

Traditional treatment models often scatter the pieces of the recovery puzzle, leaving you to find



them on your own. **The Whole Health Recovery Continuum**—developed in partnership by Aspire Indiana Health and Progress House—is different. We bring every tool necessary for



Aspire Indiana Health

Mockingbird Hill

RECOVERY CENTER

GET HELP NOW: (765) 205-1416

stable, long-term recovery directly to your doorstep. Our innovative approach has drawn prestigious recognition, with White House officials from the Office of National Drug Control Policy calling our Whole Health Recovery Continuum “a model for Indiana and the nation.”

What We Provide

Supported by a full-time staff of approximately 40 professionals, we offer round-the-clock care, supervision, and modern, evidence-based practices. Your personalized care plan includes:

- Onsite medical and behavioral healthcare
- Medication-Assisted Treatment (MAT)
- Individual case management
- Peer support groups

ADMISSIONS CRITERIA:

- Adult male or identifies as male
- Not on the sex offender registry
- Struggling with substance use and unable to stop or reduce use in current living environment
- Medically and psychiatrically stabilized, not at risk of significant risk of alcohol or benzodiazepine withdrawal symptoms
- Ability to ambulate and perform all ADLs independently
- Willingness to go to residential treatment and participate in group and individual therapy and skills sessions
- Symptoms of any co-occurring psychiatric disorders do not prohibit from the participation in and benefiting from group treatment

WHAT TO EXPECT WHILE IN TREATMENT:

- Group therapy and skill sessions daily
- Individual therapy and skills sessions weekly
- Working with a comprehensive treatment team including therapists, recovery coaches, medical providers, care coordinator, psychiatric provider to address your substance use, physical and mental health needs
- Unless a needs call is deemed necessary by clinical staff, phone calls are not allowed for the first 7 days.
- After first 7 days, scheduled 15 minute phone calls to natural supports on provided phones (cell phones aren't permitted for the entirety of the program)
- Open dorm setting-sharing a room and restroom with peers
- Smoking is permitted during specific and scheduled times only-Cigarettes only (vapes, cigars or chewing tobacco is not permitted). Must provide your own, unopened, packs of cigarettes

Your Step-by-Step Journey

Recovery is a process, and we walk with you through every phase.

- **Initial Treatment:** Begin your recovery journey in a structured, supportive environment at Mockingbird Hill.
- **Progress House:** Transition into a community-focused environment to practice your new skills.
- **Level III & Level II Recovery Houses:** Step down into independent living with continued structural support.

Our Promise to You: Even as you transition through different housing levels, you will never lose your support system. You will continue to receive the exact same dedicated, comprehensive care from the Whole Health Recovery Continuum throughout your entire journey.

The Ultimate Goal: Long-Term Freedom

No matter where your battle with addiction began, our goal for you remains exactly the same: to help you achieve stable, long-term recovery so that Substance Use Disorder no longer controls your life.

GET HELP NOW: (765) 205-1416

IF IT IS A MEDICAL EMERGENCY PLEASE CALL 911.

Aspire 24/7 Crisis: (800) 560-4038

If you are interested in pursuing treatment call us at (765) 205-1416.

Aspire Indiana Health accepts Medicaid, Medicare and most commercial insurance. We also offer a sliding fee scale for clients who are uninsured and have health navigators to assist people in obtaining coverage.