



Aspire Opens the Doors to Noblesville Pharmacy



Christopher Lloyd
Vice President of Marketing
& Communications



Tiffany Whisner
Marketing Content Manager



Cheryl Berry
Marketing Creative Manager



Jaclyn Saunders
Marketing Coordinator



CéAira Waymon
Marketing Creative Associate

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Aspire Opens the Doors to Noblesville Pharmacy



Aspire Indiana Health has opened the doors to its second Aspire-owned pharmacy! This pharmacy is located in Aspire’s Noblesville Health Center at 17840 Cumberland Road. With the opening of this pharmacy comes the rolling out of new services and the availability of low-cost medications to Aspire patients as well as the broader community in March.

“By opening this Aspire-owned pharmacy, we’re

bringing structures that help with the accessibility and affordability of medication,” says Aspire Chief



Dr. Oh

Medical Officer Dr. Holly Oh. “In addition, we are integrating medication experts into our care teams, which means our patients are getting more seamless, coordinated – and better – care.”

By having pharmacies available onsite at the same location where patients receive primary or behavioral healthcare, Aspire aims to reduce barriers to obtaining the prescribed retail and specialty medications they need.



Sheehan

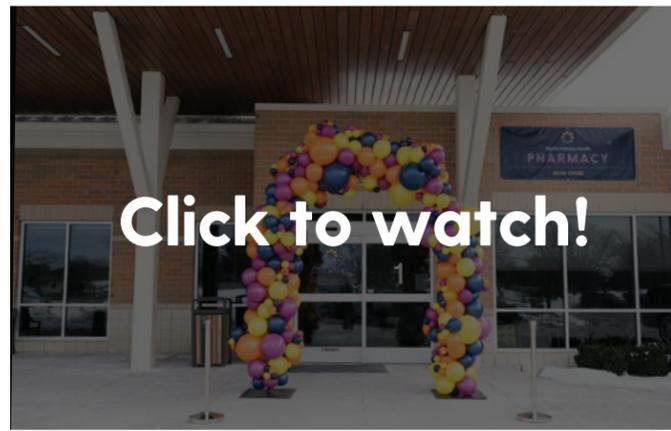
“It is a travesty that people can’t get access to the medications they need, and we’re putting that right,” says Aspire Indiana Health President & CEO Antony Sheehan. “Through our partnership with AndHealth, the expansion of Aspire’s pharmacy services allows us to provide people with affordable, accessible medication.”

“When we think about quality healthcare and infrastructure in our community, Aspire plays a critical

role in that,” says Mayor of Noblesville Chris Jensen. “Bringing this pharmacy in house is going to keep those jobs local and make those medications that are, for some, simply out of reach available here in our community.”

The Noblesville pharmacy ribbon cutting included state and local officials along with Aspire leadership. Aspire’s other pharmacy location is at 2009 Brown St. in Anderson. Both pharmacies are open Monday through Friday from 8 a.m.-5 p.m.

ADDRESS: 17840 Cumberland Road, Noblesville
Call (877) 430-0707 to speak with one of our trained pharmacy staff members or [visit our pharmacy page to learn more!](#)



Social Impact Team a Benefit to People with Disabilities

When it comes to understanding Social Security Disability Insurance (SSDI) and/or Supplement Security Income (SSI), it can be challenging for many clients to navigate. That’s why Aspire Manager of Social Impact Jill Skehan and her team are there to offer expertise and guidance.

“My experience with Jill and Community Work Incentives Coordinator Rachel Smith has been very positive. They helped me and my granddaughter with her benefits so much when the Social Security Office couldn’t,” says Linda Turner, grandmother to client Breana Weathersby, who the Social Impact Team works with closely to understand her benefits.

Aspire’s Social Impact Team covers three different areas, each managing a different type of benefits counseling: Work Incentives Planning and Assistance (WIPA), Individual Placement and Support (IPS)/Benefits Information Network (BIN) Team, and the Benefits Counseling Team.

“We are just one part of Social Security’s Ticket to Work Program, an incentive program assisting individuals who receive Social Security disability



AI assisted creative

benefits and want to work,” Skehan says. “WIPA provides benefits counseling to help folks understand what their benefits are and how they will be impacted. We make sure to verify their benefits, do a thorough review of that verification, and then provide a comprehensive report about what we verified and how work wages can impact that.”



Skehan

JOURNEY TOWARD FINANCIAL INDEPENDENCE

The Social Impact Team sees a variety of cases daily. One individual may have similar benefits to another but a much different path, questions and circumstances leading them to the Social Impact Team, whose purpose is to help each person understand their benefits and what will be most impactful to their situation.

Do you receive healthcare? Or do you have Supplemental Nutrition Assistance Program (SNAP) benefits or Medicaid? Do you get housing or veterans benefits? Are you married? These are just some of the questions that must be answered to help the Social Impact Team determine what each individual is eligible for.

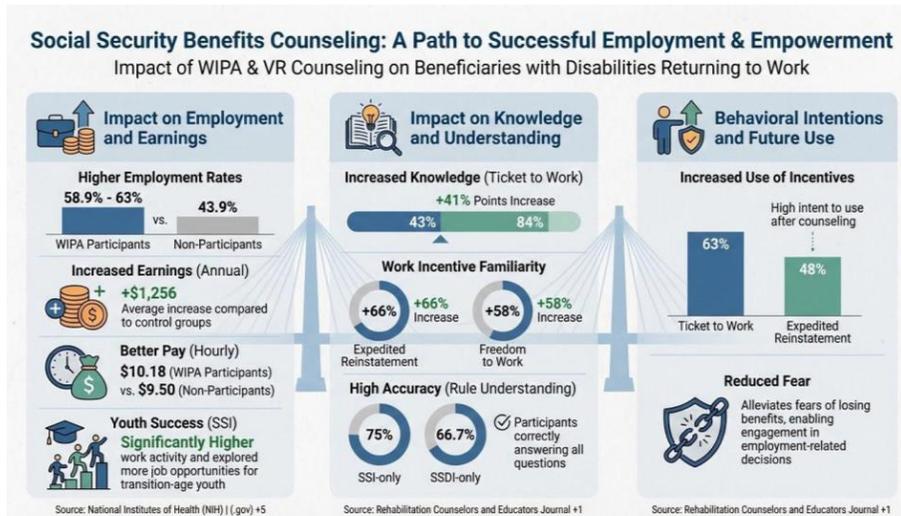
“We have to look at the full picture for each individual report because folks may often hear a certain dollar amount, but that isn’t always accurate to their specific circumstances,” Skehan says.

“Understanding Social Security Disability while working can be overwhelming for many clients,” says



Austin

Aspire Community Work Incentives Coordinator Tammy Austin. “Providing them with the necessary information to make informed decisions regarding work incentives is essential for their journey toward financial independence.”



One major aspect of the Social Impact Team is benefits counseling. Benefits counseling provides help for individuals signing up for Social Security benefits because the process can be cumbersome. The Social Security Administration has streamlined the application process online, which makes the first step a bit easier, but the follow-up steps can be lengthy and harsh.

The Social Impact Team helps navigate those next steps and gather what information is needed. If someone is denied coverage, a benefits counselor can step in and assist with the appeals process. Further, if that person is denied a second time, the Social Impact Team can refer clients to the legal partnership Aspire has with Indiana Legal Services to help second appeals for disability benefits.

“I love my position and the work I do because it gives me a sense of purpose and allows me to be able to



Johnson

pour back into my community,” says Aspire Community Health Worker (CHW) in Benefits Counseling Simone Johnson. “This position does that, and it makes me feel awesome at the end of the day, every day.”

MANAGING A COMPLEX SYSTEM

Another aspect of the Social Impact Team is the Benefits Information Network (BIN) Team, which provides benefits counseling similar to WIPA but instead of being through Social Security’s Ticket to Work Program, it’s through state funding facilitated by Vocational Rehabilitation (VR). The BIN Team partners closely with Aspire’s Employment Services Team to understand the potential impact to benefits for individuals who want to work.



Sparks

“A patient experience that sticks out to me involved working with an individual who had not worked in over 20 years and had recently returned to work earning self-employment income,” says Aspire BIN Liaison and Community Partner Work Incentives Coordinator Mitchell Sparks.

“As a BIN Liaison, I was able to connect with him to ensure he received the accurate information and due diligence he deserved as he navigated this major transition back into work. After getting to know more about this client and his story, his return to work was both inspiring and a privilege to support. I was able to share vital information regarding his benefits and how it would impact his new self-employment earnings coexisting with his SSDI benefit without jeopardizing his financial stability.

“Breaking down these complex systems into manageable pieces for him and providing that relief for him was truly a pleasure.”

Sparks says one of the most rewarding aspects of work with the Social Impact Team is staying connected with clients and supporting them as they achieve their personal and professional goals. And Skehan agrees.

“We just really enjoy the collaborative efforts of anyone and everyone we’re working with,” she says. “We really appreciate everyone working together with the common goal of assisting our beneficiaries.”

Social Impact Client Data

JULY 1, 2025 - CURRENT DATA

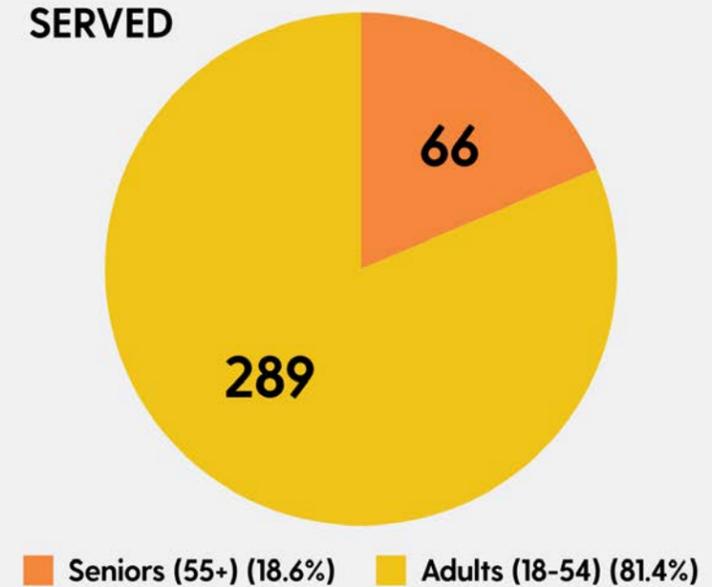
TOTAL NUMBER OF CLIENTS SERVED

387

TOTAL NUMBER OF EPISODES CLOSED

249

AGE OF PEOPLE SERVED





Emotional Service Through Property Maintenance



Aspire Indiana Health's Facilities Team has a heart for service. The 15-member team believes in and supports each other like a family, dedicated to providing Aspire clients and staff with what they endeavor to be some of the best facilities in the community mental health world.

Aspire owns or leases nearly 70 properties – used for health centers, supported group homes, independent apartment living complexes, single family homes and apartments dedicated to individuals in Aspire's recovery continuum. Those properties span Aspire's

coverage of Hamilton, Marion, Madison and Boone Counties – and now include the newest properties in Shelby and Hancock Counties as a result of Aspire beginning services in those counties as the newly designated Community Mental Health Center (CMHC).

Maintaining those properties is Aspire's Facilities Team, led by Senior Director of Facilities David Wildman and Manager of Facilities Brian McCarthy. Aspire's Facilities Team includes: Supervisors Dwaine Jackson and Joe Leising, maintenance technicians

Danny Cross, Mike Garland, Christian Gaspard, Gregory Goff, Michael Holman, Larry Hutton, James Liebrecht, James McCarthy and Leonard Padgett, along with mail carriers John Iterman and Jim Kartholl.

"We have built a team where each individual feels comfortable to have a voice," McCarthy says. "It's about our whole team working together to come up with solutions."

STAYING ON TRACK WITH REQUESTS

How does the Facilities Team stay on track with maintenance requests? They use a work order ticketing system – one that brings in an average of 430 tickets a month. And no two tickets are the same. It may be something as simple as a burned out lightbulb or as complex as a makeover of one of the HUD apartments.

As the maintenance requests come in, they are divided into three categories: life/safety – which is typically some kind of emergency, normal tickets and those that are capital projects.

"If it's a life/safety issue, per Aspire's policies, we have 72 hours to take care of it," McCarthy says. "That 72 hours is just the first step to put a bandage on it. It could be a water leak, fire or a more urgent situation."

The level two, or normal, tickets range from a wiggly door handle to a lightbulb replacement, and those projects are typically completed in 10-20 days. Then, the level three tickets are larger capital projects that can take weeks to complete.

"Some of those level three tickets are several projects in one property – a bathroom remodel, the floors need new carpeting and repainting the entire space," McCarthy says.

Type of Requests

Life/Safety

 **72 hrs**

Normal Tickets

 **10-20 days**

Capital Projects

 **2+ weeks**

And many of the federal guidelines require extremely high standards – a good challenge for the team to both meet... and exceed.

"Even though Aspire is both a Medicaid and Medicare provider, we want our spaces to have the look and feel of a private practice," McCarthy says. "Just because someone is on Medicaid does not mean



McCarthy

they have to come to a second-class facility. There's the dignity that comes from a first-class, high-quality facility we want to have in place for everyone who visits an Aspire property."



A TEAM EFFORT

The maintenance of Aspire's properties is a job Wildman and McCarthy can't handle alone. They look to their team members to be actively involved and accountable for those buildings and facilities they are in charge of. Each team member is assigned to certain buildings, but there is a proactive willingness to jump in and lend a helping hand where needed.

"We want the individuals on our team who have that level of independence and engagement in their job," Wildman says. "We can't be everywhere to see everything, and they are the ones who are seeing the evolution of these buildings and have firsthand knowledge of what's going on."

Plus, it gives each team member the chance to build relationships with the staff at that particular building – getting to know the people on an individual level and developing that rapport.

"There is a level of trust between the building staff and the facilities team member," McCarthy says. He adds that Supervisor Joe Leising articulated the statement, "The clients are why we are here. We can't take care of them physically or with their mental or emotional needs, but we can take care of their environment and how the buildings and facilities look, and if our clients and patients feel good where they are sleeping, living or receiving care through Aspire, then they are going to feel better as a whole."

And Aspire's whole health focus is one the facilities team takes seriously.

THE FACILITIES FAMILY

The Aspire Facilities Team is more than just team members – they are family. They care for each other on a personal level, and it's a bond that is formed as a team and has deepened and widened to the clients and staff they care for in each of the Aspire properties.



Wildman

"There is a level of emotional service that goes into this job," Wildman says. "It's knowing we're doing something that may make the world a little bit better of a place in some way for someone."

"We love the clients, and the clients love our team," McCarthy says. "That's why we are here is to make a difference in their lives."

Sign up for the Recovery Rising Newsletter!

RECOVERY RISING

Please join us in celebrating the strengths and successes of individuals in recovery. We invite you to help us honor and witness their progress and resilience.



[CLICK HERE TO SIGN UP!](#)



Employee Spotlight: Brenda Blake

LICENSED ADDICTIONS THERAPIST - CENTRAL INDIANA

Licensed Addictions Therapist Brenda Blake has been with Aspire for more than a decade.

"I've been sober for 31 years, and that is one of my life-changing experiences," she shares. Sobriety in conjunction with her career, rooted in social work from undergrad, changed the trajectory of Blake's professional career, as she pivoted to become an addictions counselor.

With her master's degree in mental health counseling from Indiana State University, Blake is also certified as an eye movement desensitization and reprocessing (EMDR) trauma therapist as well as a licensed clinical addictions counselor. She has patients both in individual therapy and group therapy.

"The connection between trauma and addiction is so significant, and that is why I became a certified EMDR therapist," she says.

"I believe people who struggle with addiction many times also struggle with trauma, and if the underlying trauma is not addressed, it makes it much more difficult for an individual to maintain a joyful and fulfilling sober life."



Through EMDR trauma therapy, Blake shares a significant moment in her recent career. "A client who had a history of recurring inpatient stays was not able to say the word 'trauma' without breaking down and spiraling," she says. "Through EMDR therapy, she not only talks about and processes her trauma, but she is now able to manage her trauma instead of the trauma managing her." This same patient has been able to maintain sobriety for years and continues to work toward healing.

Blake has five children, and in May will be welcoming her ninth grandchild. She raised her family on a 40-acre farm – along with horses,

German Shepherds, cattle and hogs – where she operated heavy machinery including bailing her own hay. Her children also participated in the 4-H program.

Brenda enjoys sports including golf and basketball. Music has also always been important to her, and she plans to return to teaching vocal techniques, guitar, piano and mandolin lessons when she retires. When participating in the Madrigals singing ensemble at Saint Mary-of-the-Woods College, she traveled the United States to perform and also traveled to Italy to perform for Pope John Paul II. Brenda shares, "I have had and continue to have a fulfilling and joyful life."



Are You Due for a Colorectal Cancer Screening?

Ages 45-75: Stay up to date with one of the following:

- Fecal Occult Blood Test (FOBT) – every 1 year
- Stool DNA Test (FIT-DNA) – every 3 years
- Flexible Sigmoidoscopy – every 5 years
 - CT Colonography – every 5 years
 - Colonoscopy – every 10 years

Not sure or need to schedule?

Visit the front desk or schedule online at

<https://www.aspireindiana.org/>





Social Media Hits

A LOOK BACK AT OUR TOP SOCIAL MEDIA HITS IN FEBRUARY!



Aspire News

SAME DAY ACCESS EXPANDED TO SHELBY AND HANCOCK COUNTIES



Aspire has expanded our Same Day Access (SDA) services to Shelby County and will be offering SDA services in Hancock County starting March 16! SDA services began in Shelby County in February. SDA connects new behavioral health patients with services through walk-in registration and intake.

SDA is now available in Aspire Indiana Health locations in Lebanon, Noblesville, Carmel, Elwood, DeHaven, Indianapolis, Shelbyville and Greenfield (starting March 16).

SDA hours for all locations are the following:

- Monday-Thursday: 8:15 a.m.-3 p.m.
- Friday: 8:15 a.m.-1 p.m.

For more information about Same Day Access, [please click here!](#)

DONATE TO WINTER CONTINGENCY SHELTER



We want to thank all the staff and volunteers who have given their time and shown up with compassion to help care for our unhoused neighbors – both in the Tibbs family shelter and Morris men’s shelter. Please consider donating to the families who are turning to the Winter Contingency Shelter for safety from the cold. Now through March 31, unhoused families can go to the shelter where they receive additional resources such as case management and on-site medical care, including Aspire’s MACY (Mobile Access Care for You). [Check out this wish list of necessities, and make a donation today!](#)

Accent on Compassion

In [last month's Accent on Compassion feature](#) by Aspire Indiana Health

President and CEO Antony Sheehan, he talked about the meaning of true philanthropy. At the heart of philanthropy are relationships – an exchanging of goodwill, mutual trust and a shared desire to improve our community.





Great Job!

**GREAT JOB RECOGNITION FOCUSES ON OUR PEOPLE, PATIENTS & PARTNERS.
TO SEND IN YOUR NOMINATION, CLICK THE BUTTON BELOW.**



Carlena Rodgers-Vertner, Patient Access Specialist, is a very great and knowledgeable person when it comes to her job. She makes sure she connects the dots between the assessment team and the PAS team to get the SDA client taken care of, and she does it with a smile.



Michelle Paterson, Office Coordinator, provides exceptional support to our staff and clients. She was instrumental in helping a clinician transition back from a leave of absence by ensuring all clients were scheduled in a timely manner. She is always willing to assist with projects and initiatives to ensure our staff are well trained and our clients are contacted promptly.



Melissa Walters, Supervisor-Assessment Services, has been a key individual in helping Aspire to integrate services in Hancock and Shelby Counties. Specifically, she has taken the lead in streamlining the referral process for clients in need through the Hancock County Behavioral Health Court. She is building positive and lasting relationships with our partners!



Ben Vance, Senior Director-Finance, has been nothing but AMAZING. Anytime there is a problem or something isn't going in the direction you want it to, he will pause what he is doing to make sure his team members feel heard and seen. He always has an open door policy where you can come in and talk to him about anything, any time.



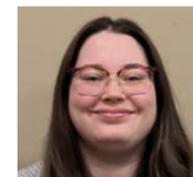
Samantha West, Certified Medical Assistant, is an exceptional medical assistant. She exhibits a calm and empathetic demeanor with both her patients and her colleagues. Samantha contributes a significant depth of knowledge to Aspire Noblesville. Aspire is fortunate to have her as a member of our team.



Paige Peterson, Patient Access Specialist, is an outstanding PAS. She possesses a remarkable ability to connect with her patients, ensuring they feel thoroughly heard and well-cared for. Paige is a dedicated and industrious employee who maintains a strong focus on patient wellbeing.



Nakeeta Stansberry, Nurse Practitioner-Primary Care, is a recent addition to the Aspire team, yet she has already contributed substantial knowledge. She is diligent and consistently willing to provide assistance at other locations when requested. Nakeeta makes a concerted effort to establish a rapport with all her patients, ensuring they feel their concerns are acknowledged.



Rebecca Raad, Crisis Response Provider, is a huge asset! During a day with seven runs, she calculated our client interaction times and logged the runs on our MC tracker for us. Whether she's reaching out to partners or finding ways to support the team, she is always filling in the gaps. She is a massive part of why our first shift stays so team-oriented!

ACCORDING TO THE CDC:

Colorectal cancer is the fourth most common cancer among both men and women and ranks as the fourth leading cause of cancer-related deaths in the United States.

But...Early detection of cancer can save lives!
Talk to your provider today about screening!

Visit the front desk or schedule online at <https://www.aspireindiana.org/>

