



Aspire Indiana Health

PROGRESS HOUSE

In 2022, there were 3,000 applicants in the Substance Abuse and Mental Health Services Administration (SAMHSA) Recovery Innovation Challenge, which sought to identify innovative practices in behavioral health that advance recovery on the ground and in the community. And Progress House – having merged with Aspire Indiana Health – was one of just 10 winners across the U.S. and the only Indiana organization and recovery house in the country to win this distinguished award.

PROGRESS HOUSE

SAVING LIVES & SERVING OTHERS SINCE 1961.

Progress House is a safe, residential recovery program where people with substance use disorder (SUD) can begin to recover physically, mentally and spiritually.

ADDICTION IS A DISEASE YOU DON'T HAVE TO FIGHT ALONE.

We know how hard it is to overcome addiction. Ninety percent of the Progress House staff are in recovery and have lived experience. For more than 60 years, Progress House has been helping thousands of families experience freedom and hope. We've helped more than 50,000 people, and we can help you, too. Let our staff and proven system guide you through the phases of your addiction recovery.

If you don't change your life, you could be faced with continued use or relapse, incarceration, institutionalization or the loss of your loved ones. But there is hope at the end of the tunnel. By connecting with a community during your recovery,



your chances of success dramatically improve. You can begin to:

- Abstain from drugs and alcohol
- Find balance in your life
- Reunite with family and friends
- Learn new skills
- Live in freedom

Become an active and contributing member of your community by [completing an application](#).

THE PATH TO RECOVERY



01

TALK TO US:

Give us a call and get your questions answered.



02

SCHEDULE A VISIT:

We'll meet with you, tell you about our program and offer you a tour of our facility.



03

FOLLOW THE PROGRAM:

By following our proven system, we'll guide you toward recovery.



04

TRANSFORM YOUR LIFE:

Discover the healing of your body, transformation of your mind and awakening of your spirit.



PROGRESS HOUSE, INC.

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Indianapolis, IN 46202

ProgressHouse.org

**IF IT IS A MEDICAL EMERGENCY
PLEASE CALL 911.**

Aspire 24/7 Crisis:

(800) 560-4038

Aspire Indiana Health accepts Medicaid, Medicare and most commercial insurance. We also offer a sliding fee scale for clients who are uninsured and have health navigators to assist people in obtaining coverage.



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