



Aspire Indiana Health



ADOLESCENT SUBSTANCE USE DISORDER

Aspire Indiana Health provides a Whole Health Recovery Continuum of integrated treatment options and programs to address your multiple needs and goals. We don't just address your addiction – we take a holistic approach to your entire mental and physical wellbeing.

Substance use disorder is a treatable, chronic disease that affects the brain, central nervous system and other organs. Many risk factors, including biological and environmental factors, affect the risk of developing a substance use disorder. That's why you need treatment options that are multifaceted and include a broad, effective and evidence-based array of services to address your specific needs.

HELP WHERE AND HOW YOU NEED IT

Aspire takes a "no wrong door" approach to SUD treatment: no matter which door you enter, we'll find the right treatment option for you. Treatment can take place at our health centers staffed by a team of healthcare experts from varied disciplines.

Addiction is often considered a family concern. Each client will receive individualized care that could include individual, group and family services. Aspire also has community-based staff who can help people in the privacy of their homes and community. Adolescent SUDs group is a group that will meet once weekly to offer support and to aid in processing issues surrounding substance use. The adolescent SUDs group is offered to youth aged 14 to 18 years of age with a substance use disorder (SUDs).

**IF IT IS A MEDICAL EMERGENCY
PLEASE CALL 911.**

Aspire 24/7 Crisis: (800) 560-4038

Aspire Indiana Health accepts Medicaid, Medicare and most commercial insurance. We also offer a sliding fee scale for clients who are uninsured and have health navigators to assist people in obtaining coverage.

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