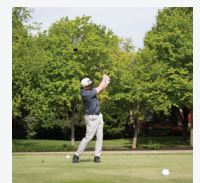
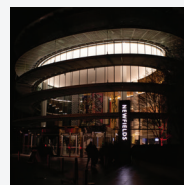




FULFILLING PROMISES

for our People, Patients and Partners





left to right: current board chair, Trent Scott; outgoing board chair, Mike Collette

WELCOME, TRENT THANK YOU, MIKE

It is with deep gratitude and pride that we welcome our new Board Chair, Mr. Trent Scott, while honoring the service of our outgoing Chair, Dr. Michael Collette. Both have guided Aspire Indiana Health with vision and care through seasons of change, ensuring our work remains rooted in its founding purpose: to help people live healthier, more hopeful lives.

2024-2025 Aspire Indiana Health Board of Directors

Michael Collette, Board Chair
Trent Scott, Vice Chair
Ted Sherfick, Board Treasurer
Lee Cannon, Board Secretary
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Rob Spaulding
Mike Thibideau
Steve Wornhoff



Left to right, Hamilton County Commissioners Christine Altman and Mark Heirbrandt, County Council Member Steve Nation and Aspire VP of Access Vanessa Pataky.



Over one third of people we care for receive multiple services from Aspire.

FULFILLING PROMISES

The 2024-25 fiscal year was one of promises made, and fulfilled. As we have striven to be more connected with our stakeholders about ways in which Aspire can better serve those most in need, it has organically led to new opportunities and partnerships.

We expanded our behavioral health services to two neighboring counties and launched reimagined pharmacy facilities with better service at lower costs. We opened the Rely Center as a safe place for help for people experiencing a mental health and/or substance use crisis. We invested in recovery and expanded our care for homeless populations.

By expanding access, investing in our workforce and strengthening our financial foundation, we will continue to bring health, hope and healing to those who need it most.



Our Mission: To provide compassionate, patient-centered care, empowering people to live healthier lives.

We serve with compassion, humility and respect, knowing our work is only possible because of the shared commitment of so many others who care deeply about the health of our communities.

As we've listened more carefully to our partners and those we serve, we've gained a clearer picture of how Aspire can stand in the gaps and where we can grow. These conversations have sparked new collaborations, new services and new hope. The momentum of this past year carries forward, as we continue to turn compassion into concrete action.

Highlights of the Year

Expanding into Hancock and Shelby Counties

When State and County officials called for organizations to fill a gap in behavioral health services, Aspire stepped forward. Within weeks, **we were selected by those very same as the** Community Mental Health Center (CMHC) provider of record for both counties. Services are now underway, offering access and stability where too many residents had gone without. This is what our mission looks like in action – responding quickly, meeting people where they are and building care systems that last.

Closing the Loop on Crisis Care

For years, Aspire has been there for people in crisis – someone to call through our 24/7 crisis line, and someone to respond through our mobile crisis teams. With the opening of the Rely Center, we've completed that circle: now there is a safe place for help. This long-held vision became reality through the foresight and support of the Hamilton County Commissioners and Council Members, whose belief in community-based crisis care made it possible.

Expanding Access to Affordable Pharmacy and Specialty Services

This year, Aspire took ownership of its pharmacies, launching newly reimagined facilities in Anderson and Noblesville. In partnership with our fellow nonprofit partner AndHealth, we've also expanded access to specialty medical services, including rheumatology, dermatology and neurology, so care for the whole person is closer than ever before.

Investing in Recovery and Renewal

Six years ago, our merger with Progress House created a nationally recognized model for recovery that integrates medical care, behavioral health and peer support. Last year, we deepened that commitment through a \$4



Aspire is meeting housing needs for homelessness by renovating a newly acquired building - the Winter Contingency.



Staff members from our pharmacy partner, AndHealth, at the opening of our Anderson pharmacy.



Panel discussion about recovery at Discover Mockingbird Hill! Event



Championing women's health are staff members Dr. Chambers, Dr. Oh and Dr. Smith



More than 700 people were served in our Whole Health Recovery Continuum.

million capital campaign to modernize the facility and bring its physical environment up to the excellence of its programming. We also opened new transitional housing for residents preparing for independent living – because recovery deserves not only treatment, but dignity, stability and a future.

Championing Women's Health

Women who have faced mental health or substance use challenges often carry the added burden of stigma. Aspire believes they deserve understanding and compassionate care. Our new integrated women's health clinic is creating a space where mothers, caretakers and children can heal together with respect and support, not judgment.

Walking Alongside Those Without Shelter

Aspire continues to expand care for people experiencing homelessness. This year, we were chosen to operate the Indianapolis Housing Hub, a low-barrier family shelter opening in 2027, and will once again operate a winter contingency shelter this season. Through our Macy mobile health unit, we continue meeting people literally where they are. And in Madison

County, a new grant from the City of Anderson allows us to deepen our work addressing homeless health needs.

Compassion Leads, Hope Endures

We do not see these efforts as accomplishments to boast about, but as the natural expression of who we are and why we exist. Aspire Indiana Health stands as part of a long tradition of caring, born from a promise to be present, to listen and to act when our communities call.

Next year marks 60 years of service in Indiana. As we look ahead, our promise remains unchanged: To lead with compassion. To serve with humility. And to keep faith with those who depend on us, now and always.



Trent Scott
Board Chair, Aspire Indiana Health



Antony Sheehan
President & CEO, Aspire Indiana Health



Staff members attend the annual employee event for the rollout of One Aspire.



Well over three hundred thousand total encounters happened, in FY 2025, across all programs.

OUR PEOPLE

In May 2025, Aspire Indiana Health held an all-employee event to talk about where we've been and chart a road ahead. The biggest news was the rollout of our new three-year strategic plan and the launch of One Aspire, a transformational initiative that encourages every team member to see themselves as part of one large mission to serve Hoosiers in need – unifying operations, aligning priorities and creating a true Community Health System that meets people where they are to provide compassionate, powerful care.

For the fourth year in a row, Aspire attended Indy Pride Parade, one of the most vibrant events of the Pride season! The group representing Aspire Indiana Health joined people from across the city to celebrate the LGBTQ+ community and honor its history. Aspire's Mobile Access Care for You (MACY) mobile clinic was also there in the parade. Funded by a grant from the City of Indianapolis, MACY brings low-cost medical services to the area's most vulnerable communities.



Aspire staff participate in Indy Pride for the fourth year in a row.



Aspire Deaf Services staff members in meeting.



Aspire Kids Talk staff accepting a donation at their annual fundraiser, Stand Up for Kids.



Compassion leads, innovation follows.

OUR PATIENTS

The measure of a person's health is not just about what's on their medical record. It also includes their mental wellbeing, their living situation, and their place within the greater community. That's why Aspire has cultivated specialized initiatives that address the unique realities of everyday life.

This includes a dedicated Deaf Services team providing culturally competent care, vital partnerships with schools to bring mental healthcare directly to students, and robust support programs designed to help secure stable housing and meaningful employment.

Kids Talk supports the most vulnerable among us: children who have experienced or witnessed abuse and neglect. It's powerful work that requires a team, and that's why we work hand-in-hand with partner agencies to keep kids safe and educate them about how to protect their bodies.

Stand Up for Kids is Aspire's annual fundraiser to help support Kids Talk, which is funded primarily through grants and donations. Stand Up for Kids is a vital part of generating revenue and is also a special event where Kids Talk and its many community partners can share some laughs while supporting a great cause.



A participant in a panel discussion at Mockingbird Hill Recovery Center.



Tens of thousands of men have gone through Progress House in its 64 years, with studies suggesting those men have significantly impacted more than half a million people.

Since 1961, Progress House has been helping men struggling with substance use disorder. In 2019, it merged with Aspire Indiana Health to create an innovative new approach to residential recovery combining medical care, behavioral health therapy and support services.

The merger was the first step in launching Aspire's Whole Health Recovery Continuum (WHRC) to address substance use disorder (SUD), a complex problem with multiple causes. Instead of scattering the pieces to the recovery puzzle, the WHRC brings everything together needed for a highly-effective recovery program – including a stable, safe place to live.

Mockingbird Hill is Aspire's substance use treatment facility offering onsite primary medical and behavioral healthcare, Medication Assisted Treatment (MAT), withdrawal management, individual case management, peer support groups and 24/7 care and supervision. Progress House is a safe, residential recovery program where individuals can begin to recover physically, mentally and spiritually; and Next Step is a sober living apartment community available to those who have successfully completed the program at Progress House.

The ripple effect of recovery saves lives and changes families and communities.



Darrell Mitchell, Senior Vice President of Addiction Recovery Services, speaking at Progress House.



Compassion Gallery fundraiser event at THE LUME at Newfields.



Compassion Gallery fundraiser at Newfields' Winterlights outdoor experience.



We serve all. We hire all. We accept all.

OUR PARTNERS

Aspire is committed to meeting people where they are, and offering the best possible help regardless of a person's income or identity. We're here to serve with compassion and without judgment.

That's why we need community support. We are so grateful for the many people and partners who work with us to provide access to compassionate and responsive healthcare that empowers people to thrive. The community's belief in our mission does not go unnoticed – and we couldn't step up to provide solutions to those challenges our neighbors face without your help.

There are various services and programs Aspire provides that aren't covered by state or federal funding sources, so philanthropy plays a crucial role in what Aspire does. The Compassion Gallery event was a celebration of Aspire's community support programs, giving people and partners the opportunity to gather together in support of the work Aspire does every day.

Fundraising events offer community partners, current and potential donors along with local and state officials the opportunity to learn about Aspire Indiana Health in one spot while also getting to enjoy the special venues.



Participants in the fifth annual 5k Fun Run fundraising event.



Rendering of the Housing Hub in Indianapolis.



More than 40,000 people were served by Aspire in 2025.

Aspire's annual 5k Fun Run is a family-friendly event held to raise money for InSHAPE, Aspire's fitness and wellness program designed to improve health, wellbeing and longevity of life for individuals experiencing serious mental illness (SMI). InSHAPE pairs those individuals with certified personal trainers who use education, exercise, fitness, nutrition and community engagement to help address issues such as losing weight, improving cognitive functions, decreasing depression and anxiety, improving self esteem and decreasing social isolation.

In 2027, the Indianapolis Housing Hub, a low-barrier shelter for individuals and families, will open its doors across the street from Progress House. It represents a new watershed of support directly to the homeless.

Aspire Indiana Health, alongside other community partners, took part in the recent groundbreaking for the Housing Hub, Indianapolis's first publicly constructed emergency shelter.

Operated by Aspire, the Housing Hub will centralize supportive resources for residents experiencing homelessness and will be the first low-barrier shelter option in the city. The facility is expected to be four stories, about 63,000 square feet, and have 150 bed spaces for individuals, couples and families.



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