



*Aspire Indiana Health is a nonprofit fully integrated healthcare provider serving children and adults in Marion, Boone, Hamilton and Madison counties, where we are certified by the state of Indiana as a Community Mental Health Center (CMHC). School-Based Services are counseling services provided through a partnership with a local school system.*

# SCHOOL BASED SERVICES

Our school based teams of mental health experts treat children of all ages whose behavior and functioning has been impaired by a variety of challenges that can include ADHD, anxiety, adjustment to trauma and loss, behavioral problems, depression, substance use, thought disorders, and more.

School-Based Services may include one or more of the following:

- Individual Therapy
- Family Therapy
- Individual & Group Skills Training
- Case Coordination
- Psychological Assessment
- Medication Management

If needed, a student receiving counseling services in a school based setting may be referred to other comprehensive healthcare services provided by Aspire such as primary medical care, addiction treatment, etc.

School-Based Services through Aspire are currently available in Boone, Hamilton, Madison and Marion Counties. Please reach out to our school based



support associate for more information about services available in your school.

## HOW TO GET HELP

School-Based Services may be initiated by a referral from the school or by the parent. If you are interested in services for your child, please contact Aspire's School Based Services team at (317) 587-0568. You

# WHERE CAN I GET CARE FROM ASPIRE?

Choose to see your primary care provider in one of our Central Indiana clinics listed below or through Video in Person (ViP) appointments on your computer or mobile device.



While ViP appointments cannot replace a physical examination, they can often be used for basic medical concerns or as a first step to see if an in-person exam is needed.



LEBANON:  
1600 W. Main St.,  
Lebanon, IN



NOBLESVILLE:  
17840 Cumberland Rd.,  
Noblesville, IN



CARMEL:  
697 Pro-Med Ln.,  
Carmel, IN



HOAK:  
2009 Brown St.,  
Anderson, IN



ELWOOD:  
10731 SR 13,  
Elwood, IN



INDIANAPOLIS:  
2506 Willowbrook Pkwy.,  
Indianapolis, IN

will need to provide your child's name, insurance information and other basic demographics. You'll be scheduled for an intake assessment that typically lasts two hours and can be in-person at the school or virtual.

When you come for the intake assessment, you will need to bring your driver's license/photo ID and your child's insurance card. Only parents or legal guardians may consent to treatment. If you are not the child's biological parent, you will need to provide proof of legal guardianship.

If you are a school representative interested in a partnership with Aspire, please contact Amanda Votaw, Director of Youth & Family Services for Aspire at:

[amanda.votaw@aspireindiana.org](mailto:amanda.votaw@aspireindiana.org)

## IF IT IS A MEDICAL EMERGENCY PLEASE CALL 911.

Aspire 24/7 Crisis:  
(800) 560-4038

*Aspire Indiana Health accepts Medicaid, Medicare and most commercial insurance. We also offer a sliding fee scale for clients who are uninsured and have health navigators to assist people in obtaining coverage.*

