



Aspire Indiana Health

# Mockingbird Hill

RECOVERY CENTER

[www.mockingbirdhill.org](http://www.mockingbirdhill.org)

Aspire Indiana Health accepts Medicaid, Medicare and most commercial insurance. We also offer a sliding fee scale for clients who are uninsured and have health navigators to assist people in obtaining coverage.

*Mockingbird Hill Park was a famous concert venue for country, bluegrass and blues from the 1950s through the 1970s. In 2020 the property was bought by Aspire Indiana Health as a residential treatment center for Substance Use Disorder (SUD) that houses approximately 66 men.*

*It is a key piece of the Whole Health Recovery Continuum developed by Aspire Indiana Health and Progress House.*

# MOCKINGBIRD HILL RECOVERY CENTER



Mockingbird Hill is different from most treatment centers because it was created to serve people from every walk of life, regardless of income. It brings a powerful array of services, including onsite medical and behavioral healthcare, along with the most recent evidence-based practices to bear in treating the disease of addiction.

Sprawling across a gorgeous 17-acre campus of trees and rolling hills, Mockingbird Hill will serve as an oasis for those suffering from SUD who want to turn their lives around.

Mockingbird Hill is credentialed as a Federally Qualified Health Center (FQHC) and Indiana Community Mental Health Center (CMHC), and certified to national recovery residence standards by the Indiana Affiliation of Recovery Residences (INARR).

White House officials from the Office of National Drug Control Policy have called it "a model for Indiana and the nation."

The Whole Health Recovery Continuum is different from the old ways of treatment because instead of



scattering the pieces of the recovery puzzle and expecting you to find them, it brings everything needed for stable, long-term recovery right to your doorstep.

This includes onsite medical and behavioral healthcare, Medication Assisted Treatment (MAT), individual case management, peer support groups, and more provided by a full-time staff of approximately 40 people with round-the-clock care and supervision.

**ASL INTERPRETING SERVICES AVAILABLE**

# ADMISSIONS

## CRITERIA:

- Adult male or identifies as male
- Not on the sex offender registry
- Struggling with substance use and unable to stop or reduce use in current living environment
- Medically and psychiatrically stabilized, not at risk of significant risk of alcohol or benzodiazepine withdrawal symptoms
- Ability to ambulate and perform all ADLs independently
- Willingness to go to residential treatment and participate in group and individual therapy and skills sessions
- Symptoms of any co-occurring psychiatric disorders do not prohibit from the participation in and benefiting from group treatment

## WHAT TO EXPECT

### WHILE IN TREATMENT:

- Group therapy and skill sessions daily
- Individual therapy and skills sessions weekly
- Working with a comprehensive treatment team including therapists, recovery coaches, medical providers, care coordinator, psychiatric provider to address your substance use, physical and mental health needs
- Unless a needs call is deemed necessary by clinical staff, phone calls are not allowed for the first 7 days.
- After first 7 days, scheduled 15 minute phone calls to natural supports on provided phones (cell phones aren't permitted for the entirety of the program)
- Open dorm setting-sharing a room and restroom with peers
- Smoking is permitted during specific and scheduled times only-Cigarettes only (vapes, cigars or chewing tobacco is not permitted). Must provide your own, unopened, packs of cigarettes

If you're in immediate crisis call **(800) 560-4038**

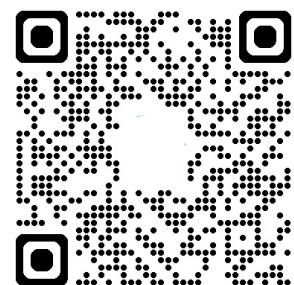
Upon completing successful treatment, residents may transition to Progress House and then on to Next Step apartments. However, you will still receive the same powerful array of treatment services from the Whole Health Recovery Continuum.

No matter where your addiction journey begins, the goal is the same for everyone: to reach a stage of long-term recovery where the disease of substance use disorder is no longer controlling your life.

**IF IT IS A MEDICAL EMERGENCY  
PLEASE CALL 911.**

Aspire 24/7 Crisis:  
(800) 560-4038

*If you are interested in pursuing treatment call us at (765) 641-8231 option 4 or use the QR code below to fill out the application.*



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