

www.AspireIndiana.org

# **Primary/Medical Care**

Aspire Indiana Health is proud to offer fully integrated "whole health" services to Central Indiana including Primary Care. Like any family medicine practice, our six clinics offer high-quality, compassionate primary care for Hoosiers from every walk of life, from small children to senior citizens, as well as prenatal care.

Our skilled team of experienced physicians, nurses and other medical personnel are equipped to deal with all standard preventive and routine

medical care including annual physicals, sports physicals, pregnancy tests, blood tests, and so on.

Aspire patients also receive

Aspire patients also receive the benefit of having their medical care fully integrated with other comprehensive services as needed including behavioral health, substance use treatment, employment and housing assistance, and other social factors that impact a person's physical and mental wellbeing.

Here, we treat the entire person and not just their We are an accredited Federally Qualified Health Center (FQHC), meaning we meet the high standards required to accept Medicare and Medicaid, as well as

most forms of private insurance. Aspire also offers a sliding-fee scale for the uninsured. We are nonprofit and will not refuse medical services based on the ability to pay.



## Types of primary care appointments can include:

- Physical exams
- Sports physicals
- · Well child exams including infants
- · Women's health visits
- · Medicare wellness visits

Aspire Indiana Health
accepts Medicaid,
Medicare and most
commercial insurance.
We also offer a sliding
fee scale for clients who
are uninsured and have
health navigators to
assist people in obtaining
coverage.

- Common illnesses (flu, cold, etc.)
- Acute health needs (e.g., bronchitis, Chronic health needs (e.g., diabetes, high blood pressure)
- Hepatitis C and HIV testing/case management
- PreP treatment
- Blood draws
- Quick tests (e.g., strep testing)
- Treatment (MAT)
- Commercial Driver's License physicals (CDL)

### In-office testing capability includes:

- Accu-Chek (blood sugar check)
- Microalbumin urine testing (testing for protein in the urine)
- Streptococcal testing (strep throat)
- Hemoccult (testing for blood in stool)
- Urine dip (testing for infection or blood in urine)
- Flu (testing for influenza during flu)

#### Other available tests:

- COVID
- PAP test

For after hours non-urgent medical concerns call (866) 581-8970.

**Appointments** 

(877) 574-1254

24/7 Crisis

(800) 560-4038

If it is a medical emergency please call 911.











#### Where can I get care from Aspire?

Choose to see your primary care provider in one of our Central Indiana clinics listed below or through Video in Person (ViP) appointments on your computer or mobile device.



\*\*While ViP appointments cannot replace a physical examination, they can often be used for basic medical concerns or as a first step to see if an in-person exam is needed.\*\*



LEBANON: 1600 W. Main St., Lebanon, IN



NOBLESVILLE: 17840 Cumberland Rd., Noblesville, IN



CARMEL: 697 Pro-Med Ln., Carmel, IN



HOAK: 2009 Brown St., Anderson, IN



ELWOOD: 10731 SR 13, Elwood, IN



INDIANAPOLIS: 2506 Willowbrook Pkwy., Indianapolis, IN