

# Same Day Access

Same Day Access (SDA) is the process by which Aspire Indiana Health onboards new behavioral health patients, allowing for a much shorter wait until they can start engaging in services. New clients can walk into one of our locations to complete their registration and intake, quickly connecting them to the appropriate level of treatment.

## SDA hours for all of the locations listed below are:

- Monday - Thursday: 8:15 a.m. - 3 p.m.
- Friday: 8:15 a.m. - 1 p.m.

## What can I expect during my first appointment?

The initial or "intake" appointment will be with a clinician specially trained to assess the problems you are facing. Assessments typically last 60-120 minutes, so please plan accordingly. It is not recommended that parents bring children to the parent's intake. Children are required to attend intake appointments for their own services. You may experience wait times.

After completing registration paperwork, you will receive a preliminary screening, which includes gathering basic information that will help us determine your primary needs. This information feeds into an evaluation, which will go deeper into your areas of concern and possible symptoms. This comprehensive evaluation allows us to provide a diagnosis and gather information to support treatment plan development.



**ELWOOD  
HEALTH CENTER**  
10731 SR 13  
Elwood, IN 46036



**LEBANON  
HEALTH CENTER**  
1600 West Main Street  
Lebanon, IN 46052



**CARMEL  
HEALTH CENTER**  
697 Pro-Med Lane  
Carmel, IN 46032



**INDIANAPOLIS  
HEALTH CENTER &  
DEAF SERVICES**  
2506 Willowbrook Pky.  
Indianapolis, IN 46205



**DEHAVEN  
HEALTH CENTER**  
2020 Brown Street  
Anderson, IN 46016



**NOBLESVILLE  
HEALTH CENTER**  
17840 Cumberland Rd.  
Noblesville, IN 46060