

www.AspireIndiana.org

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Overview of Services

Aspire Indiana Health is a nonprofit, fully integrated "whole health" provider with wide-ranging services including primary medical care, behavioral health, substance use disorder and programs addressing social drivers of health. We are certified as a Federally Qualified Health Center (FQHC) as well as an Indiana Community Mental Health Center (CMHC).

Primary care and behavioral health services are provided in an Aspire health center, in a home, school or community based setting as well as through Video in Person (ViP) appointments over a computer or mobile device.

Primary care includes all the common aspects of family medicine including well checks, lab tests, prescriptions, pediatrics, elder care and more.

Behavioral care includes treating children and adults of all ages whose behavior and functioning has been impaired by a variety of symptoms associated with depression, anxiety, substance use, thought disorder, adjustment to trauma and loss, as well as a host of other issues.

Same Day Access (SDA) hours are now available for new behavioral health patients. See the back of this flyer for more information.

Integrated Care means the information of the patient's Primary Care and Behavioral Care is shared among team members to establish a comprehensive treatment plan which will address the biological, psychological and social needs of the patient.

The integrated healthcare team includes a diverse group of members (e.g., physicians, nurses, psychologists and other health professionals) tailored to the needs of the individual.

No Wrong Door means that a client can come into Aspire for medical or behavioral care and receive both services, if needed, without having

Aspire Indiana Health accepts Medicaid, Medicare and most commercial insurance. We also offer a sliding fee scale for clients who are uninsured and have health navigators to assist people in obtaining coverage.

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to enroll in both. That's because at Aspire, we believe that effective treatment begins with a comprehensive assessment.

If your first visit is for behavioral health, then your visit will include a scheduled assessment with a clinician who is specially trained to assess the problem. If your first visit is for primary care, then your visit will include a detailed review of your medical history, family history, etc. Both of



these evaluations can be integrated to help develop a personalized plan designed to improve your identified needs.

While ViP appointments cannot replace a physical examination, they can often be used for basic medical concerns or as a first step to see if an inperson exam is needed.

Same Day Access (SDA) hours are now available for new behavioral health patients!

Monday - Wednesday: 8:15 a.m. - 3:30 p.m.

Thursday: 8:15 a.m. - 2:30 p.m.

Friday: 8:15 a.m. - 1:30 p.m.

For after hours non-urgent medical concerns call (877) 574-1254.

Appointments

(877) 574-1254

24/7 Crisis

(800) 560-4038

If it is a medical emergency please call 911.











Revised February 2024. iStock photos posed by models.

Where can I get care from Aspire?

We have clinics in Boone, Hamilton, Madison, and Marion counties, but our outreach programs such as infectious disease testing extend across much of Indiana.

We also operate group homes for adults with mental or behavioral disorders and certified recovery residences such as Progress House.



LEBANON: 1600 W. Main St., Lebanon, IN



NOBLESVILLE: 17840 Cumberland Rd., Noblesville, IN



CARMEL: 697 Pro-Med Ln., Carmel, IN



DEHAVEN: 2020 Brown St., Anderson, IN



HOAK: 2009 Brown St., Anderson, IN



ELWOOD: 10731 SR 13, Elwood, IN



INDIANAPOLIS: 2506 Willowbrook Pkwy., Indianapolis, IN